

### Individual Meet Entries Report

**2016 JRAC Champs 28-Jul-16 to 29-Jul-16 [Ageup: 6/1/2016] SC Meters**

**Location: NOVA**

**Avalon [ARA-VA]**

**VA**

<b># 1 R Girls 9-10 100 IM</b>		Brady Catoggio (7)	29.64SQUA
Gabi Linkonis (9)	1:40.52SR	Eli Brookshier (6)	30.03SQUA
Claire Steadman (9)	1:44.94SR		
<b># 2 X Girls 9-10 100 IM</b>		<b># 30 R Boys 8 &amp; Under 25 Back</b>	
Chandler Doll (10)	1:38.38SX	Joseph Ukrop (8)	25.31SR
		Cannen Harlow (8)	25.79SR
<b># 3 XX Girls 9-10 100 IM</b>		<b># 31 X Boys 8 &amp; Under 25 Back</b>	
Ellie Wood (10)	1:24.94SXX	Luke Stearns (8)	23.88SX
		Grady Brookshier (8)	24.53SX
<b># 4 R Boys 9-10 100 IM</b>		<b># 32 XX Boys 8 &amp; Under 25 Back</b>	
Patrick Harlow (10)	1:48.41SR	Brandon Cryer (8)	22.28SXX
Jackson Vines (10)	1:48.42SR		
<b># 5 X Boys 9-10 100 IM</b>		<b># 33 N Girls 9-10 50 Back</b>	
Elliott Whelan (10)	1:32.12SX	Audrey Bates (10)	53.28SQUA
Gray Belding (9)	1:36.22SX	Lydia Shelton (9)	54.18SQUA
<b># 6 XX Boys 9-10 100 IM</b>		<b># 34 R Girls 9-10 50 Back</b>	
Spencer Steadman (10)	1:17.03SXX	Chandler Doll (10)	45.50SR
		Catherine Doll (10)	47.87SR
<b># 7 R Girls 11-12 100 IM</b>		<b># 35 X Girls 9-10 50 Back</b>	
Liza Haymore (11)	1:30.57SR	Gabi Linkonis (9)	44.75SX
Annabel Puritz (12)	1:30.72SR		
<b># 9 XX Girls 11-12 100 IM</b>		<b># 36 XX Girls 9-10 50 Back</b>	
AMELIA MACHOLZ (12)	1:11.81SXX	Ellie Wood (10)	37.03SXX
<b># 10 R Boys 11-12 100 IM</b>		<b># 37 N Boys 9-10 50 Back</b>	
Griffin Belding (11)	1:34.62SR	Charles Gill (9)	53.72SQUA
		Patrick Harlow (10)	54.32SQUA
<b># 14 X Girls 13-14 100 IM</b>		<b># 39 X Boys 9-10 50 Back</b>	
Rachel Cooper (13)	1:17.41SX	Gray Belding (9)	42.75SX
<b># 15 XX Girls 13-14 100 IM</b>		<b># 40 XX Boys 9-10 50 Back</b>	
Lauren Marcey (14)	1:12.47SXX	Spencer Steadman (10)	36.88SXX
		Elliott Whelan (10)	41.57SXX
<b># 16 R Boys 13-14 100 IM</b>		<b># 41 N Girls 11-12 50 Back</b>	
Harrison Holmes (14)	1:27.14SR	Maggie Wallace (11)	48.91SQUA
		Cate Haymore (11)	49.09SQUA
<b># 21 XX Girls 15-18 100 IM</b>		<b># 42 R Girls 11-12 50 Back</b>	
Willoughby Clark (15)	1:09.34SXX	Avery Fonville (11)	40.78SR
		Annabel Puritz (12)	42.15SR
<b># 24 XX Boys 15-18 100 IM</b>		<b># 45 N Boys 11-12 50 Back</b>	
Matthew Whelan (15)	1:00.66SXX	Henry Zincone (12)	49.19SQUA
		Ryan Macholz (12)	51.50SQUA
<b># 25 N Girls 8 &amp; Under 25 Back</b>		<b># 46 R Boys 11-12 50 Back</b>	
Linley Catoggio (6)	28.47SQUA	Teddy Pollard (12)	46.19SR
Audrey Sisler (8)	29.16SQUA	Jackson Rountree (11)	46.35SR
<b># 26 R Girls 8 &amp; Under 25 Back</b>		<b># 51 X Girls 13-14 50 Back</b>	
Olivia Schreher (8)	25.96SR	Rachel Cooper (13)	36.38SX
Hadley Harlow (7)	27.93SR		
<b># 27 X Girls 8 &amp; Under 25 Back</b>			
Valentina Linkonis (7)	22.43SX		
Frances Fischl (8)	24.00SX		
<b># 29 N Boys 8 &amp; Under 25 Back</b>			

