

# 2010 PCS&R KIDS TRIATHLON

Saturday, August 7, 2010 @ 8 AM

PCS&R Club Pool, 4400 Jones Bridge Circle, Norcross, GA 30092

## ENTRY FORM

(one entry per participant, DEADLINE: July 23, 2010)

Participant's Name \_\_\_\_\_

Sex M [ ] F [ ] Date of Birth \_\_\_\_\_ Child's Age on 12/31/09 (race age) \_\_\_\_\_

USAT Membership fee  USAT Membership Application & Waiver attached (plus \$5 application fee)

Proof of current USAT membership attached (e.g., photocopy, email)  
USAT Membership # \_\_\_\_\_ Expiration \_\_\_\_\_

Race Category  Individual (\$25)

Relay Team of 2 (\$20 each)

Relay Team of 3 (\$18 each)

Team Name \_\_\_\_\_

Swimmer \_\_\_\_\_ Cyclist \_\_\_\_\_ Runner \_\_\_\_\_

T-Shirt Size (circle one) Youth: M L Adult: S M L XL

(one race T-Shirt is included with entry; use Race T-Shirt Order Form to purchase more)

Parent's Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

### Photo Release

I, \_\_\_\_\_, give my permission to publish photographs of my child that are taken as part of the triathlon.

Parent's Signature: \_\_\_\_\_ Date \_\_\_\_\_

**Volunteer Preference** (circle 1 or 2): Sponsors; T-Shirts; Registration; Set up; Start staging; Photographer; Lap Counter; Bike Course; Run course; Finish area; Timing; Results; Clean up; Where needed

### ENTRY CHECKLIST

- \$25 for individuals; \$40 for relay teams of 2; \$54 for relay teams of 3  
Entry includes medals for all finishers, race T-Shirt, raffles, and post-race goodies
- Please make check payable to **PCS&R** and mail or deliver with entry form to  
**5309 Amhurst Drive, Norcross, GA 30092**
- Attach completed PCS&R Kids Triathlon Release & Waiver to entry form
- Designate volunteer preference
- USA Triathlon youth membership is required for each participant; attach a completed USAT Membership Application & Waiver with \$5 fee to entry form or save time by purchasing online at <http://www.usatriathlon.org/member-services> and include membership number
- Register Today! Race is limited to first 120 entries

**RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND  
INDEMNITY AGREEMENT**

**PCS&R Kids Triathlon**

THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT (this "Waiver") IS A LEGALLY BINDING EXPRESS STATEMENT OF ASSUMPTION OF RISK AND A RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT. Please read this Waiver in its entirety and fill in all blanks prior to signing.

In consideration of being permitted to participate in the PCS&R Kids Triathlon/Peachtree Corners Kids' Triathlon event, including, but not limited to, any and all cycling, running, swimming and any and all activities related thereto (collectively, the "Activities"), I hereby for myself, my spouse, children, heirs, and personal representatives, agree to the following terms and conditions:

I hereby forever release, waive and discharge each of Peachtree Corners Swim and Racquet Club, Peachtree Corners North Manor Waverunners Swim Team, Simpsonwood Retreat and Conference Center, Revington Swim and Tennis Club, Shane Johnson, all race organizers and volunteers, sponsors and each of their respective subsidiaries, affiliates, related companies, successors, current and former agents, partners, officers, members, managers, directors, insurers, attorneys, employees, volunteers, representatives, and assigns (collectively, the "Event Sponsors") from any and all claims, demands, and causes of action arising from or relating to my participation in the Activities, whether such claims, demands, and causes of action result from passive or active negligence or from some other cause.

**I UNDERSTAND THAT THE ACTIVITES ARE INHERENTLY DANGEROUS AND THAT I OR MY CHILD COULD BE RISKING SERIOUS INJURY OR DEATH, BY PARTICIPATING IN THE ACTIVITIES AND THAT MY OR MY CHILD'S PARTICIPATION IN THE ACTIVITIES IS ENTIRELY VOLUNTARY. I KNOW, UNDERSTAND, AND APPRECIATE THESE AND ALL OTHER RISKS THAT ARE INHERENT IN MY OR MY CHILD'S PARTICIPATION IN THE ACTIVITIES AND I HEREBY ASSUME ALL SUCH RISKS, WHETHER FORESEEN OR UNFORESEEN.**

I hereby agree for myself, my spouse, children, heirs, and personal representatives not to sue or institute any lawsuit or any other proceeding against the Event Sponsors or any other party in connection with my or my child's participation in the Activities or any matters released or rights waived in this Waiver. I agree that this Waiver is intended to be as broad and inclusive as permitted by the laws of the State of Georgia. I agree that in the event that any clause or provision of this Waiver shall be held invalid by any court of competent jurisdiction, the invalidity of such clause or provision shall not otherwise affect the remaining provisions of this Waiver, which shall continue to be enforceable.

