

Team Bio for the Brentwood Dolphins Swim Club CCVSC League

Brentwood Dolphins Swim Club

Heritage High School Pool, 101 American Avenue, Brentwood, CA 94513
Mailing Address: P.O. Box 252, Brentwood, CA 94513

Brentwood Dolphins Swim Club Contact Info

Please see contact info on website

Swim Meet info

Our Meets are run with HY-TEK Meet Manager; we request that each team provide our Computer Team with a complete list of their team's entries prior to the scheduled meet (no later than 6pm on Tuesday for Wednesday evening meets, and 5pm on Friday for Saturday morning meets).

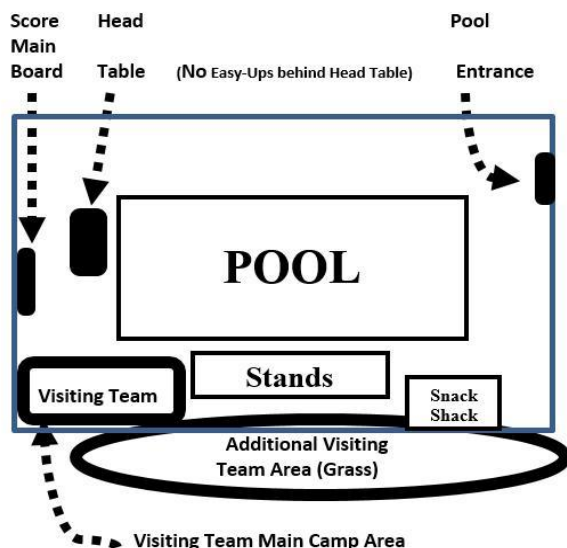
Saturday Meets: 9am -12pm

Doors Open: 7:30am
Visiting Team Warm-ups: 8:30-8:55 am
Dolphins Warm-ups: 8:00-8:25am

Wednesday Meets: 6-9pm

Doors Open: 4:30pm
Visiting Teams Warm-ups: 5:30-5:55 pm
Dolphins Warm-ups: 5:00-5:25pm

BRENTWOOD DOLPHINS POOL MAP (visiting team areas marked below)



No Easy Up Shade tents behind the Head Table Please!!!!!!

The Stands are common shared area between both teams.

Visiting Team Parent Work Assignments

- Timers/Recorders: 12 (2 per even # lanes and 1 per odd # lanes)
- Ribbons Writers: 1-2 (report to computer desk after IM events are completed)
- Stroke & Turn: 3-4 (rotate – 2 on deck from each team at a time)
- Shepherds: Team's own parent volunteers

Ribbons

Ribbons are provided for individuals placing 1st-3rd place for A meets and 1st place for B meets for heat 1 only for ages 12 and under. Heat winner ribbons for individual events with multiple heats for ages 8 and under. Participation ribbons are provided for all swimmers not placing for 8 and under only. Relay ribbons will be awarded to 1st and 2nd place relay members for ages 12 and under. Scoring will follow league rules.

Order of Events

Medley Relay	1 heat
IM	1 heat
Freestyle	3 heats
Breaststroke	2 heats
Butterfly	2 heats
Backstroke	3 heats
Free relay	1 heat

Snack Bar

The Dolphin Diner Snack Bar is open on Saturday mornings and on Wednesday evenings for meal items. We also sell a wide variety of drinks, snack items and candy.

Directions

From points west:

- East on Highway 4 to Brentwood
- Balfour Road exit, turn right
- Turn left on American Avenue
- First right into Heritage High School student parking lot

From Concord/Walnut Creek (alternate route):

- Ygnacio Valley Road to Clayton Road – southbound (toward Clayton)
- Clayton Road becomes Marsh Creek Road
- Turn left on Deer Valley Road
- Turn right on Balfour Road
- Turn right on American Avenue
- Turn right into Heritage High School student parking lot