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**Avalon [ARA-VA]**

<b># 52 XX Girls 13-14 50 Back</b>		<b># 81 N Girls 11-12 50 Breast</b>	
Lauren Marcey (14)	34.53SXX	Maggie Wallace (11)	51.69SQUA
<b># 53 N Boys 13-14 50 Back</b>		Cate Haymore (11)	52.18SQUA
Harrison Holmes (14)	41.52SQUA	<b># 84 XX Girls 11-12 50 Breast</b>	
Seth Casey (13)	43.25SQUA	AMELIA MACHOLZ (12)	37.22SXX
<b># 55 X Boys 13-14 50 Back</b>		<b># 86 R Boys 11-12 50 Breast</b>	
Thomas Moore (14)	36.32SX	Henry Zincone (12)	47.31SR
<b># 60 XX Girls 15-18 50 Back</b>		Griffin Belding (11)	48.06SR
Willoughby Clark (15)	31.54SXX	<b># 90 R Girls 13-14 50 Breast</b>	
<b># 61 N Boys 15-18 50 Back</b>		Caroline Wood (13)	43.26SR
Pace Fonville (15)	37.20SQUA	<b># 92 XX Girls 13-14 50 Breast</b>	
<b># 64 XX Boys 15-18 50 Back</b>		Lauren Marcey (14)	38.88SXX
Zachary Cram (15)	30.35SXX	<b># 93 N Boys 13-14 50 Breast</b>	
<b># 66 R Girls 8 &amp; Under 25 Breast</b>		Matthew Moore (13)	48.41SQUA
Frances Fisch (8)	27.81SR	<b># 96 XX Boys 13-14 50 Breast</b>	
Helena Freiden (8)	28.75SR	Wil Steadman (13)	35.15SXX
<b># 68 XX Girls 8 &amp; Under 25 Breast</b>		<b># 101 X Boys 13-14 100 Breast</b>	
Valentina Linkonis (7)	24.22SXX	Thomas Moore (14)	1:24.86SX
Caroline Zincone (8)	25.25SXX	<b># 103 N Girls 15-18 50 Breast</b>	
<b># 69 N Boys 8 &amp; Under 25 Breast</b>		Nancy Ruth Turner (15)	47.72SQUA
Grady Brookshier (8)	30.66SQUA	<b># 111 R Girls 15-18 100 Breast</b>	
Rocco Fisch (7)	31.25SQUA	Cristina Muncy (16)	1:30.60SR
<b># 70 R Boys 8 &amp; Under 25 Breast</b>		<b># 115 X Boys 15-18 100 Breast</b>	
Vinnie Fisch (8)	28.74SR	Zachary Cram (15)	1:19.16SX
<b># 71 X Boys 8 &amp; Under 25 Breast</b>		<b># 117 N Mixed 8 &amp; Under 100 Medley Relay A ARA</b>	1:56.01S
Brandon Cryer (8)	25.72SX	1 Linley Catoggio (6)	
<b># 72 XX Boys 8 &amp; Under 25 Breast</b>		2 Rocco Fisch (7)	
Max Mumford (8)	25.06SXX	3 Grady Brookshier (8)	
<b># 73 N Girls 9-10 50 Breast</b>		4 Dana Frink (7)	
Lydia Shelton (9)	57.16SQUA	<b># 118 N Mixed 9-10 200 Medley Relay A ARA</b>	3:36.62S
Ann Marie Frink (9)	59.88SQUA	1 Audrey Bates (10)	
<b># 74 R Girls 9-10 50 Breast</b>		2 Colby Wallace (9)	
Claire Steadman (9)	51.38SR	3 Lydia Shelton (9)	
Audrey Bates (10)	52.68SR	4 Charles Gill (9)	
<b># 75 X Girls 9-10 50 Breast</b>		<b># 119 N Mixed 11-12 200 Medley Relay A ARA</b>	3:09.52S
Catherine Doll (10)	48.56SX	1 Maggie Wallace (11)	
Lilly Haymore (9)	49.51SX	2 Cate Haymore (11)	
<b># 77 N Boys 9-10 50 Breast</b>		3 Griffin Belding (11)	
Colby Wallace (9)	58.34SQUA	4 Ryan Macholz (12)	
<b># 78 R Boys 9-10 50 Breast</b>		<b># 122 R Mixed 8 &amp; Under 100 Medley Relay A ARA</b>	1:39.51S
Gray Belding (9)	52.68SR	1 Olivia Schreher (8)	
<b># 80 XX Boys 9-10 50 Breast</b>		2 Frances Fisch (8)	
Spencer Steadman (10)	40.87SXX	3 Helena Freiden (8)	
Elliott Whelan (10)	46.82SXX	4 Brady Catoggio (7)	

