

St. Johns Summer Swim League Championship Meet July 14 & 15, 2017

St. Johns Summer Swim League Championship Meet is around the corner. We wanted to give you as much information as possible to prepare for the meet. This year's meet is again located at the Cecil Field Aquatics Center (approximately 45 minutes away). The address is: 13611 Normandy Blvd. Jacksonville, FL

Directions

- Take I-295 N to Orange Park
- Exit #16 103rd Street towards Cecil Field
- Left on 103rd street
- Keep Right to turn right onto New World Blvd(@7.4 miles)
- Left on Normandy Blvd
- Right into the Equestrian/Aquatics Center
- Left to park at the Equestrian Center unless you have a parking pass

Meet Starting Info

<u>Age Group</u>	<u>8 & Under</u>	<u>9 & Up</u>
Swimmer/Volunteer Check in (at team tent)	July 14th – 4:30pm	July 15th – 6:30am
Warm-Ups	July 14th – 4:45pm	July 15th – 6:45am
Meet Begins	July 14th – 6:00pm	July 15th – 8:00am

Swimmer Requirements - Each child must have the following information on their RIGHT SHOULDER:

- Last Name, First Initial
- Team Initials (e.g. – BSST, PCP, SHST, etc.)

Events - Each child can be entered in up to 3 individual events and up to 2 relays. Each team can enter only 1 relay team per event.

High Point Award – The 3 top scoring swimmers in each age group (boys and girls) will receive a High Point Award. The scores will be calculated on the points scored on the individual events only.

Concessions - There will be a concession stand selling items such as pizza, hamburgers, hot dogs, candy, sports drinks. The location is inside adjacent to the therapy pool, with access via the spectator and bleacher area on the backside of the pool.

FRIDAY MENU

Pre-ordered Pizza

Hot Dogs

Chick-Fil-A Sandwiches

Pulled Pork Sandwiches

Nachos

Chips

Candy

Drinks (Coke, Diet Coke, Sprite, Gatorade, Water)

SATURDAY MENU

BREAKFAST:

Coffee

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Donuts
Go-Gurts
Bananas
Granola Bars
Chick-Fil-A Chicken Minis

LUNCH:

Pizza by the slice
Hot Dogs
Chick-Fil-A Sandwiches
Pulled Pork Sandwiches
Nachos
Chips
Candy
Drinks (Coke, Diet Coke, Sprite, Gatorade, Water)

Team Tents – Each team has rented tent(s) for use in the team areas. **NO PERSONAL TENTS WILL BE ALLOWED.** The map of Tent City is later in this packet.

Restrooms – The restrooms at the center of the softball fields are available for all to use. The inside locker rooms are **only** available to on-duty volunteers and swimmers lined up on deck awaiting their race.

Clerk of Course – This meet will be run “cardless” – the swimmers will need to report to the clerk of course immediately after their event is called. The meet will run very fast and will not stop if a child has not reported for their event. There will be an announcer tent by “tent city” announcing the events to report to clerk of course.

Pools - The therapy pool will be closed. There will be a couple of lanes open for cool down ONLY.

Cheering Fans - There are bleachers available at the end opposite the starting blocks. Spectators are NOT allowed to stand at the end of the lanes to cheer. This will be reserved for timers, stroke judges and meet marshals. After your child’s event, please clear the bleacher/pool deck for the next event’s parents. For 8 & under, your children will be escorted back to the Tent City via a Meet Marshall through the pool area. **SPECTATORS ARE ASKED NOT TO PLACE CHAIRS IN FRONT OF THE BLEACHERS OR THE AREA BESIDE THE BLEACHERS EAST SIDE ONLY (THAT IS THE END OF THE POOL CLOSEST TO OR AROUND THE THERAPY POOL.**

Code of Conduct – This document has been signed by your League reps and your coaches. Please review and help us ensure that we set a high standard for our children and families. **NO ALCOHOLIC BEVERAGES PERMITTED- per our contract with the City of Jacksonville, League Rules, and the League’s insurance carrier.**

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Warm Up Lanes
(FOR BOTH FRIDAY AND SATURDAY)

