

"Let us welcome the new season . . . it will be full of amazing firsts"

UPCOMING EVENTS

April 9
Practice Begins
@ AHS & Alta Pool

May 1
Volunteer
Sign-Ups Begin

May 16
Time Trials RSVP
Deadline

May 19
8:30 AM
Time Trials @ AHS

May 21
All Practices @ AHS

May 25
1st Friday Practice

June 2
Seals @ Castro Valley

03.24.18

v. 2

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- team suits
- faqs



SEALS NEWS

MARCH 24, 2018 | VOL II

TEAM PRACTICE

Due to renovations being made to Mission San Jose's pool facility - American's pool is being shared by both schools during the 2018 high school swim season. As a result, Seals practice will temporarily be held at two different pools; American High School and (Alta Pool) in Fremont. This change becomes effective April 9 through May 17. On May 21, the Seals will regain full pool access and all swimmers will practice at American High School. Please review FAQs on page 3 and the schedule below for practice times and locations.

APRIL 9 THROUGH MAY 17			
Age Group	Location	Time	Days*
Ages 10 and Under	<u>Alta Pool</u>	6pm-7pm	m-t-w-th
Ages 11 - 12	American High School	7:30pm-8:30pm	m-t-w-th
Ages 13+	American High School	7:30pm-8:30pm	m-t-w-th
MAY 21 THROUGH JULY 26			
Age Group	Location	Time	Days*
Ages 10 and Under	American High School	6pm-7pm	m-t-w-th-f
Ages 11 - 12	American High School	7pm-8pm	m-t-w-th-f
Ages 13+	American High School	8pm-9pm	m-t-w-th-f

[Alta Pool - 38220 Alta Drive - Fremont, CA 94536](#)

*Notes: April 9 through May 17 practices occur Monday through Thursday. Beginning May 21, all swimmers practice at American High School and high school spring athletes join Seals practice. Monday dry-land conditioning has been replaced by pool workouts. Swimmers should come prepared to swim at each practice.

Registration Requirements New Families

Registration Fees

One Swimmer	\$425
Two Swimmers	\$800
Three Swimmers	\$1,150

Registration fees are non-refundable unless your child cannot swim due to unforeseen medical reasons

Volunteer Deposit

A \$300 volunteer deposit is required and must be paid by personal check

Make checks payable to: "Seals Swim Team" & write your swimmer(s) name on your check

If paying you are paying your registration fees with a check - please do not write one check for your registration and deposit fees. Two separate checks must be submitted.

Birth Certificates

All new swimmers must have a birth certificate on file with the Seals. Please send a copy to seals.registrar@yahoo.com

Registration Deadline

Registration fees, volunteer deposits, and a copy of your swimmer's birth certificate must be received before the Seals first practice on **April 9**

Important!

Swimmers will be unable to practice without completing the necessary registration requirements!

Registration Questions?

If you have any registration questions - please contact seals.registrar@yahoo.com



REGISTRATION FOR NEW FAMILIES

This section is applicable to our new Seals families. Our team uses a web-based enrollment software called SwimTopia - which is designed specifically for swim teams and has become the gold standard for the East Bay Swim League (EBSL). Our main website URL is <https://seals.swimtopia.com/>. Parts of the website are open to the public - while others require a secure login and password. Please take a moment to review this newsletter in its entirety. There are important actions, deadlines, and events that require your immediate attention. If you have any questions regarding registration - please contact the Seals Registrar.

REGISTRATION INFORMATION^{New Families}

- Go to Seals Registration
- Activate your account by entering the email address used on your new swimmer evaluation form
- Once you enter your email - you will need to create a secret password
- Follow the online instructions and read/acknowledge/initial all of the information, agreements, and policies
- Review the registration fees & volunteer deposit requirements
- When you have successfully submitted your registration - you will receive an email confirmation
- If you have registration questions - please contact seals.registrar@yahoo.com

**Swimtopia's payment application (WePay) applies a 3% fee to all credit card transactions*

FREQUENTLY ASKED QUESTIONS

FAQS | TEAM SUITS & GEAR

Q: Are the team suits custom this year?

A: Yes - *this year our swimmers will wear Speedo (Launch Splice Endurance). Suits and cap will include our team logo.*

Q: Do I need to purchase a team suit?

A: Yes - *each season, swimmers are required to purchase and wear the official team suit. Like other sports such as basketball or baseball - the team swim suit is our "uniform" and should be worn at all meets. The cost of the team suit and a logo team cap are included in registration fees.*

Q: Do I purchase my team suit online through Swim Outlet?

A: NO - *please do not order the Seals logo/custom team suit online. Because the team will be purchasing the suits for each swimmer, measurements and suit styles will be collected and a bulk order will be placed.*

Q: Can I purchase an additional team suit?

A: Yes - *you can purchase a non-logo/customized suit at any retail store that carries it. However, we encourage you to purchase through Swim Outlet when possible because free shipping is offered on orders \$49+ and the Seals receive 8% of your purchase.*

Q: Will there be dates/times to try on swim suits?

A: Yes. *We will communicate additional dates/times when they have been confirmed. Additionally - check out the Speedo Size Charts.*



Q: Will there be opportunity to purchase a team parka?

A: Yes - parkas will be available to purchase through the Seals Swim Outlet Affiliate Store. More information is forthcoming.

Q: Will there be opportunity to purchase other Seals gear such as t-shirts, hoodies, hats, etc.?

A: Yes - Seals logo apparel will be available for purchase. More information is forthcoming.

Q: Who should I contact if I have additional questions about team suits and gear?

A: For questions related to team suits and gear - please contact our team Vice President - Angelica.

FAQS | PRACTICE

Q: I have more than one swimmer and they are assigned to practice at different pool locations - can I bring them to the same practice time/location?

A: While it is recommended that swimmers practice with their same age team mates - we also realize that logistics of two different practice locations can become difficult for families to manage. Accommodations can be made for families with more than one child who are not practicing at the same pool. Accommodations cannot be made for families with one child or for families who have all children practicing at one pool. Please contact board@swimseals.com to request an accommodation.



Q: Do I need to notify the coaches if I cannot attend practice?

A: No, if your swimmer needs to periodically miss practice - you are not required to notify the coaches. You should however provide notification if your swimmer will be absent for an extended period of time.

Q: Will the team have dry-land practices?

A: No - the coaching staff has decided that although dry-land conditioning is extremely important to the overall development of our swimmers - the team will maximize our pool facility access. Occasionally our coaches may decide to modify a practice session and will announce that ahead of time.

FAQS | STAYING INFORMED

Q: What is the best way for families to stay up to date on important team information?

A: The Seals have a number of ways for families to stay informed. In addition to the Seals Website, families will automatically receive team emails. Emails are generally sent on a weekly basis. Additionally - there are other channels that parents and swimmers can sign-up for. Visit the Seals Website for sign-up instructions.

- Text Messages (Not Required - But Highly Recommended)
- Swimtopia Mobile App
- Social Media (Instagram and Facebook)

Resources

[Seals Website](#)
[Sign Up - Stay Connected](#)
[List of Calendar Events](#)
[Monthly Event Calendar](#)
[Contacts](#)

