



## Brentwood Dolphin Swim Club Dual Meet

We are excited to host a 2019 dual swim meet with you. We'll be running 8 lanes, and there is a 3 individual limit on entries per swimmer. Entry due 36 hours before meet.

### Contact Information

Team website: [www.brentwooddolphins.com](http://www.brentwooddolphins.com)

Team Email: [BrentwoodDolphinSwimClub@gmail.com](mailto:BrentwoodDolphinSwimClub@gmail.com)

Team President: [BDSCTeamPresident@gmail.com](mailto:BDSCTeamPresident@gmail.com)

Meet Directors: [DSCMeetDirector@gmail.com](mailto:DSCMeetDirector@gmail.com)

Computer Operations: [BDSCComputerTeam@gmail.com](mailto:BDSCComputerTeam@gmail.com)

Coaching Team: [BDSCCoachingTeam@gmail.com](mailto:BDSCCoachingTeam@gmail.com)

### Location & Directions

#### HERITAGE HIGH SCHOOL POOL

101 American Avenue, Brentwood, CA 94513

#### VIA HWY 4

- Eastbound from Antioch, westbound from Discovery Bay
- Exit Balfour Rd (exit 35)
- Turn right (west) onto Balfour Rd.
- Turn Left on American Ave (1 mi).
- Turn right at first right into parking lot under solar panels

## Generic Meet details

### Start time

#### SATURDAY MEETS: 9AM-12PM

Doors Open: 7:30am

Dolphin Warm-ups: 8:00-8:25am

Visiting Team Warm-ups: 8:30-8:55 am

#### WEDNESDAY MEETS: 6-9PM

Doors Open: 4:30pm

Dolphin Warm-ups: 5:00-5:25pm

Visiting Teams Warm-ups: 5:30-5:55 pm

### Order of Events & Heats

50yd Freestyle 15-18 - 1 heat

Medley Relay - 1 Combine heat per age group

Freestyle - 2-3 heats

Breaststroke - 2 heats

Butterfly - 2 heats

Backstroke. - 2-3 heats

Freestyle Relay - 1 combine heat per age group

### Visiting Team Parent Jobs

- **Timers/Recorders:** 12 (2 per even # lanes and 1 per odd # lanes)
- **Ribbons Writers:** 1-2 (report to computer desk after IM events are completed)
- **Stroke & Turn:** 3-4 (rotate – 2 on deck from each team at a time)
- **Shepherds:** Team's own parent volunteers

## Ribbons

1st-6th place for individual events and 1st & 2nd for relays are awarded ribbons to those 12 & under.

Heat winner is awarded to swimmers that are 1st in a heat if not in the 1st heat of an event.

Participation ribbons are awarded for all swimmers that do not place that at 8 & under.

## Scoring

The 1st heat of each event is the scoring heat:

-1st place	5pt (Relay - 8 pt)
-2nd place	3 pt (Relay - 4 pt)
-3rd place	1 pt

## Swim Meet Entries Info

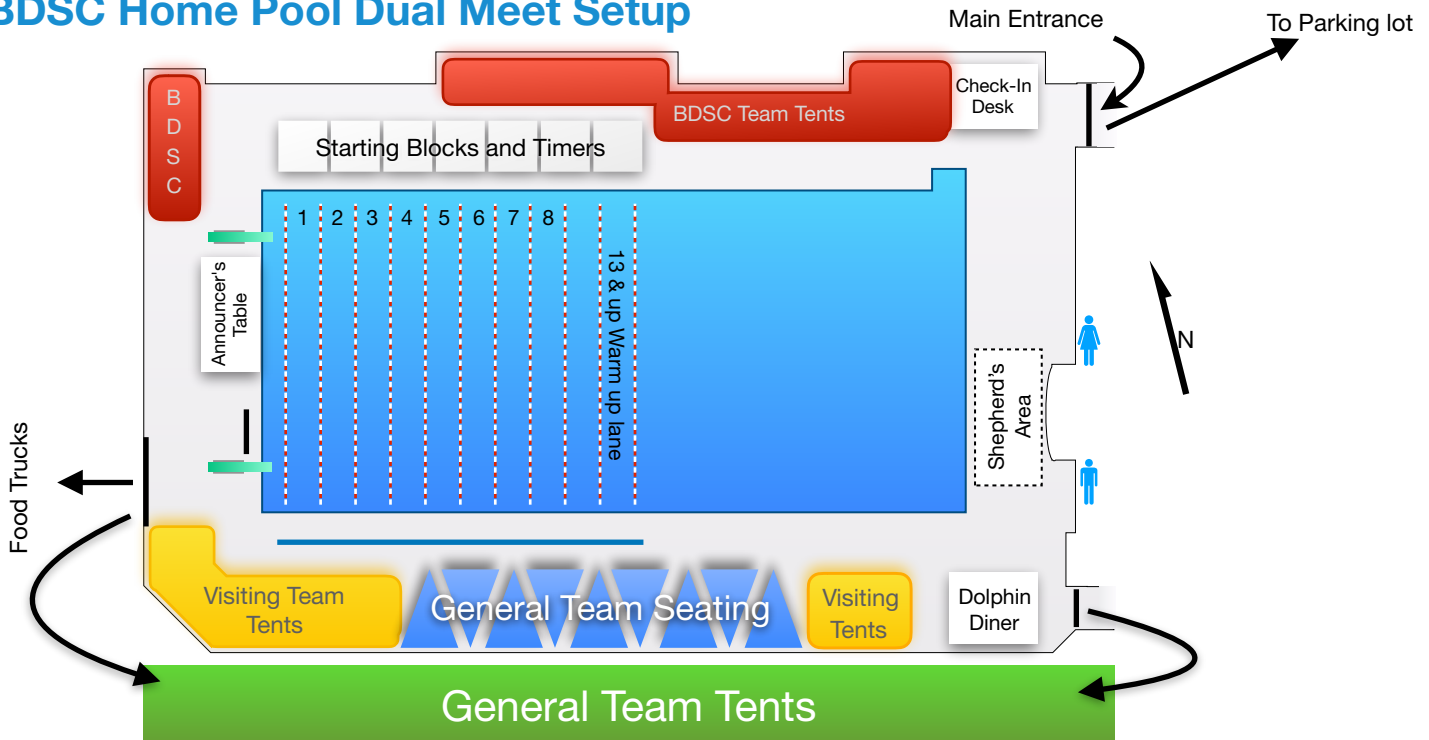
Our meets are run with HY-TEK Meet Manager. We request that each team provide our Computer Team with a roster and entries files at least 36 hours prior to the scheduled meet (try to submit by 6pm on Monday for Wednesday evening meets, and 12pm on Thursday for Saturday morning meets).

A Meet Program annotated will be provided as soon as possible. In an effort to limit the time swimmers and their families are out in the sun, to keep the swimmers engaged in the meet, and to make sure that everyone who's entered gets the chance to swim, some events may be combined. The Meet Program will have boxes around the combined heats to prepare everyone for the flow of the meet. If a swimmer is marked with an "X" next to their entry time, they are an extra swimmer in heat 1 of that event. Their resulting time is an official time, but their swim will not earn points for their respective team.

## Concessions/Dolphin Diner

Opens at 7:30am or 4:30pm. There will also be trucks on site with either breakfast burritos, pancakes, a lunch menu or a dinner menu, coffee, ice cream and drinks. Swimming supplies such as goggles and caps are also available. Cash and cards accepted.

## BDSC Home Pool Dual Meet Setup



Note: Do NOT setup Pop-Ups behind the Announcer's Table

## Parking

Parking is available under the solar panels at first right on American Ave.

## General Pool Rules

We share our facility with the city of Brentwood and Heritage High School. The following are the rules established to ensure the safety and enjoyment of everyone participating.

- Remember, you are responsible for your own safety.
- Children under the age of 9 must be accompanied by a chaperone 15 years of age or older.
- Lifeguards are provided for additional safety. Drowning may still occur. Adult supervision is strongly advised.
- No chalking or dirt writing on concrete or walls.
- No dogs allowed.
- Glass & Styrofoam containers are not permitted.
- No alcohol or smoking permitted.
- No climbing on fencing, structures, or bleachers.
- No running or horseplay allowed.
- No gum, seeds, or shells of any kind are permitted in the pool complex.
- No unauthorized outdoor cooking units permitted.
- No skateboards, roller blades, scooters, or roller skates allowed.
- No portable stereos or radios are permitted in the pool complex.
- No ball playing against facility walls.
- Parking at the curb is only for pick-up and drop-off.
- Adult supervision is strongly advised.