



DIVE INTO YOUR POTENTIAL

TIGERSHARKS SWIM TEAM



The skilled coaching staff will help your child with stroke technique and endurance while incorporating the four core values of caring, honesty, respect and responsibility into their workout regimen. With our YMCA Swim Team, everybody swims, everybody wins.

GROUP	DAYS	TIME	INFORMATION
Level One (4-10 yrs old)	Mon/Wed Tues/Thurs	4:15 - 5 p.m. 5:15 - 6 p.m.	Must be able to swim 25 yards unassisted.
Level Two (6-12 yrs old)	Mon/Wed Tues/Thurs	5 - 6 p.m. 4:15 - 5:15 p.m.	Must be able to swim all 4 competitive strokes.
Level Three (9-18 yrs old)	Mon/Wed Tues/Thurs	4:15 - 5:15 p.m. 4:30 - 5:30 p.m.	Must be able to swim 500 yards unassisted & be legal in all 4 competitive strokes.
Level Four (11-18 yrs old)	Mon/Wed Tues/Thurs Fri*	5:15 - 6:30 p.m. 5:30 - 7 p.m. 5:30 - 7 p.m.	Must be able to swim all 4 competitive strokes legally and be able to pass the swim test for our Head Swim Coach.

**Add on practice for Level Four, additional cost per season is Member: \$60; Non-Member: \$100.

Fall Season: Start: 9/11/17 End: 12/9/18
Winter Season: Start: 1/11/18 End: 3/31/18

Full Season: Start: 9/11/17 End: 3/31/18

REGISTRATION FEES*

Season	Level 1**	Level 2**	Level 3: 2day/4day	Level 4: 2day/4day
Fall/Winter Season:				
Member:	\$186	\$210	\$210/\$380	\$247/\$445
Non-Member:	\$281	\$375	\$375/\$540	\$420/\$730
Full Season:				
Member:	\$320	\$380	\$380/\$540	\$455/\$550
Non-Member:	\$480	\$540	\$540/\$730	\$730/\$850

*Payment plan and financial assistance are available. **Practice is 2 times per week.

For more information, contact Lizzie Stephenson at stephensone@ymcarichmond.org. To register, visit the front desk or tuckahoeymca.org.

SWIM MEET SCHEDULE

FALL SEASON	
October 7	HOME Meet
October 21	HOME Meet
November 4	HOME Meet
November 18	AWAY Meet (Shady Grove)
December 9	Holiday Classic (SwimRVA)
WINTER SEASON	
February 3	AWAY Meet (Patrick Henry)
February 17	HOME Meet
March 3	AWAY Meet (Midlothian)
March 18	HOME Meet
March 31	Championship Meet (Swim RVA)

All Swim Meets are at 3 p.m. with the exception of the Holiday Classic and the Championship Meet which times are TBD.