

2017 Avalon Gators Swim Team

Pre-Season Practice (Starts Monday, May 22)

Mini-Mites – Tuesday, Wednesday, & Thursday 3:45-4:15pm

Mites – Monday – Friday, 4:15-5pm

Midgets – Monday – Friday, 5-6pm

Juniors, Intermediates, & Seniors – Monday – Friday, 6-7pm

Summer Practice (Starts Monday, June 19)

Mini-Mites: Tuesday, Wednesday, & Thursday 3:00-3:30pm

Mites: AM ~ Monday, Wednesday, Thursday, Friday – 9:30-10:15am

Tuesday – 9-10am; Saturday – 8:30-9:30am

PM ~ Tuesday – Friday, 3:30-4:15pm

Midgets: AM ~ Monday, Wednesday, Thursday, Friday – 8:30-9:30am

Tuesday – 9-10am; Saturday – 8:30-9:30am

PM ~ Tuesday – Friday, 4:15-5pm

Juniors, Intermediates, & Seniors:

AM ~ Monday, Wednesday, Thursday, Friday – 10:15-11:30am

Tuesday – 10-11am; Saturday – 9:30-11am

PM ~ Tuesday – Friday, 5:15-6:15pm

Meet Schedule

Sunday, June 11 vs Three Chopt

Monday, June 19 @ Ridge Top

Monday, June 26 vs. Ginter Park

Monday, July 3 @ Richmond Country Club

Monday, July 10 @ Lakeside

Monday, July 17 vs. Ridge Top

Champs, July 26 @ Swim RVA/Collegiate

May 30- Chipotle Stony Point dinner 2-9 PM

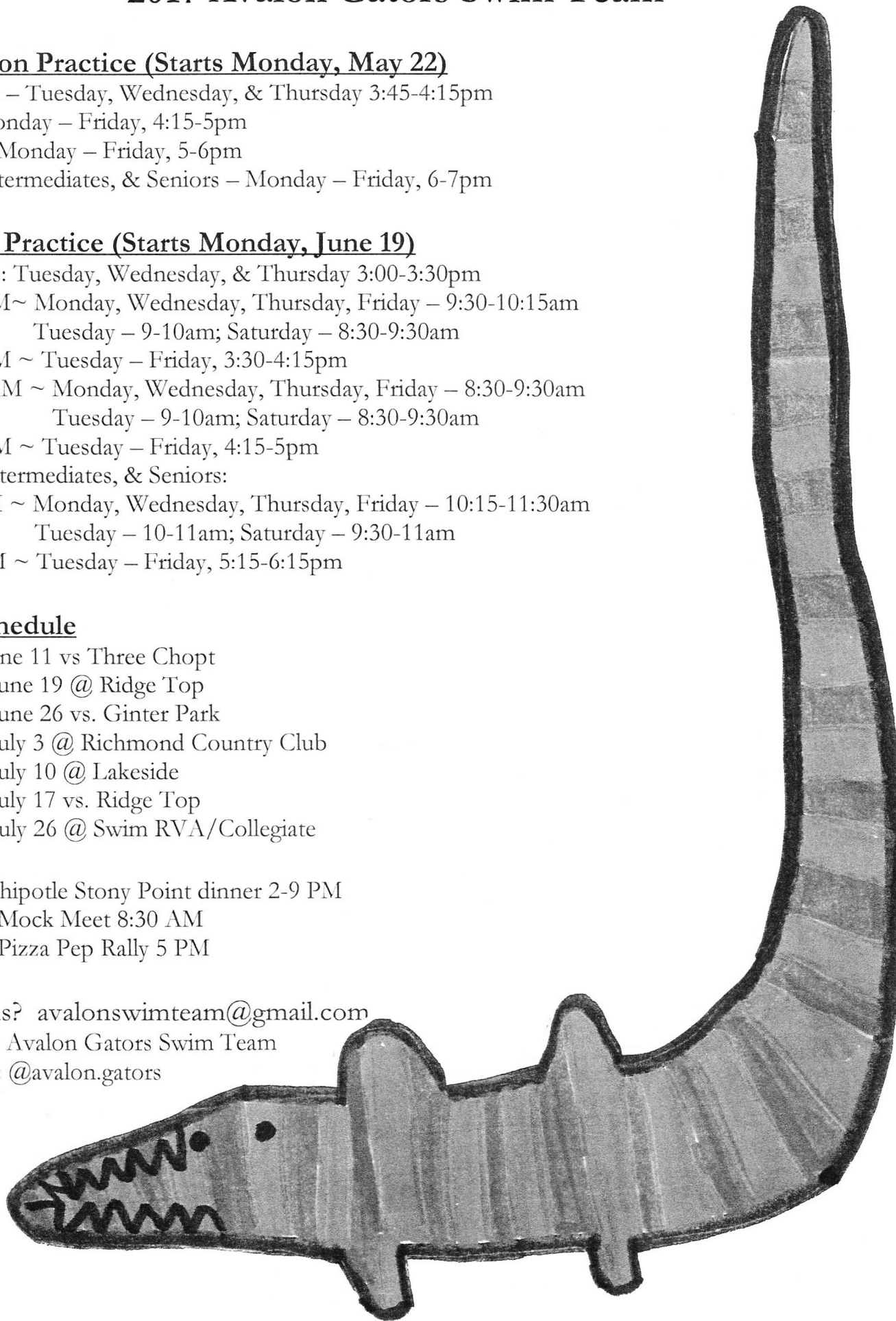
June 10 – Mock Meet 8:30 AM

June 25 – Pizza Pep Rally 5 PM

Questions? avalonswimteam@gmail.com

Facebook: Avalon Gators Swim Team

Instagram: @avalon.gators



Online Registration*

<http://avalongators.swim-team.us/>

Mini Mite Registration

*Mini Mite registration is not available online.
Please see Jenifer Cryer or Amanda Belding to register.

JRAC Waiver**

<https://jracs2016waiver.formstack.com/forms/2017waiver>

Select "ARA"

**You must complete this form online before you can swim meets!

Rained Out App

Please sign up for this service to get notification of weather delays
https://www.rainedout.net/team_page.php?a=77b4a03e3c04fd0b9a92

How to RSVP for Swim Meets

<http://avalongators.swim-team.us/>

Log in with your user name and password

Click on Swim Meets in the middle of the screen

Click on the RSVP button for each meet

Under Attendance, click yes or no for each swimmer & enter total # of adults

Use Comments to list any restrictions such as if you will be late to the meet or are leaving early.

Click Save.

Contact Information

Head Coach Katie: kdbaxa@gmail.com

Coach Cristina: cmuncy37@gmail.com

Coach Willow: wbeeclark13@gmail.com

Coach Zoe: zoetrenz@gmail.com

Parent Rep, Amanda Belding: aabelding@yahoo.com

Parent Rep, Jenifer Cryer: jjcryer@verizon.net

Volunteer Coordinator, Jess Catoggio: jessicacatoggio@gmail.com

Volunteer Coordinator, Anne Gray Siebert: agsiebert@gmail.com

Avalon Main Phone: 804-740-8593

<http://www.avalonclub.org/team/>