

## Individual Meet Entries Report

**2016 JRAC Champs 28-Jul-16 to 29-Jul-16 [Ageup: 6/1/2016] SC Meters**
**Location: NOVA**
**Avalon [ARA-VA]**
**VA**

<b>GIRLS</b>
--------------

**Audrey Bates (10)**

# 33	N Girls 9-10 50 Back	53.28S QUA
# 74	R Girls 9-10 50 Breast	52.68S R
# 118	N Mixed 9-10 200 Medley Relay A	Back
# 140	N Girls 9-10 50 Free	45.09S QUA
# 227	N Mixed 9-10 200 Free Relay A	3

**Linley Catoggio (6)**

# 25	N Girls 8 & Under 25 Back	28.47S QUA
# 117	N Mixed 8 & Under 100 Medley Relay A	Back

**Willoughby Clark (15)**

# 21	XX Girls 15-18 100 IM	1:09.34S XX
# 60	XX Girls 15-18 50 Back	31.54S XX
# 131	X Mixed 15-18 200 Medley Relay A	Back
# 218	X Girls 15-18 50 Fly	33.10S X
# 238	X Mixed 15-18 200 Free Relay A	2

**Rachel Cooper (13)**

# 14	X Girls 13-14 100 IM	1:17.41S X
# 51	X Girls 13-14 50 Back	36.38S X
# 130	X Mixed 13-14 200 Medley Relay A	Fly
# 211	XX Girls 13-14 50 Fly	32.87S XX
# 235	X Mixed 13-14 200 Free Relay A	3

**Ashley Cryer (11)**

# 124	R Mixed 11-12 200 Medley Relay A	Fly
# 200	N Girls 11-12 50 Fly	45.88S QUA

**Hannah De Witt (7)**

# 132	N Girls 8 & Under 25 Free	26.06S QUA
# 224	N Mixed 8 & Under 100 Free Relay A	2

**Catherine Doll (10)**

# 34	R Girls 9-10 50 Back	47.87S R
# 75	X Girls 9-10 50 Breast	48.56S X

**Chandler Doll (10)**

# 2	X Girls 9-10 100 IM	1:38.38S X
# 34	R Girls 9-10 50 Back	45.50S R
# 123	R Mixed 9-10 200 Medley Relay A	Back

**Frances Fischl (8)**

# 27	X Girls 8 & Under 25 Back	24.00S X
# 66	R Girls 8 & Under 25 Breast	27.81S R
# 122	R Mixed 8 & Under 100 Medley Relay A	Breast
# 186	X Girls 8 & Under 25 Fly	22.34S X
# 226	X Mixed 8 & Under 100 Free Relay A	2

**Avery Fonville (11)**

# 42	R Girls 11-12 50 Back	40.78S R
# 129	X Mixed 11-12 200 Medley Relay A	Back
# 149	R Girls 11-12 50 Free	35.91S R
# 200	N Girls 11-12 50 Fly	45.78S QUA
# 232	X Mixed 11-12 200 Free Relay A	3

**Helena Freiden (8)**

# 66	R Girls 8 & Under 25 Breast	28.75S R
# 122	R Mixed 8 & Under 100 Medley Relay A	Fly
# 133	R Girls 8 & Under 25 Free	20.56S R

# 185	R Girls 8 & Under 25 Fly	25.14S R
# 225	R Mixed 8 & Under 100 Free Relay A	3

**Ann Marie Frink (9)**

# 73	N Girls 9-10 50 Breast	59.88S QUA
# 193	R Girls 9-10 50 Fly	51.90S R
# 228	R Mixed 9-10 200 Free Relay A	3

**Dana Frink (7)**

# 117	N Mixed 8 & Under 100 Medley Relay A	Free
# 132	N Girls 8 & Under 25 Free	25.41S QUA
# 224	N Mixed 8 & Under 100 Free Relay A	1

**Hadley Harlow (7)**

# 26	R Girls 8 & Under 25 Back	27.93S R
------	---------------------------	----------

**Cate Haymore (11)**

# 41	N Girls 11-12 50 Back	49.09S QUA
# 81	N Girls 11-12 50 Breast	52.18S QUA
# 119	N Mixed 11-12 200 Medley Relay A	Breast
# 148	N Girls 11-12 50 Free	38.79S QUA
# 230	N Mixed 11-12 200 Free Relay A	4