Lane 1	Fighting Turtles
Lane 2	Fighting Turtles
Lane 3	South Hampton
Lane 4	South Hampton
Lane 5	St Johns
Lane 6	St Johns
Lane 7	Heritage Landing
Lane 8	Heritage Landing
Lane 9	Julington Creek
Lane 10	Julington Creek
Lane 11	Nocatee
Lane 12	Nocatee
Lane 13	Durbin
Lane 14	Durbin
Lane 15	Bartram
Lane 16	Bartram

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Weather Delays

We will carry on with the meet as scheduled, but due to the fact there is a possibility of late afternoon storms on Friday, we may have to move the meet to the next morning. In the event we have to postpone Friday night due to weather, we will run two separate sessions on Saturday. The contingency plan will be to run the 8 & Under session from 8:00am to 11:30am. Warm up times will be 6:45am to 7:45am. We will take a break and start the 9 & up session at 1pm. Warm up times for 9 & ups will be from 11:45am to 12:45pm (during the break).

Procedure for weather at Cecil is in case of thunder and/or lightning a 30 minute delay is required. If there is a delay called while the child is in clerk of course one of two things will happen. If it is a situation of thunder and we feel there is no danger to your children, they will stay in their seats at clerk of course. If more severe conditions exist, the children will be sent to their team tents immediately and you may want to go to your cars. When we feel we are truly in the clear from any danger, we will begin to call children back to clerk of course 15 minutes before the delay is finished.

As you know, Florida has a bit more rain and lightning than most states and it comes and goes so quickly, so if you get into your car, do not go home unless we call the meet. League reps please make sure you keep your team as well as your website updated with any delays or changes in the meet schedule.

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Champ Meet Events

GIRLS	EVENT	BOYS
<u>Friday</u>		
1	6 and Under 100 Free Relay	2
3	7-8 100 Free Relay	4
5	8 and Under 25 Butterfly	6
7	6 and Under 25 Backstroke	8
9	7-8 25 Backstroke	10
11	8 and Under 25 Breaststroke	12
13	6 and Under 25 Freestyle	14
15	7-8 25 Freestyle	16
17	8 and Under 100 Medley Relay	18
<u>Saturday</u>		
19	9-10 100 IM	20
21	11-12 100 IM	22
23	13-14 100 IM	24
25	15-18 100 IM	26
27	10 and Under 200 Medley Relay	28
29	11-12 200 Medley Relay	30
31	13-18 200 Medley Relay	32
33	9-10 50 Butterfly	34
35	11-12 50 Butterfly	36
37	13-14 50 Butterfly	38

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39	15-18 50 Butterfly	40
41	9-10 50 Backstroke	42
43	11-12 50 Backstroke	44
45	13-14 50 Backstroke	46
47	15-18 50 Backstroke	48
49	10 and Under 100 Free	50
51	11-12 100 Free	52
53	13-14 100 Freestyle	54
55	15-18 100 Freestyle	56
57	9-10 50 Breaststroke	58
59	11-12 50 Breaststroke	60
61	13-14 50 Breaststroke	62
63	15-18 50 Breaststroke	64
65	9-10 50 Freestyle	66
67	11-12 50 Freestyle	68
69	13-14 50 Freestyle	70
71	15-18 50 Freestyle	72
73	9-10 200 Free Relay	74
75	11-12 200 Free Relay	76
77	13-18 200 Free Relay	78

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Point and Place Value for the Championship Meet

Individual events

1st place = 20 points
2nd place = 17 points
3rd place = 16 points
4th place = 15 points
5th place = 14 points
6th place = 13 points
7th place = 12 points
8th place = 11 points
9th place = 9 points
10th place = 7 points
11th place = 6 points
12th place = 5 points
13th place = 4 points
14th place = 3 points
15th place = 2 points
16th place = 1 point

Relays

1st place = 40 points
2nd place = 34 points
3rd place = 32 points
4th place = 30 points
5th place = 28 points
6th place = 26 points
7th place = 24 points
8th place = 22 points
9th place = 18 points
10th place = 14 points

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St. Johns Summer Swim League CODE OF CONDUCT

Team: _____

The purpose of the Code of Conduct is to build and maintain the League's high degree of character and positive reputation as a friendly and disciplined organization that promotes the good sportsmanship and teamwork. Additionally, these rules are in place for the safety and well-being of members. Members must show their commitment to abide by the rules of the team contained in the following Code of Conduct.