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**Avalon [ARA-VA]**

<b># 123 R Mixed 9-10 200 Medley Relay A ARA</b>	3:05.60S	Grady Brookshier (8)	20.97SR
1 Chandler Doll (10)		<b># 138 X Boys 8 &amp; Under 25 Free</b>	
2 Claire Steadman (9)		Vinnie Fischl (8)	19.04SX
3 Jackson Vines (10)		Brandon Cryer (8)	19.35SX
4 Patrick Harlow (10)		<b># 139 XX Boys 8 &amp; Under 25 Free</b>	
<b># 124 R Mixed 11-12 200 Medley Relay A ARA</b>	2:54.97S	Max Mumford (8)	17.41SXX
1 Teddy Pollard (12)		Joseph Ukrop (8)	18.31SXX
2 Henry Zincone (12)		<b># 140 N Girls 9-10 50 Free</b>	
3 Ashley Cryer (11)		Katherine Mitchell (9)	44.66SQUA
4 Annabel Puritz (12)		Audrey Bates (10)	45.09SQUA
<b># 127 X Mixed 8 &amp; Under 100 Medley Relay A ARA</b>	1:26.30S	<b># 141 R Girls 9-10 50 Free</b>	
1 Valentina Linkonis (7)		Lilly Haymore (9)	40.18SR
2 Caroline Zincone (8)		Gabi Linkonis (9)	41.34SR
3 Max Mumford (8)		<b># 144 N Boys 9-10 50 Free</b>	
4 Joseph Ukrop (8)		Colby Wallace (9)	45.00SQUA
<b># 128 X Mixed 9-10 200 Medley Relay A ARA</b>	2:40.38S	<b># 145 R Boys 9-10 50 Free</b>	
1 Ellie Wood (10)		Patrick Harlow (10)	40.38SR
2 Elliott Whelan (10)		Jackson Vines (10)	40.94SR
3 Spencer Steadman (10)		<b># 148 N Girls 11-12 50 Free</b>	
4 Lilly Haymore (9)		Cate Haymore (11)	38.79SQUA
<b># 129 X Mixed 11-12 200 Medley Relay A ARA</b>	2:38.00S	Maggie Wallace (11)	41.00SQUA
1 Avery Fonville (11)		<b># 149 R Girls 11-12 50 Free</b>	
2 AMELIA MACHOLZ (12)		Annabel Puritz (12)	35.59SR
3 Liza Haymore (11)		Avery Fonville (11)	35.91SR
4 Jackson Rountree (11)		<b># 151 XX Girls 11-12 50 Free</b>	
<b># 130 X Mixed 13-14 200 Medley Relay A ARA</b>	2:10.32S	AMELIA MACHOLZ (12)	30.88SXX
1 Lauren Marcey (14)		<b># 152 N Boys 11-12 50 Free</b>	
2 Wil Steadman (13)		Jackson Rountree (11)	38.87SQUA
3 Rachel Cooper (13)		Griffin Belding (11)	39.19SQUA
4 Thomas Moore (14)		<b># 156 N Girls 13-14 50 Free</b>	
<b># 131 X Mixed 15-18 200 Medley Relay A ARA</b>	2:02.13S	Caroline Wood (13)	34.31SQUA
1 Willoughby Clark (15)		<b># 160 N Boys 13-14 50 Free</b>	
2 Zachary Cram (15)		Harrison Holmes (14)	33.00SQUA
3 Matthew Whelan (15)		Seth Casey (13)	35.02SQUA
4 Cristina Muncy (16)		<b># 168 X Boys 13-14 100 Free</b>	
<b># 132 N Girls 8 &amp; Under 25 Free</b>		Wil Steadman (13)	1:03.78SX
Dana Frink (7)	25.41SQUA	Thomas Moore (14)	1:05.00SX
Hannah De Witt (7)	26.06SQUA	<b># 173 XX Girls 15-18 50 Free</b>	
<b># 133 R Girls 8 &amp; Under 25 Free</b>		Cristina Muncy (16)	28.88SXX
Caroline Zincone (8)	20.06SR	<b># 174 N Boys 15-18 50 Free</b>	
Helena Freiden (8)	20.56SR	Pace Fonville (15)	30.69SQUA
<b># 136 N Boys 8 &amp; Under 25 Free</b>		Jackson Woody (16)	32.03SQUA
Eli Brookshier (6)	23.99SQUA		
Rocco Fischl (7)	25.32SQUA		
<b># 137 R Boys 8 &amp; Under 25 Free</b>			
Luke Stearns (8)	20.34SR		

