

# St. Johns Summer Swim League Championship Meet

## July 29 & 30, 2016

St. Johns Summer Swim League Championship Meet is around the corner. We wanted to give you as much information as possible to prepare for the meet. This year's meet is again located at the Cecil Field Aquatics Center (approximately 45 minutes away). The address is: 13611 Normandy Blvd. Jacksonville, FL

### Directions

- Take I-295 N to Orange Park
- Exit #16 103<sup>rd</sup> Street towards Cecil Field
- Left on 103<sup>rd</sup> street
- Keep Right to turn right onto New World Blvd(@7.4 miles)
- Left on Normandy Blvd
- Right into the Equestrian/Aquatics Center
- Left to park at the Equestrian Center unless you have a parking pass

### Meet Starting Info

Age Group	8 and Under	9 and Up
Swimmer/Volunteer Check In (at Team Tent)	July 17 <sup>th</sup> 4:45 pm	July 19 <sup>th</sup> 6:45 am
Warm-ups	July 17 <sup>th</sup> 5:00 pm	July 19 <sup>th</sup> 7:00 am
Meet Begins	July 17 <sup>th</sup> 6:00 pm	July 19 <sup>th</sup> 8:00 am

**Swimmer Requirements** - Each child must have the following information on their RIGHT SHOULDER:

- Last Name, First Initial
- Team Initials (e.g. – BSST, PCP, SHST, etc.)

**Events** - Each child can be entered in up to 3 individual events and up to 2 relays. Each team can enter only 1 relay team per event.

**High Point Award** – The 3 top scoring swimmers in each age group (boys and girls) will receive a High Point Award. The scores will be calculated on the points scored on the individual events only.

**Concessions** - There will be a concession stand selling items such as pizza, hamburgers, hot dogs, candy, sports drinks as well as a shaved ice. The location is inside adjacent to the therapy pool, with access via the spectator and bleacher area on the backside of the pool. **The final menu will be published Monday evening, July 13, 2015.**

**Team Tents** – Each team has rented tent(s) for use in the team areas. **NO PERSONAL TENTS WILL BE ALLOWED.**

**Restrooms** – The restrooms at the center of the softball fields are available for all to use. The inside locker rooms are **only** available to on-duty volunteers and swimmers lined up on deck awaiting their race.

**Clerk of Course** – This meet will be run “cardless” – the swimmers will need to report to the clerk of course immediately after their event is called. The meet will run very fast and will not stop if a child has not reported for their event. There will be an announcer tent by “tent city” announcing the events to report to clerk of course.

**Pools** - The therapy pool will be closed. There will be a couple of lanes open for cool down ONLY.

**Cheering Fans** - There are bleachers available at the end opposite the starting blocks. Spectators are NOT allowed to stand at the end of the lanes to cheer. This will be reserved for timers, stroke judges and meet marshals. After your child's event, please clear the bleacher/pool deck for the next event's parents. For 8 & under, your children will be escorted back to the Tent City via a Meet Marshall through the pool area.

**SPECTATORS ARE ASK NOT TO PLACE CHAIRS IN FRONT OF THE BLEACHERS OR THE AREA BESIDE THE BLEACHERS EAST SIDE ONLY (THAT IS THE END OF THE POOL CLOSEST TO OR AROUND THE THERAPY POOL.**

**Code of Conduct** – This document has been signed by your League reps and your coaches. Please review and help us ensure that we set a high standard for our children and families.

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**NO ALCOHOLIC BEVERAGES PERMITTED- per our contract with the City of Jacksonville, League Rules, and the League's insurance carrier.**

### Warm Up Lanes

Warm up lane assignments will be published Monday evening, July 13, 2015.

### Weather Delays

We will carry on with the meet as scheduled, but due to the fact there is a possibility of late afternoon storms on Friday, we may have to move the meet to the next morning.

We will run two 8 lane pools on Saturday Morning. **This is only if the Friday night session is cancelled.**

The 8 & unders will swim on the bulk head side and the 9 & ups will swim on the diving well side. When the 8 & unders session is completed, we will take a 10 minute break to regroup. At that point the remaining boys events will be moved to the bulk head side and the girls events will remain on the diving well side.

The contingency warm-up schedule will be published later. Along with the start time for the two 8 lane pools.

We will try to run the meet quickly to have it finished before our deadline of 3:00 with Cecil or until the afternoon storms roll in again.