Below are the expectations of the St. Johns Summer Swim League (SJSSL) for all members, **including swimmers, coaches, volunteers, parents, and spectators:**

General Conduct:

- a) Any swimmer who is known to use alcohol, drugs, or tobacco is subject to suspension or expulsion from the League
- b) Swimmers and / or members are never to interfere with the progress of another swimmer during practice or otherwise
- c) All swimmers must attend a minimum of 3 swim meets to be able to participate in the Championship Meet at the end of the season
- d) At all club functions, including, but not limited to, practice, meets, or social gatherings, members are expected to behave where their actions reflect positively on the team and League
- e) All members of the League, whether parents or swimmers, will help build an excellent reputation for the SJSSL throughout the region
- f) Members should behave in a polite and orderly manner at any time they are representing the League
- g) This includes in the locker rooms and poolside at SJSSL events where we share the space with regular swimmers
- h) The team will not tolerate any type of harassment, intimidation, or bullying, in any form

In the water and on poolside members must:

- a) Behave in a safe and responsible manner, including following the posted pool rules
- b) Focus eyes and ears above the water and pointed toward the coach and / or meet officials when he/she is talking and have silent voices
- c) Obey promptly all instructions from the coaches and / or meet officials and obey instructions at meet from any of the officials or volunteers
- d) Not use abusive language or act in an aggressive manner
- e) Treat equipment with respect and not abuse it
- f) Remain with the team at all times at meets and practice
- g) When in doubt, coaches and / or meet officials are entrusted to have full and final control in determining what occurs in the pool area

Disciplinary Procedures

The following outline will familiarize you with the steps involved with disciplinary procedures. It is the League's expectation that we hope to never have to deal with any of these steps, but it is necessary to have a consistent policy regarding discipline.

In addition to Disciplinary procedures **could be** set into motion when any of the following occur:

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- a) Consistent or flagrant disregard of team and/or recreation center policies
- b) Disrespectful or unruly behavior while representing the SJSSL
- c) Use of profanity at any time while representing the SJSSL
- d) Actions during a meet or practice deemed disruptive by the coach
- e) Any act of violence or vandalism
- f) Commitment of a crime

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**St. Johns Summer Swim League
CODE OF CONDUCT**

Team: _____

The following outlines potential actions and consequences:

Level one: Member will be reprimanded by the BoD or coach and reminded that continued improper behavior may result in being dismissed from the team or event. At this point it is up to the coach as to whether the athlete should be sent home from a competition or practice depending on the severity of the infraction. The athlete will have to meet with the coach before he or she will be allowed back to the competition or practice.

Level Two: Member will be reprimanded by the BoD or coach and reminded that continued improper behavior may result in being dismissed from the team or event. Member will be sent home and will not be allowed back until he or she and a parent meets with the coach.

Level Three: Member will be immediately suspended. The length of the suspension is up to the coaching and Recreation Center staff; the severity of the inappropriate behavior will determine the length of the suspension.

The different Levels may be applied at the Coaches' and / or Board's sole discretion. They do **not** have to occur in succession, meaning Level 3 could be applied immediately, without Level 1 or Level 2, if the behavior warrants that application.

I understand and agree to follow the St. Johns Summer Swim League Code of Conduct and Disciplinary Action.

