

# Swim Team Commitment

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## THE POWER I HAVE TO ACHIEVE

I promise to attend each and every practice. If I cannot I will tell coach in advance my conflict.

I realize that swim team is not only an Individual commitment but a Team commitment. My teammates rely on my attendance to practice and to swim meets.

I will also focus on my academics. Homework is not an excuse to miss swim practice, for everyone on the team has homework. If I am struggling I will talk to my parents/guardians, my coach & my teachers to come up with the best solution to be able to excel in both.

If I do not follow this commitment I realize I may be dismissed from the team.

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Signatures:

Swimmer \_\_\_\_\_

Parent/Guardian \_\_\_\_\_