**Lilly Haymore (9)**

# 75	X Girls 9-10 50 Breast	49.51S X
# 128	X Mixed 9-10 200 Medley Relay A	Free
# 141	R Girls 9-10 50 Free	40.18S R
# 193	R Girls 9-10 50 Fly	49.03S R
# 229	X Mixed 9-10 200 Free Relay A	3

**Liza Haymore (11)**

# 7	R Girls 11-12 100 IM	1:30.57S R
# 129	X Mixed 11-12 200 Medley Relay A	Fly
# 201	R Girls 11-12 50 Fly	41.13S R
# 232	X Mixed 11-12 200 Free Relay A	2

**Gabi Linkonis (9)**

# 1	R Girls 9-10 100 IM	1:40.52S R
# 35	X Girls 9-10 50 Back	44.75S X
# 141	R Girls 9-10 50 Free	41.34S R
# 228	R Mixed 9-10 200 Free Relay A	1

**Valentina Linkonis (7)**

# 27	X Girls 8 & Under 25 Back	22.43S X
# 68	XX Girls 8 & Under 25 Breast	24.22S XX
# 127	X Mixed 8 & Under 100 Medley Relay A	Back
# 185	R Girls 8 & Under 25 Fly	24.09S R
# 226	X Mixed 8 & Under 100 Free Relay A	3

**AMELIA MACHOLZ (12)**

# 9	XX Girls 11-12 100 IM	1:11.81S XX
# 84	XX Girls 11-12 50 Breast	37.22S XX
# 129	X Mixed 11-12 200 Medley Relay A	Breast
# 151	XX Girls 11-12 50 Free	30.88S XX
# 232	X Mixed 11-12 200 Free Relay A	4

## Individual Meet Entries Report

**2016 JRAC Champs 28-Jul-16 to 29-Jul-16 [Ageup: 6/1/2016] SC Meters  
Avalon [ARA-VA]**

<b>GIRLS</b>
--------------

**Lauren Marcey (14)**

# 15 XX Girls 13-14 100 IM	1:12.47S XX	
# 52 XX Girls 13-14 50 Back	34.53S XX	
# 92 XX Girls 13-14 50 Breast	38.88S XX	
# 130 X Mixed 13-14 200 Medley Relay A	Back	

**Katherine Mitchell (9)**

# 140 N Girls 9-10 50 Free	44.66S QUA	
# 227 N Mixed 9-10 200 Free Relay A	4	

**Cristina Muncy (16)**

# 111 R Girls 15-18 100 Breast	1:30.60S R	
# 131 X Mixed 15-18 200 Medley Relay A	Free	
# 173 XX Girls 15-18 50 Free	28.88S XX	
# 219 XX Girls 15-18 50 Fly	31.84S XX	
# 238 X Mixed 15-18 200 Free Relay A	3	

**Annabel Puritz (12)**

# 7 R Girls 11-12 100 IM	1:30.72S R	
# 42 R Girls 11-12 50 Back	42.15S R	
# 124 R Mixed 11-12 200 Medley Relay A	Free	
# 149 R Girls 11-12 50 Free	35.59S R	
# 232 X Mixed 11-12 200 Free Relay A	1	

**Olivia Schreher (8)**

# 26 R Girls 8 & Under 25 Back	25.96S R	
# 122 R Mixed 8 & Under 100 Medley Relay A	Back	
# 184 N Girls 8 & Under 25 Fly	33.60S QUA	

**Lydia Shelton (9)**

# 33 N Girls 9-10 50 Back	54.18S QUA	
# 73 N Girls 9-10 50 Breast	57.16S QUA	
# 118 N Mixed 9-10 200 Medley Relay A	Fly	
# 192 N Girls 9-10 50 Fly	55.13S QUA	

**Audrey Sisler (8)**

# 25 N Girls 8 & Under 25 Back	29.16S QUA	
--------------------------------	------------	--

**Claire Steadman (9)**

# 1 R Girls 9-10 100 IM	1:44.94S R	
# 74 R Girls 9-10 50 Breast	51.38S R	
# 123 R Mixed 9-10 200 Medley Relay A	Breast	
# 192 N Girls 9-10 50 Fly	54.06S QUA	
# 227 N Mixed 9-10 200 Free Relay A	2	