Procedure for weather at Cecil is in case of thunder and/or lightning a 30 minute delay is required. If there is a delay called while the child is in clerk of course one of two things will happen. If it is a situation of thunder and we feel there is no danger to your children, they will stay in their seats at clerk of course. If more severe conditions exist, the children will be sent to their team tents immediately and you may want to go to your cars. When we feel we are truly in the clear from any danger, we will begin to call children back to clerk of course 15 minutes before the delay is finished.

As you know, Florida has a bit more rain and lightning than most states and it comes and goes so quickly, so if you get into your car, do not go home unless we call the meet.

League reps please make sure you keep your team as well as your website updated with any delays or changes in the meet schedule.

**St. Johns Summer Swim League Championship Meet**  
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**Champ Meet Events**

GIRLS	EVENT	BOYS
<b>DAY 1 EVENTS</b>		
1	6 and Under 100 Free Relay	2
3	7-8 100 Free Relay	4
5	8 and Under 25 Butterfly	6
7	6 and Under 25 Backstroke	8
9	7-8 25 Backstroke	10
11	8 and Under 25 Breaststroke	12
13	6 and Under 25 Freestyle	14
15	7-8 25 Freestyle	16
17	8 and Under 100 Medley Relay	18
<b>DAY 2 EVENTS</b>		
19	9-10 100 IM	20
21	11-12 100 IM	22
23	13-14 100 IM	24
25	15-18 100 IM	26
27	10 and Under 200 Medley Relay	28
29	11-12 200 Medley Relay	30
31	13-18 200 Medley Relay	32
33	9-10 50 Butterfly	34
35	11-12 50 Butterfly	36
37	13-14 50 Butterfly	38
39	15-18 50 Butterfly	40
41	9-10 50 Backstroke	42
43	11-12 50 Backstroke	44
45	13-14 50 Backstroke	46
47	15-18 50 Backstroke	48
49	10 and Under 100 Free	50
51	11-12 100 Free	52
53	13-14 100 Freestyle	54
55	15-18 100 Freestyle	56
57	9-10 50 Breaststroke	58
59	11-12 50 Breaststroke	60
61	13-14 50 Breaststroke	62
63	15-18 50 Breaststroke	64
65	9-10 50 freestyle	66
67	11-12 50 freestyle	68
69	13-14 50 freestyle	70
71	15-18 50 freestyle	72
73	9-10 200 Free Relay	74
75	11-12 200 Free Relay	76
77	13-18 200 Free Relay	78

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**Point and Place Value for the Championship Meet**

**Individual events**

1<sup>st</sup> place = 20 points

2<sup>nd</sup> place = 17 points

3<sup>rd</sup> place = 16 points

4<sup>th</sup> place = 15 points

5<sup>th</sup> place = 14 points

6<sup>th</sup> place = 13 points

7<sup>th</sup> place = 12 points

8<sup>th</sup> place = 11 points

9<sup>th</sup> place = 9 points

10<sup>th</sup> place = 7 points

11<sup>th</sup> place = 6 points

12<sup>th</sup> place = 5 points

13<sup>th</sup> place = 4 points

14<sup>th</sup> place = 3 points

15<sup>th</sup> place = 2 points

16<sup>th</sup> place = 1 point

**Relays**

1<sup>st</sup> place = 40 points

2<sup>nd</sup> place = 34 points

3<sup>rd</sup> place = 32 points

4<sup>th</sup> place = 30 points

5<sup>th</sup> place = 28 points

6<sup>th</sup> place = 26 points

7<sup>th</sup> place = 24 points

8<sup>th</sup> place = 22 points

9<sup>th</sup> place = 18 points

10<sup>th</sup> place = 14 points

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## SJSSL Championship Records July 18 - 19, 2014