Team Rep Signature Date

Coach's Signature Date

Coach's Signature Date

Coach's Signature Date

ST JOHNS SUMMER
SWIM LEAGUE CHAMPS
JULY 14TH & 15TH

TENT CITY MAP - 2017

Clerk of Course Tents



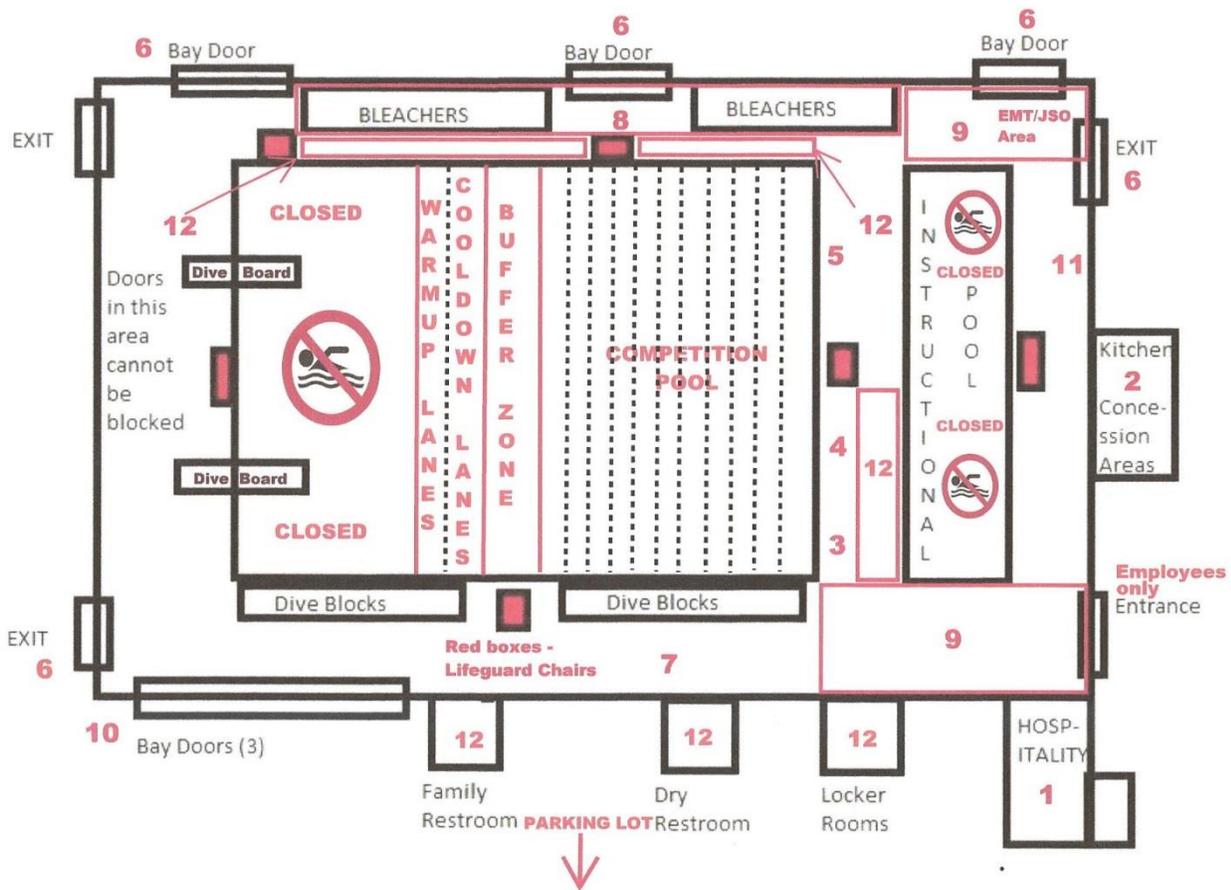
SJSSL - St Johns Summer League Championships Records