**Nancy Ruth Turner (15)**

# 103 N Girls 15-18 50 Breast	47.72S QUA	
-------------------------------	------------	--

**Maggie Wallace (11)**

# 41 N Girls 11-12 50 Back	48.91S QUA	
# 81 N Girls 11-12 50 Breast	51.69S QUA	
# 119 N Mixed 11-12 200 Medley Relay A	Back	
# 148 N Girls 11-12 50 Free	41.00S QUA	
# 230 N Mixed 11-12 200 Free Relay A	2	

**Caroline Wood (13)**

# 90 R Girls 13-14 50 Breast	43.26S R	
# 156 N Girls 13-14 50 Free	34.31S QUA	
# 209 R Girls 13-14 50 Fly	37.72S R	
# 235 X Mixed 13-14 200 Free Relay A	2	

**Ellie Wood (10)**

# 3 XX Girls 9-10 100 IM	1:24.94S XX	
--------------------------	-------------	--

# 36 XX Girls 9-10 50 Back	37.03S XX	
# 128 X Mixed 9-10 200 Medley Relay A	Back	
# 195 XX Girls 9-10 50 Fly	39.28S XX	
# 229 X Mixed 9-10 200 Free Relay A	1	

**Caroline Zincone (8)**

# 68 XX Girls 8 & Under 25 Breast	25.25S XX	
# 127 X Mixed 8 & Under 100 Medley Relay A	Breast	
# 133 R Girls 8 & Under 25 Free	20.06S R	
# 186 X Girls 8 & Under 25 Fly	23.16S X	
# 225 R Mixed 8 & Under 100 Free Relay A	4	