6 & Under Girls				Event	6 & Under Boys			
Olivia Moore	Plantation Club (PCP)	7/18/2014	21.98	<b>25 Back</b>	Raymond Proinski	Heritage Landing(HLH)	7/15/2011	22.91
Olivia Moore	Plantation Club (PCP)	7/18/2014	17.48	<b>25 Free</b>	David Manaute	World Golf Village(FT)	7/16/2010	18.57
7 - 8 Girls				Event	7 - 8 Boys			
Anna Moore	Plantation Club(PCP)	7/20/2012	16.48	<b>25 Fly</b>	David Manaute	World Golf Village(FT)	7/20/2012	17.19
Anna Moore	Plantation Club(PCP)	7/20/2012	18.47	<b>25 Back</b>	Joseph Pyon	Bartram Springs(BSST)	7/19/2013	19.07
Kailey Papas	Heritage Landing(HLH)	7/18/2014	21.21	<b>25 Breast</b>	Nicky Tayag	South Hampton(SHST)	7/20/2012	19.93
Anna Moore	Plantation Club(PCP)	7/20/2012	14.88	<b>25 Free</b>	David Manaute	World Golf Village(FT)	7/20/2012	14.73
*****				<b>100 Free</b>	*****			
*****				<b>100 IM</b>	*****			
9 - 10 Girls				Event	9 - 10 Boys			
Emma Chestang	Plantation Club (PCP)	7/19/2014	34.69	<b>50 Fly</b>	Cameron Dafoe	Bartram Springs(BSST)	7/21/2012	32.43
Emma Revels	Plantation Club(PCP)	7/19/2014	38.06	<b>50 Back</b>	Parker Stastny	South Hampton(SHST)	7/17/2010	36.69
Meredith Strickland	Plantation Club(PCP)	7/21/2012	40.41	<b>50 Breast</b>	Cameron Dafoe	Bartram Springs(BSST)	7/21/2012	40.37
Ciara Odonohoe	St. Johns Stingrays(SJS)	7/21/2012	31.58	<b>50 Free</b>	David Manaute	World Golf Village(FT)	7/19/2014	30.00
Ciara Odonohoe	St. Johns Stingrays(SJS)	7/21/2012	1:09.44	<b>100 Free</b>	Michael Morton	Plantation Club(PCP)	7/21/2012	1:06.96
Emma Chestang	Plantation Club (PCP)	7/19/2014	1:15.26	<b>100 IM</b>	Cameron Dafoe	Bartram Springs(BSST)	7/21/2012	1:12.30
11 - 12 Girls				Event	11 - 12 Boys			
Lexi Smith	Bartram Springs(BSST)	7/20/2013	31.95	<b>50 Fly</b>	Jacob White	Plantation Club(PCP)	7/19/2014	30.42
Julia Sowell	Bartram Springs(BSST)	7/19/2014	33.00	<b>50 Back</b>	Cameron Dafoe	Bartram Springs(BSST)	7/20/2013	33.14
					Jacob White	Plantation Club(PCP)	7/19/2014	33.14
Corissa Nemecek	Bartram Springs(BSST)	7/20/2013	37.31	<b>50 Breast</b>	Jared Bassett	World Golf Village(FT)	7/26/2008	35.22
Kit Loferski	St. Johns Stingrays(SJS)	7/17/2010	28.31	<b>50 Free</b>	Connor Easterling	South Hampton(SHST)	7/20/2013	26.19
Lexi Smith	Bartram Springs(BSST)	7/20/2013	1:00.64	<b>100 Free</b>	Nick Spiller	World Golf Village(FT)	7/19/2014	1:03.18
Lexi Smith	Bartram Springs(BSST)	7/20/2013	1:10.58	<b>100 IM</b>	Connor Easterling	South Hampton(SHST)	7/20/2013	1:06.93
13 - 14 Girls				Event	13 - 14 Boys			
Rhiannon O'Donohoe	St. Johns Stingrays(SJS)	7/20/2013	29.54	<b>50 Fly</b>	Brian Rieck	St. Johns Stingrays(SJS)	7/21/2012	26.71
Rhiannon O'Donohoe	St. Johns Stingrays(SJS)	7/21/2012	31.60	<b>50 Back</b>	Ethan Chestang	Plantation Club(PCP)	7/21/2012	27.73
Hannah Smith	Heritage Landing(HLH)	7/17/2010	31.06	<b>50 Breast</b>	Park VonStein	St. Johns Stingrays(SJS)	7/16/2011	32.55
Hannah Smith	Heritage Landing(HLH)	7/17/2010	25.75	<b>50 Free</b>	Jackson Frazier	Marsh Landing(MLM)	7/18/2009	24.93
					Tony Yin	St. Johns Stingrays(SJS)	7/17/2010	24.93
Hannah Smith	Heritage Landing(HLH)	7/17/2010	56.87	<b>100 Free</b>	Ethan Chestang	Plantation Club(PCP)	7/21/2012	52.48
Rhiannon O'Donohoe	St. Johns Stingrays(SJS)	7/21/2012	1:06.54	<b>100 IM</b>	Brian Rieck	St. Johns Stingrays(SJS)	7/21/2012	1:00.73
15 - 18 Girls				Event	15 - 18 Boys			
Caroline Nemecek	Bartram Springs(BSST)	7/19/2014	29.19	<b>50 Fly</b>	Samuel Williams	Plantation Club(PCP)	7/19/2014	24.54
Sydney Sherwood	Plantation Club(PCP)	7/21/2012	31.10	<b>50 Back</b>	Bryden Leclair	St. Johns Stingrays(SJS)	7/21/2012	27.77
Hannah Smith	Heritage Landing(HLH)	7/16/2011	31.00	<b>50 Breast</b>	Kevin Riemensperger	Plantation Club(PCP)	7/20/2013	29.84
Hannah Smith	Heritage Landing(HLH)	7/16/2011	31.67	<b>50 Free</b>	John Oswald	Heritage Landing(HLH)	7/19/2014	22.89
Briana Stembridge	Heritage Landing(HLH)	7/16/2011	57.43	<b>100 Free</b>	Ren Art	Plantation Club(PCP)	7/20/2013	50.82
Rhiannon O'Donohoe	St. Johns Stingrays(SJS)	7/19/2014	1:06.24	<b>100 IM</b>	Kevin Riemensperger	Plantation Club(PCP)	7/20/2013	59.89