I understand that my child should not enter unless he or she is medically able and has the skills to safely complete each portion of the Activities. I agree to abide by any decision of a race official relative to my child's ability to safely complete the event. I will provide event-day supervision by an adult of my child during the event. I understand that the Event Sponsors do not carry or maintain health, medical, or disability insurance coverage for me or my child. Further, I hereby affirm that I carry and maintain medical insurance for my own and my child's benefit.

I understand that all entries are final with no refunds. The official race director reserves the right in any event of emergency, weather condition, or local or national disaster to cancel the event or to change the day and/or time without refund of entry fees to a later day or time.

Child's/Children's name(s) \_\_\_\_\_

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Parent's Printed Name

\_\_\_\_\_  
Date

**2010 PCS&R KIDS TRIATHLON**  
Saturday, August 7, 2010 @ 8 AM  
PCS&R Club Pool, 4400 Jones Bridge Circle, Norcross, GA 30092

**Entry Information**

**Welcome Triathletes, Parents, and Volunteers** to our 2010 PCS&R Kids Triathlon! We are looking forward to your participation in this fun neighborhood event. For the safety of the children, please read this information carefully before race day. Thank you for your support of kids swimming, biking, and running in Peachtree Corners!

- **Mandatory pre-race packet pick-up: Friday, August 6, 2010 4:00 to 8:00.** Race numbers, T-Shirts and goodie bags will be provided to each participant. Medals will be awarded as each participant crosses the finish line.
- At least 1 volunteer is required per participant. Please mark your volunteer preference on the entry form.
- Either i) a completed and signed USAT Membership Application & Waiver or proof of current USAT membership (plus \$5 fee) or ii) proof of current USAT membership
- A completed and signed PCS&R Kids Triathlon Release & Waiver must be included with each entry form.

**DISTANCES**

Juniors (7-10 years old): 100 yard swim (4 laps), 3 mile bike (2 loops), 0.75 mile run  
Seniors (11-15 years old): 200 yard swim (8 laps), 6 mile bike (4 loops), 1.5 mile run

**COURSE**

**Swim** laps in pool. Oldest age groups will go first in waves with one swimmer per lane.

**Bike** course is a 1.5 mile loop on Jones Bridge Circle & Fitzpatrick Way. From the PCS&R Club parking lot, turn right on Jones Bridge Circle, right on Fitzpatrick Way, and right on Jones Bridge Circle back to the Club. The course will **NOT BE CLOSED TO TRAFFIC**. Experienced adult cyclists will ride the course and volunteers will be at all intersections along the bike course to provide safety for all children. Parents of 7 year olds **only** are allowed to ride with their child on the bike course if they want. Parents of older children: please cheer for your child from the sidelines and keep the course clear for racers. Juniors ride two (2) laps and Seniors ride four (4) laps. The bike course is relatively flat but does have one downhill and one uphill on Jones Bridge Circle near the PCS&R Club. Please try to ride this loop with your child before race day.

**Run** course goes from the PCS&R Club parking lot (transition area) up the hill toward Simpsonwood Methodist Church, crosses Jones Bridge Circle with assistance of police and volunteers and continues into Simpsonwood Conference Center to the large grassy field on left. Juniors turn around just past the field and aid station and run back to the finish area on the left at the Revington Pool parking lot. Seniors will lap the grassy field, run a short trail section, and run back to the finish area on the left at the Revington Pool parking lot (across the street from the PCS&R Club parking lot).

## WHAT TO DO ON RACE DAY

- Please park in the upper parking lot at Simpsonwood Methodist Church up the hill on Jones Bridge Circle from the club. **No race morning parking on the side of Jones Bridge Circle.** This helps to keep the roads clear for bikes and runners.
- Transition set-up (drop off of bike, helmet, towel and running shoes) and body numbering **7:00-7:45 AM** at PCS&R Pool parking lot. Please plan to be at transition area **no later than 7:30**. Give yourself lots of time to get ready.
- Mandatory parent and child pre-race meeting **7:45 AM**, pool deck.
- Helmets are required for the bike portion of the event. All bikes must have end caps of handle bars covered.
- Race starts at **8 AM**.
- Parents, for safety reasons we cannot allow you to be in the transition area after the race begins. Volunteers will be in the transition area to assist the children. We appreciate your cooperation and we take every precaution to conduct a safe race for your children.
- **Have Fun!**

## QUESTIONS?

Contact: Shane Johnson [shanej99@gmail.com](mailto:shanej99@gmail.com), phone: 404-667-7517

