

Storm Watch Weekly



Great Start to the Season!

Hi Storm Families,

We're off to a fantastic start this week! The first two days of practice have gone incredibly well, and it's been great to see the energy, effort, and positive attitudes from all of our swimmers. We're excited to keep building on this momentum as the season gets underway.

This week, we are focusing primarily on freestyle technique, kicking, and starts. You may notice swimmers working with different coaches or moving into different lanes depending on the day and what we're focusing on—this is intentional and helps us give each swimmer the best coaching for specific skills.

A few quick reminders and updates:

Parent Committee Meeting:

We will be holding a parent committee meeting next Wednesday from 5:30–7:00 PM at the pool. We'd love for anyone interested to join us!

Team Suits:

Please remember to purchase your team suit from our team store if you haven't already. We will also have sample suits available by May 11 if you'd prefer to wait and try on sizes. If you have questions before then, feel free to email Megan or ask her on deck and she can help recommend the best suit for your swimmer.

Fins Starting Thursday:

We will begin using fins at practice on Thursday. If your swimmer does not have a pair yet, no worries—we have loaner fins available until you're able to get your own.

Water Bottles:

Swimmers should bring a water bottle to every practice and keep it on the deck at the front of their lane.

Team T-Shirts for Sale:

We are now selling extra team t-shirts for \$10. Sizes are limited and will be available on a first-come, first-served basis.

Swimtopia Reminder:

For the best experience, we recommend viewing the team website outside of the app, as the app is mainly used for meet information and notifications.

Thank you for your continued support—we're looking forward to a great season ahead!

~Coach Savannah & Megan