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8 & Under Girls				Event	8 & Under Boys			
Addison Revels Avery Robinson Ryann Frechette Reese Henley	Plantation Club (PCP)	7/18/2014	1:21.66	<b>100 Medley Relay</b>	Grant Fentress Peter Hudson Chase Healey Jack McCabe	St Johns Stingrays(SJS)	7/20/2013	0:00
10 & Under Girls				Event	10 & Under Boys			
Caroline Serrahn Taylor Candeletti Kara Knox Shelby McMullin	World Golf Village (FT)	7/21/2012	1:08.97	<b>100 Medley Relay</b>	Sean Flaherty Jacob White Michael Morton Charlie Swain	Plantation Club (PCP)	7/21/2012	1:11.30
10 & Under Girls				Event	10 & Under Boys			
Emma Revels Brenna Robinson Emma Chestang Brooke Shon	Plantation Club (PCP)	7/19/2014	2:29.56	<b>200 Medley Relay</b>	Alex Subotich Benjamin Ramirez Aidan Paro Keanan Sexton	Plantation Club (PCP)	7/19/2014	2:42.85
11 - 12 Girls				Event	11 - 12 Boys			
Jula Sowell Corissa Nemecek Emma Geiger Lexi Smith	Bartram Springs(BSST)	7/20/2013	2:16.07	<b>200 Medley Relay</b>	Parker Stastny Ian McClintock John Ryan Matthew Lavender	South Hampton(SHST)	7/16/2011	2:19.37
13 - 18 Girls				Event	13 - 18 Boys			
Rebecca Crosby Hannah Smith Lacy Powell Briana Stemberidge	Heritage Landing(HLH)	7/16/2011	2:01.78	<b>200 Medley Relay</b>	Justin McQuillen David Butz Samuel Williams Dalton Maxwell	Plantation Club (PCP)	7/19/2014	1:50.35
6 & Under Girls				Event	6 & Under Boys			
Olivia Caccamise Avery Robinson Mallory Swain Reese Henley	Plantation Club (PCP)	7/20/2012	1:27.54	<b>100 Free Relay</b>	David Manaute Matthew Kozial Ethan Sands Henry Dominique	World Golf Village (FT)	7/15/2011	1:27.14
7 - 8 Girls				Event	7 - 8 Boys			
Reese Henley Addison Revels Ryann Frechette Avery Robinson	Plantation Club (PCP)	7/18/2014	1:06.65	<b>100 Free Relay</b>	Aidan Paro Alex Subotich Keanan Sexton Michael Garwood	Plantation Club (PCP)	7/19/2013	1:07.49
9 - 10 Girls				Event	9 - 10 Boys			
Emmy Iannone Madison Braum Emilee Ivan Amelia Tayag	South Hampton(SHST)	7/16/2011	1:01.25	<b>100 Free Relay</b>	Charlie Swain Trey Pennington Michael Morton Jacob White	Plantation Club (PCP)	7/21/2012	1:00.12
9 - 10 Girls				Event	9 - 10 Boys			
Ashley Councilor Brook Shon Emma Chestang Emma Revels	Plantation Club (PCP)	7/19/2014	2:14.06	<b>200 Free Relay</b>	Ty LaRue Jon Loferski Gavin Gundaker Aaron Zawacki	St. Johns Stingrays(SJS)	7/20/2013	2:14.88
11 - 12 Girls				Event	11 - 12 Boys			
Corissa Nemecek Noelle Schultz Emma Geiger Lexi Smith	Bartram Springs(BSST)	7/20/2013	2:00.35	<b>200 Free Relay</b>	Grant Cioffi Adrian Oake Ryan Krejci Connor Easterling	South Hampton(SHST)	7/21/2012	2:04.80
13 - 18 Girls				Event	13 - 18 Boys			
Briana Stemberidge Lacy Powell Rebecca Crosby Hannah Smith	Heritage Landing(HLH)	7/16/2011	1:48.21	<b>200 Free Relay</b>	Matthew Blewitt Justin McQuillen Samuel Williams Dalton Maxwell	Plantation Club (PCP)	7/19/2014	1:36.13