### Individual Meet Entries Report

**2016 JRAC Champs 28-Jul-16 to 29-Jul-16 [Ageup: 6/1/2016] SC Meters  
Avalon [ARA-VA]**

<b>BOYS</b>
-------------

<p><b>Gray Belding (9)</b>                  # 5 X Boys 9-10 100 IM 1:36.22S X                  # 39 X Boys 9-10 50 Back 42.75S X                  # 78 R Boys 9-10 50 Breast 52.68S R                  # 229 X Mixed 9-10 200 Free Relay A 2  <b>Griffin Belding (11)</b>                  # 10 R Boys 11-12 100 IM 1:34.62S R                  # 86 R Boys 11-12 50 Breast 48.06S R                  # 119 N Mixed 11-12 200 Medley Relay A Fly                  # 152 N Boys 11-12 50 Free 39.19S QUA                  # 230 N Mixed 11-12 200 Free Relay A 3  <b>Eli Brookshier (6)</b>                  # 29 N Boys 8 &amp; Under 25 Back 30.03S QUA                  # 136 N Boys 8 &amp; Under 25 Free 23.99S QUA                  # 224 N Mixed 8 &amp; Under 100 Free Relay A 4  <b>Grady Brookshier (8)</b>                  # 31 X Boys 8 &amp; Under 25 Back 24.53S X                  # 69 N Boys 8 &amp; Under 25 Breast 30.66S QUA                  # 117 N Mixed 8 &amp; Under 100 Medley Relay A Fly                  # 137 R Boys 8 &amp; Under 25 Free 20.97S R                  # 225 R Mixed 8 &amp; Under 100 Free Relay A 2  <b>Seth Casey (13)</b>                  # 53 N Boys 13-14 50 Back 43.25S QUA                  # 160 N Boys 13-14 50 Free 35.02S QUA  <b>Brady Catoggio (7)</b>                  # 29 N Boys 8 &amp; Under 25 Back 29.64S QUA                  # 122 R Mixed 8 &amp; Under 100 Medley Relay A Free  <b>Zachary Cram (15)</b>                  # 64 XX Boys 15-18 50 Back 30.35S XX                  # 115 X Boys 15-18 100 Breast 1:19.16S X                  # 131 X Mixed 15-18 200 Medley Relay A Breast                  # 183 XX Boys 15-18 100 Free 56.69S XX                  # 238 X Mixed 15-18 200 Free Relay A 1  <b>Brandon Cryer (8)</b>                  # 32 XX Boys 8 &amp; Under 25 Back 22.28S XX                  # 71 X Boys 8 &amp; Under 25 Breast 25.72S X                  # 138 X Boys 8 &amp; Under 25 Free 19.35S X                  # 190 X Boys 8 &amp; Under 25 Fly 22.16S X  <b>Rocco Fischi (7)</b>                  # 69 N Boys 8 &amp; Under 25 Breast 31.25S QUA                  # 117 N Mixed 8 &amp; Under 100 Medley Relay A Breast                  # 136 N Boys 8 &amp; Under 25 Free 25.32S QUA  <b>Vinnie Fischi (8)</b>                  # 70 R Boys 8 &amp; Under 25 Breast 28.74S R                  # 138 X Boys 8 &amp; Under 25 Free 19.04S X                  # 189 R Boys 8 &amp; Under 25 Fly 25.63S R  <b>Pace Fonville (15)</b>                  # 61 N Boys 15-18 50 Back 37.20S QUA                  # 174 N Boys 15-18 50 Free 30.69S QUA                  # 220 N Boys 15-18 50 Fly 37.40S QUA  <b>Charles Gill (9)</b>                  # 37 N Boys 9-10 50 Back 53.72S QUA</p>	<p># 118 N Mixed 9-10 200 Medley Relay A Free  <b>Cannen Harlow (8)</b>                  # 30 R Boys 8 &amp; Under 25 Back 25.79S R                  # 188 N Boys 8 &amp; Under 25 Fly 33.66S QUA  <b>Patrick Harlow (10)</b>                  # 4 R Boys 9-10 100 IM 1:48.41S R                  # 37 N Boys 9-10 50 Back 54.32S QUA                  # 123 R Mixed 9-10 200 Medley Relay A Free                  # 145 R Boys 9-10 50 Free 40.38S R                  # 228 R Mixed 9-10 200 Free Relay A 4  <b>Harrison Holmes (14)</b>                  # 16 R Boys 13-14 100 IM 1:27.14S R                  # 53 N Boys 13-14 50 Back 41.52S QUA                  # 160 N Boys 13-14 50 Free 33.00S QUA                  # 213 R Boys 13-14 50 Fly 36.31S R  <b>Ryan Macholz (12)</b>                  # 45 N Boys 11-12 50 Back 51.50S QUA                  # 119 N Mixed 11-12 200 Medley Relay A Free  <b>Matthew Moore (13)</b>                  # 93 N Boys 13-14 50 Breast 48.41S QUA                  # 212 N Boys 13-14 50 Fly 44.02S QUA  <b>Thomas Moore (14)</b>                  # 55 X Boys 13-14 50 Back 36.32S X                  # 101 X Boys 13-14 100 Breast 1:24.86S X                  # 130 X Mixed 13-14 200 Medley Relay A Free                  # 168 X Boys 13-14 100 Free 1:05.00S X                  # 235 X Mixed 13-14 200 Free Relay A 4  <b>Max Mumford (8)</b>                  # 72 XX Boys 8 &amp; Under 25 Breast 25.06S XX                  # 127 X Mixed 8 &amp; Under 100 Medley Relay A Fly                  # 139 XX Boys 8 &amp; Under 25 Free 17.41S XX                  # 191 XX Boys 8 &amp; Under 25 Fly 20.31S XX                  # 226 X Mixed 8 &amp; Under 100 Free Relay A 4  <b>Teddy Pollard (12)</b>                  # 46 R Boys 11-12 50 Back 46.19S R                  # 124 R Mixed 11-12 200 Medley Relay A Back                  # 204 N Boys 11-12 50 Fly 50.77S QUA  <b>Jackson Rountree (11)</b>                  # 46 R Boys 11-12 50 Back 46.35S R                  # 129 X Mixed 11-12 200 Medley Relay A Free                  # 152 N Boys 11-12 50 Free 38.87S QUA                  # 204 N Boys 11-12 50 Fly 44.87S QUA                  # 230 N Mixed 11-12 200 Free Relay A 1  <b>Spencer Steadman (10)</b>                  # 6 XX Boys 9-10 100 IM 1:17.03S XX                  # 40 XX Boys 9-10 50 Back 36.88S XX                  # 80 XX Boys 9-10 50 Breast 40.87S XX                  # 128 X Mixed 9-10 200 Medley Relay A Fly                  # 229 X Mixed 9-10 200 Free Relay A 4</p>
--	--

