

Y SWIM TEAM™

We build strong kids, strong families, strong communities.

Fowler Fins Youth Swim Team

The goal of our swim team program is to provide an opportunity for participants to learn to set goals, work as a team, make friends, have fun, and improve their swimming ability in an environment that emphasizes YMCA core values of **Caring**, **Honesty**, **Respect** and **Responsibility**. The **Fowler Fins** swim against other YMCAs in the Metropolitan Atlanta Association. The Fowler Fins swim team fills quickly so we recommend registering as early as possible. www.fowlerfins.swim-team.us

Registration dates and costs for 6 months:

Facility members: \$15.63/week, \$62.50/month, \$375 pay in full

Program members: \$22.50/week, \$90.00/moth, \$540 pay in full (Team practice begins August 17 and ends with the Championship Meet on February 27, 2010) For your convenience, payments may be made weekly or monthly. For participants joining later, swim team may be pro-rated by the week after Labor Day.

Note: Joining a swim team is a commitment. We ask that all participants commit to the entire season as the team depends on each swimmer.



Open Registration Begins in late July

Age and skill requirements:

- 5-18 years old
- Participants 5-6 years old must be able to comfortably swim the length of the pool
- Participants ages 7 and up must know freestyle and backstroke and be able to comfortably swim multiple lengths of the pool.

Parents Meeting, Equipment and Swim Suit Fittings:

The Parents Meeting for Fins will be held September 18 at 7:00 PM for all ages. Swimmers should bring the following equipment to each practice in a mesh swim bag: cap, goggles, pull buoy, and finger paddles. Kast-A-Way Swimwear will be present with suits for team fittings on August 31 and September 1 from 5:30 pm – 7:30 pm. You can also purchase required equipment at this time. If you miss the fitting days, you may order swim suits and equipment through Kast-A-Way Swimwear by web or phone.

League age requirements:

The age group/eligibility of each swimmer is determined by his or her age on September 1, 2009.

Practice Schedule & Times:

6&Under	4:00-4:45 PM	M-Th
8&Under	4:45-5:30 PM	M-Th
9&Up Intermediate (Bronze)	5:30-6:30 PM	M-F (Fridays dry land training, wear gym clothes)
9&Up Advanced (Silver, Gold)	7:15-8:30 PM	M-Th, 5:30-6:30 F (dryland, wear gym clothes)

Dual Swim Meets: Warm-ups begin at 3:00 pm, Meets begin at 4:00 pm
Meet schedule will be posted and sent out after league meeting in late July.

Championship Meet: February 27, 2010 at the Summit Family YMCA

IF YOU HAVE ANY FURTHER QUESTIONS, PLEASE CONTACT MIKE STEELE,
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