1	Girls 6&U 100 Free Relay	1:27.54	7/20/2012	Plantation Club Porpoises O Caccamise, A Robinson, M Swain, R Henley
2	Boys 6&U 100 Free Relay	1:27.14	7/15/2011	Fighting Turtles W Manaute, M Koziol, E Sands, D Henry
3	Girls 7-8 100 Free Relay	1:06.65	7/18/2014	Plantation Club Porpoises R Henley, A Revels, R Frechette, A Robinson
4	Boys 7-8 100 Free Relay	1:06.94	7/29/2016	St. Johns Stingrays C Dean, M Gumino, E Zahra, B Ringer
5	Girls 8&U 25 Fly	16.48	7/20/2012	Anna Moore - Porpoises
6	Boys 8&U 25 Fly	17.07	7/29/2016	Brandon Ringer - Stingrays
7	Girls 6&U 25 Back	21.98	7/18/2014	Olivia Moore - Porpoises
8	Boys 6&U 25 Back	22.91	7/15/2011	Raymond Prosiniski - Hammerheads
9	Girls 7-8 25 Back	18.32	7/17/2015	Landry Kelley - Barracudas
10	Boys 7-8 25 Back	18.92	7/29/2016	Brandon Ringer - Stingrays
11	Girls 8&U 25 Breast	21.21	7/18/2014	Kailey Papas - Hammerheads
12	Boys 8&U 25 Breast	19.93	7/20/2012	Nicky Tayag - Hurricanes
13	Girls 6&U 25 Free	17.48	7/18/2014	Olivia Moore - Porpoises
14	Boys 6&U 25 Free	18.57	7/16/2010	David Manaute - FT -FL
15	Girls 7-8 25 Free	14.88	7/20/2012	Anna Moore - Porpoises
16	Boys 7-8 25 Free	14.73	7/20/2012	David Manaute - FT -FL
17	Girls 8&U 100 Medley Relay	1:21.03	7/17/2015	Bartram Springs Barracudas L Kelley, K Campbell, E Carpenedo, E Sipkovsky
18	Boys 8&U 100 Medley Relay	1:18.80	7/29/2016	St. Johns Stingrays M Gumino, E Zahra, B Ringer, C Dean
19	Girls 10&U 100 IM	1:15.26	7/19/2014	Emma Chestang - Porpoises
20	Boys 10&U 100 IM	1:11.27	7/18/2015	Joseph Pyon - Barracudas
21	Girls 11-12 100 IM	1:09.57	7/18/2015	Haley Harris - NBT -FL
22	Boys 11-12 100 IM	1:01.92	7/30/2016	Nicholas Tayag - Hurricanes-FL
23	Girls 13-14 100 IM	1:04.24	7/30/2016	Haley Harris - NBT -FL
24	Boys 13-14 100 IM	58.84	7/30/2016	Nicholas Spillers - DCD -FL
25	Girls 15-18 100 IM	1:05.37	7/30/2016	Jennifer Brennocks - Hurricanes-FL
26	Boys 15-18 100 IM	58.56	7/30/2016	Eli Myron - Hurricanes-FL
27	Girls 10&U 200 Medley Relay	2:29.56	7/19/2014	Plantation Club Porpoises E Revels, B Robinson, E Chestang, B Shon
28	Boys 10&U 200 Medley Relay	2:34.17	7/18/2015	Bartram Springs Barracudas S Stephens, B Smith, J Pyon, C Loftin
29	Girls 11-12 200 Medley Relay	2:13.89	7/30/2016	Plantation Club Porpoises E Revels, B Shon, G Gavin, L Cronin
30	Boys 11-12 200 Medley Relay	2:06.78	7/30/2016	South Hampton Hurricanes M Campbell, N Tayag, D Orrego, T Lu
31	Girls 13-18 200 Medley Relay	1:58.04	7/18/2015	Plantation Club Porpoises K McKernan, K Revels, L Trummel, B Campbell
32	Boys 13-18 200 Medley Relay	1:45.37	7/30/2016	St. Johns Stingrays M Ray, T Armstrong, B Rieck, A Zawacki
33	Girls 9-10 50 Fly	34.69	7/19/2014	Emma Chestang - Porpoises
34	Boys 9-10 50 Fly	31.62	7/30/2016	Lucas Spillers - DCD -FL
35	Girls 11-12 50 Fly	28.56	7/30/2016	Grace Gavin - Porpoises
36	Boys 11-12 50 Fly	29.06	7/30/2016	Caleb Debus - NBT -FL
37	Girls 13-14 50 Fly	29.18	7/30/2016	Allie Larrimore - PPST -FL
38	Boys 13-14 50 Fly	25.11	7/30/2016	Nicholas Spillers - DCD -FL
39	Girls 15-18 50 Fly	27.93	7/18/2015	Lauren Trummel - Porpoises
40	Boys 15-18 50 Fly	24.33	7/30/2016	Zach Burke - Porpoises
41	Girls 9-10 50 Back	37.26	7/18/2015	Isabelle Higgs - Stingrays
42	Boys 9-10 50 Back	35.04	7/18/2015	Joseph Pyon - Barracudas
43	Girls 11-12 50 Back	31.79	7/30/2016	Grace Gavin - Porpoises
44	Boys 11-12 50 Back	30.00	7/30/2016	Joseph Pyon - Barracudas
45	Girls 13-14 50 Back	29.66	7/30/2016	Julia Sowell - Barracudas
46	Boys 13-14 50 Back	27.73	7/21/2012	Ethan Chestang - Porpoises