**St. Johns Summer Swim League Championship Meet  
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**Tent City Map - 2016**



# St. Johns Summer Swim League Championship Meet July 29 & 30, 2016

## St. Johns Summer Swim League CODE OF CONDUCT

Team: \_\_\_\_\_

The purpose of the Code of Conduct is to build and maintain the League's high degree of character and positive reputation as a friendly and disciplined organization that promotes the good sportsmanship and teamwork. Additionally, these rules are in place for the safety and well-being of members. Members must show their commitment to abide by the rules of the team contained in the following Code of Conduct.

Below are the expectations of the St. Johns Summer Swim League (SJSSL) for all members, **including swimmers, coaches, volunteers, parents, and spectators:**

### **General Conduct:**

- a) Any swimmer who is known to use alcohol, drugs, or tobacco is subject to suspension or expulsion from the League
- b) Swimmers and / or members are never to interfere with the progress of another swimmer during practice or otherwise
- c) All swimmers must attend a minimum of 3 swim meets to be able to participate in the Championship Meet at the end of the season
- d) At all club functions, including, but not limited to, practice, meets, or social gatherings, members are expected to behave where their actions reflect positively on the team and League
- e) All members of the League, whether parents or swimmers, will help build an excellent reputation for the SJSSL throughout the region
- f) Members should behave in a polite and orderly manner at any time they are representing the League
- g) This includes in the locker rooms and poolside at SJSSL events where we share the space with regular swimmers
- h) The team will not tolerate any type of harassment, intimidation, or bullying, in any form

### **In the water and on poolside members must:**

- a) Behave in a safe and responsible manner, including following the posted pool rules
- b) Focus eyes and ears above the water and pointed toward the coach and / or meet officials when he/she is talking and have silent voices
- c) Obey promptly all instructions from the coaches and / or meet officials and obey instructions at meets from any of the officials or volunteers
- d) Not use abusive language or act in an aggressive manner
- e) Treat equipment with respect and not abuse it
- f) Remain with the team at all times at meets and practice
- g) When in doubt, coaches and / or meet officials are entrusted to have full and final control in determining what occurs in the pool area

### **Disciplinary Procedures**

The following outline will familiarize you with the steps involved with disciplinary procedures. It is the League's expectation that we hope to never have to deal with any of these steps, but it is necessary to have a consistent policy regarding discipline.

In addition to Disciplinary procedures **could be** set into motion when any of the following occur:

- a) Consistent or flagrant disregard of team and/or recreation center policies
- b) Disrespectful or unruly behavior while representing the SJSSL
- c) Use of profanity at any time while representing the SJSSL
- d) Actions during a meet or practice deemed disruptive by the coach
- e) Any act of violence or vandalism
- f) Commitment of a crime

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## St. Johns Summer Swim League CODE OF CONDUCT

Team: \_\_\_\_\_

The following outlines potential actions and consequences:

**Level one:** Member will be reprimanded by the BoD or coach and reminded that continued improper behavior may result in being dismissed from the team or event. At this point it is up to the coach as to whether the athlete should be sent home from a competition or practice depending on the severity of the infraction. The athlete will have to meet with the coach before he or she will be allowed back to the competition or practice.

**Level Two:** Member will be reprimanded by the BoD or coach and reminded that continued improper behavior may result in being dismissed from the team or event. Member will be sent home and will not be allowed back until he or she and a parent meets with the coach.

**Level Three:** Member will be immediately suspended. The length of the suspension is up to the coaching and Recreation Center staff; the severity of the inappropriate behavior will determine the length of the suspension.

The different Levels may be applied at the Coaches' and / or Board's sole discretion. They do **not** have to occur in succession, meaning Level 3 could be applied immediately, without Level 1 or Level 2, if the behavior warrants that application.

**I understand and agree to follow the St. Johns Summer Swim League Code of Conduct and Disciplinary Action.**

\_\_\_\_\_  
**Team Rep Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Coach's Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Coach's Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Coach's Signature**

\_\_\_\_\_  
**Date**