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**Avalon [ARA-VA]**

<b># 183 XX Boys 15-18 100 Free</b>		<b># 211 XX Girls 13-14 50 Fly</b>	
Matthew Whelan (15)	54.65SXX	Rachel Cooper (13)	32.87SXX
Zachary Cram (15)	56.69SXX	<b># 212 N Boys 13-14 50 Fly</b>	
<b># 184 N Girls 8 &amp; Under 25 Fly</b>		Matthew Moore (13)	44.02SQUA
Olivia Schreher (8)	33.60SQUA	<b># 213 R Boys 13-14 50 Fly</b>	
<b># 185 R Girls 8 &amp; Under 25 Fly</b>		Harrison Holmes (14)	36.31SR
Valentina Linkonis (7)	24.09SR	<b># 215 XX Boys 13-14 50 Fly</b>	
Helena Freiden (8)	25.14SR	Wil Steadman (13)	30.84SXX
<b># 186 X Girls 8 &amp; Under 25 Fly</b>		<b># 218 X Girls 15-18 50 Fly</b>	
Frances Fischi (8)	22.34SX	Willoughby Clark (15)	33.10SX
Caroline Zincone (8)	23.16SX	<b># 219 XX Girls 15-18 50 Fly</b>	
<b># 188 N Boys 8 &amp; Under 25 Fly</b>		Cristina Muncy (16)	31.84SXX
Cannen Harlow (8)	33.66SQUA	<b># 220 N Boys 15-18 50 Fly</b>	
Gary Ukrop (6)	33.97SQUA	Jackson Woody (16)	35.21SQUA
<b># 189 R Boys 8 &amp; Under 25 Fly</b>		Pace Fonville (15)	37.40SQUA
Vinnie Fischi (8)	25.63SR	<b># 223 XX Boys 15-18 50 Fly</b>	
Luke Stearns (8)	27.65SR	Matthew Whelan (15)	26.28SXX
<b># 190 X Boys 8 &amp; Under 25 Fly</b>		<b># 224 N Mixed 8 &amp; Under 100 Free Relay A ARA</b>	1:40.93S
Brandon Cryer (8)	22.16SX	1 Dana Frink (7)	
<b># 191 XX Boys 8 &amp; Under 25 Fly</b>		2 Hannah De Witt (7)	
Max Mumford (8)	20.31SXX	3 Gary Ukrop (6)	
Joseph Ukrop (8)	21.00SXX	4 Eli Brookshier (6)	
<b># 192 N Girls 9-10 50 Fly</b>		<b># 225 R Mixed 8 &amp; Under 100 Free Relay A ARA</b>	1:21.93S
Claire Steadman (9)	54.06SQUA	1 Luke Stearns (8)	
Lydia Shelton (9)	55.13SQUA	2 Grady Brookshier (8)	
<b># 193 R Girls 9-10 50 Fly</b>		3 Helena Freiden (8)	
Lilly Haymore (9)	49.03SR	4 Caroline Zincone (8)	
Ann Marie Frink (9)	51.90SR	<b># 226 X Mixed 8 &amp; Under 100 Free Relay A ARA</b>	1:14.19S
