

Swim SMARTER Not HARDER!!

OPEN TO ALL SUMMER SWIM LEAGUE AND LOGGERHEAD SWIMMERS!

Learn Proper Stroke Technique

Loggerhead Aquatics is offering one-day clinics this summer focusing on stroke development fundamentals. Loggerhead Aquatics one-of-a-kind Stroke Doctor training program features cutting edge drills to help grow each swimmers understanding of the stroke, and more importantly, confidence in themselves and the sport.

Date	Skill	10 & under	11 & up
June 9 th	Freestyle	11:30am-1pm	1pm-2:30pm
June 10 th	Backstroke	11:30 am-1pm	1pm-2:30pm
June 16 th	Breaststroke	11:30am-1pm	1pm-2:30pm
June 17 th	Butterfly	11:30am-1pm	1pm-2:30pm
June 30 th	Turns & underwater racing	11:30am-1pm	1pm-2:30pm
July 1 st	Starts & underwater racing	11:30am-1pm	1pm-2:30pm

REGISTER NOW:

RESERVE YOUR SPOT

- Send email to: <mailto:Challengetraditions@gmail.com>
- Include the # of swimmers and session date and time you would like to attend

COST

- \$25.00 per session due day of the clinic.

LOCATION

- Julington Creek Aquatic Center (across the street from the Champions Club Golf Course)