SJSSL - St Johns Summer League Championships Records

47	Girls 15-18 50 Back	30.18	7/30/2016	Kate Revels - Porpoises
48	Boys 15-18 50 Back	25.22	7/18/2015	Brian Rieck - Stingrays
49	Girls 10&U 100 Free	1:09.44	7/21/2012	Ciara Odonohoe - Stingrays
50	Boys 10&U 100 Free	1:02.41	7/30/2016	Lucas Spillers - DCD -FL
51	Girls 11-12 100 Free	59.28	7/30/2016	Jaimie Ray - Hammerheads
52	Boys 11-12 100 Free	54.32	7/30/2016	Nicholas Tayag - Hurricanes-FL
53	Girls 13-14 100 Free	56.49	7/30/2016	Haley Harris - NBT -FL
54	Boys 13-14 100 Free	50.27	7/30/2016	Michael Morton - Porpoises
55	Girls 15-18 100 Free	57.43	7/16/2011	Briana Stenbridge - Hammerheads
56	Boys 15-18 100 Free	49.69	7/30/2016	Brian Rieck - Stingrays
57	Girls 9-10 50 Breast	40.41	7/21/2012	Meredith Strickland - Porpoises
58	Boys 9-10 50 Breast	38.03	7/30/2016	Claude Loftin - Barracudas
59	Girls 11-12 50 Breast	35.55	7/18/2015	Ashleigh Churchill - Stingrays
60	Boys 11-12 50 Breast	31.48	7/30/2016	Nicholas Tayag - Hurricanes-FL
61	Girls 13-14 50 Breast	31.06	7/17/2010	Hannah Smith - Hammerheads
62	Boys 13-14 50 Breast	30.66	7/30/2016	Nicholas Spillers - DCD -FL
63	Girls 15-18 50 Breast	31.67	7/16/2011	Hannah Smith - Hammerheads
64	Boys 15-18 50 Breast	29.60	7/18/2015	Kevin Riemensperger - Porpoises
65	Girls 9-10 50 Free	31.18	7/18/2015	Emma Revels - Porpoises
66	Boys 9-10 50 Free	28.89	7/30/2016	Lucas Spillers - DCD -FL
67	Girls 11-12 50 Free	26.98	7/30/2016	Grace Gavin - Porpoises
68	Boys 11-12 50 Free	26.19	7/20/2013	Connor Easterling - Hurricanes
69	Girls 13-14 50 Free	25.75	7/17/2010	Hannah Smith - Hammerheads
70	Boys 13-14 50 Free	23.57	7/30/2016	Michael Morton - Porpoises
71	Girls 15-18 50 Free	26.14	7/16/2011	Hannah Smith - Hammerheads
72	Boys 15-18 50 Free	22.31	7/30/2016	Brian Rieck - Stingrays
73	Girls 9-10 200 Free Relay	2:13.35	7/18/2015	St. Johns Stingrays S Lego, A Carstens, E Lego, I Higgs
74	Boys 9-10 200 Free Relay	2:14.88	7/20/2013	St. Johns Stingrays T LaRue, J Loferski, G Gundaker, A Zawacki
75	Girls 11-12 200 Free Relay	1:57.38	7/30/2016	Heritage Landing Hammerheads B Magri, M Bryant, H Matthews, J Ray
76	Boys 11-12 200 Free Relay	1:53.43	7/30/2016	South Hampton Hurricanes M Campbell, T Lu, D Orrego, N Tayag
77	Girls 13-18 200 Free Relay	1:46.87	7/18/2015	Plantation Club Porpoises K Riemensperger, B Campbell, L Trummel, K Revels
78	Boys 13-18 200 Free Relay	1:34.11	7/30/2016	St. Johns Stingrays A Zawacki, M Ray, T Armstrong, B Rieck

CECIL FIELD AQUATIC CENTER – INSIDE MAP



Red Boxes indicate Life Guard Chairs

NO SPECTATOR CHAIRS SHOULD BE SETUP INSIDE THIS BUILDING

1. Award Center – drop off award boxes, ice and coolers Friday Night
2. Concession Stand
3. Computer Table – No traffic is allowed on the bulkhead behind
4. Officials Table – these tables
5. Coaches Tables
6. **Entrance/Exits that are available to SPECTATORS**
7. Behind the Blocks
8. Viewing Area for Parents
9. Restricted Areas – **PLEASE DO NOT BLOCK THESE LOCATIONS**
10. Pick up location for swimmers that have finished their swims
11. Champs T-shirt Sale Table
12. Officials Only Areas – only accessible to officials and swimmers awaiting their swim