



## 2016 PRACTICE SCHEDULE

### School Schedule (April 30th - May 28th)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00-5:00pm All 7 & Under's	No Practice	3:15-4:15pm 7 & Under <b>BOYS</b>	3:30-4:30pm 8 yr olds	No Practice	7:15-8:15am All 7 & Under's
4:45-6:00pm 8 & 9 yr olds		4:00-5:00pm 7 & Under <b>GIRLS</b>	4:15-5:15pm 9 yr olds		8:00-9:00am 8 & 9 yr olds
5:45-7:00pm 10 & Up's		4:45-5:45pm 10 yr olds	5:00-6:00pm 11 & Up's		8:45-9:45am 10 & Up's
15min Dryland 45min Water		15min Dryland 45min Water	15min Dryland 45min Water		15min Dryland 45min Water

### Summer Schedule (May 30 - July 28th)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00-5:00pm All 7 & Under's	No Practice	7:15-8:15am All 7 & Under's	7:15-8:15am All 7 & Under's	7:15-8:15am All 7 & Under's	Meets
4:45-6:00pm 8 & 9 yr olds		8:00-9:00am 8 & 9 yr olds	8:00-9:00am 8 & 9 yr olds	8:00-9:00am 8 & 9 yr olds	
5:45-7:00pm 10 & Up's		8:45-9:45am 10 & Up's	8:45-9:45am 10 & Up's	8:45-9:45am 10 & Up's	
15min Dryland 45min Water		15min Dryland 45min Water	15min Dryland 45min Water	15min Dryland 45min Water	