---

## Individual Meet Entries Report

**2016 JRAC Champs 28-Jul-16 to 29-Jul-16 [Ageup: 6/1/2016] SC Meters  
Avalon [ARA-VA]**

<b>BOYS</b>
-------------

**Wil Steadman (13)**

# 96	XX	Boys 13-14 50 Breast	35.15S XX
# 130	X	Mixed 13-14 200 Medley Relay A	Breast
# 168	X	Boys 13-14 100 Free	1:03.78S X
# 215	XX	Boys 13-14 50 Fly	30.84S XX
# 235	X	Mixed 13-14 200 Free Relay A	1

**Luke Stearns (8)**

# 31	X	Boys 8 & Under 25 Back	23.88S X
# 137	R	Boys 8 & Under 25 Free	20.34S R
# 189	R	Boys 8 & Under 25 Fly	27.65S R
# 225	R	Mixed 8 & Under 100 Free Relay A	1

**Gary Ukrop (6)**

# 188	N	Boys 8 & Under 25 Fly	33.97S QUA
# 224	N	Mixed 8 & Under 100 Free Relay A	3

**Joseph Ukrop (8)**

# 30	R	Boys 8 & Under 25 Back	25.31S R
# 127	X	Mixed 8 & Under 100 Medley Relay A	Free
# 139	XX	Boys 8 & Under 25 Free	18.31S XX
# 191	XX	Boys 8 & Under 25 Fly	21.00S XX
# 226	X	Mixed 8 & Under 100 Free Relay A	1

**Jackson Vines (10)**

# 4	R	Boys 9-10 100 IM	1:48.42S R
# 123	R	Mixed 9-10 200 Medley Relay A	Fly
# 145	R	Boys 9-10 50 Free	40.94S R
# 197	R	Boys 9-10 50 Fly	48.34S R
# 228	R	Mixed 9-10 200 Free Relay A	2

**Colby Wallace (9)**

# 77	N	Boys 9-10 50 Breast	58.34S QUA
# 118	N	Mixed 9-10 200 Medley Relay A	Breast
# 144	N	Boys 9-10 50 Free	45.00S QUA
# 227	N	Mixed 9-10 200 Free Relay A	1

**Elliott Whelan (10)**

# 5	X	Boys 9-10 100 IM	1:32.12S X
# 40	XX	Boys 9-10 50 Back	41.57S XX
# 80	XX	Boys 9-10 50 Breast	46.82S XX
# 128	X	Mixed 9-10 200 Medley Relay A	Breast
# 198	X	Boys 9-10 50 Fly	44.68S X

**Matthew Whelan (15)**

# 24	XX	Boys 15-18 100 IM	1:00.66S XX
# 131	X	Mixed 15-18 200 Medley Relay A	Fly
# 183	XX	Boys 15-18 100 Free	54.65S XX
# 223	XX	Boys 15-18 50 Fly	26.28S XX
# 238	X	Mixed 15-18 200 Free Relay A	4

**Jackson Woody (16)**

# 174	N	Boys 15-18 50 Free	32.03S QUA
# 220	N	Boys 15-18 50 Fly	35.21S QUA

**Henry Zincone (12)**

# 45	N	Boys 11-12 50 Back	49.19S QUA
# 86	R	Boys 11-12 50 Breast	47.31S R
# 124	R	Mixed 11-12 200 Medley Relay A	Breast

---

### Individual Meet Entries Report

2016 JRAC Champs 28-Jul-16 to 29-Jul-16 [Ageup: 6/1/2016] SC Meters

Avalon [ARA-VA]

Female IE's:	78	Female RE's:	47
Male IE's:	82	Male RE's:	37
<b>Total IE's:</b>	<b>160</b>	<b>Total RE's:</b>	<b>84</b>
<b>Total Athletes:</b>	<b>65</b>		