<b># 195 XX Girls 9-10 50 Fly</b>		1 Joseph Ukrop (8)	
Ellie Wood (10)	39.28SXX	2 Frances Fischi (8)	
<b># 197 R Boys 9-10 50 Fly</b>		3 Valentina Linkonis (7)	
Jackson Vines (10)	48.34SR	4 Max Mumford (8)	
<b># 198 X Boys 9-10 50 Fly</b>		<b># 227 N Mixed 9-10 200 Free Relay A ARA</b>	2:59.47S
Elliott Whelan (10)	44.68SX	1 Colby Wallace (9)	
<b># 200 N Girls 11-12 50 Fly</b>		2 Claire Steadman (9)	
Avery Fonville (11)	45.78SQUA	3 Audrey Bates (10)	
Ashley Cryer (11)	45.88SQUA	4 Katherine Mitchell (9)	
<b># 201 R Girls 11-12 50 Fly</b>		<b># 228 R Mixed 9-10 200 Free Relay A ARA</b>	2:44.20S
Liza Haymore (11)	41.13SR	1 Gabi Linkonis (9)	
<b># 204 N Boys 11-12 50 Fly</b>		2 Jackson Vines (10)	
Jackson Rountree (11)	44.87SQUA	3 Ann Marie Frink (9)	
Teddy Pollard (12)	50.77SQUA	4 Patrick Harlow (10)	
<b># 209 R Girls 13-14 50 Fly</b>			
Caroline Wood (13)	37.72SR		

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<b># 229 X Mixed 9-10 200 Free Relay A ARA</b>	2:24.18S
1 Ellie Wood (10)	
2 Gray Belding (9)	
3 Lilly Haymore (9)	
4 Spencer Steadman (10)	
<b># 230 N Mixed 11-12 200 Free Relay A ARA</b>	2:37.85S
1 Jackson Rountree (11)	
2 Maggie Wallace (11)	
3 Griffin Belding (11)	
4 Cate Haymore (11)	
<b># 232 X Mixed 11-12 200 Free Relay A ARA</b>	2:18.41S
1 Annabel Puritz (12)	
2 Liza Haymore (11)	
3 Avery Fonville (11)	
4 AMELIA MACHOLZ (12)	
<b># 235 X Mixed 13-14 200 Free Relay A ARA</b>	2:01.13S
1 Wil Steadman (13)	
2 Caroline Wood (13)	
3 Rachel Cooper (13)	
4 Thomas Moore (14)	
<b># 238 X Mixed 15-18 200 Free Relay A ARA</b>	1:51.94S
1 Zachary Cram (15)	
2 Willoughby Clark (15)	
3 Cristina Muncy (16)	
4 Matthew Whelan (15)	

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Female IE's:	78	Total Athletes:	65
Male IE's:	82		
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Total IE's:	160	Total RE's:	21