

Season Schedule

AFTER SCHOOL PRACTICES — May 15th – 31st

Ages 6 and Under: 4:30 to 5:00 pm

Ages 7 to 10: 5:00 to 5:30 pm

(new swimmer and needs stroke work)

Ages 7-10: 5:30 to 6:00 pm (Know strokes)

Ages 11 and Up: 6:00 to 6:30 pm

MORNING PRACTICES — June 2nd-June 23rd

Ages 6 and Under: 8:00 to 8:30 am

Ages 7 – 10 (need stroke work): 8:30 to 9:10 am

Ages 7 – 10(know strokes): 9:10 to 9:50 am

Ages 11 and Up: 9:50 to 10:30 am

Swim Meets

**No practice the day of the meet

Meet #1: Saturday, May 27, 8am

Away meet at Sonterra CC
901 Sonterra Blvd., 78258

Meet #2: Monday, June 5, 5:30pm

Away Meet at Mountain Lodge
24108 Seven Winds, 78258

Meet #3: Monday, June 12, 6pm

Home meet vs. Whispering Oaks

Meet #4: Monday, June 19, 6pm

Home meet vs. Alamo Heights

CHAMPS MEET: Sunday, June 25

Palo Alto

All Stars Meet: Thursday, June 29

Palo Alto

Other Important Dates

Saturday, May 20, 9a – Individual pictures, and T-shirt delivery at the Pool. Group Picture @ 10.
No practice: May 24, 26, May 29th or June 1
Monday, June 26– Barracuda Awards Party 5-9pm

It will be mandatory for all officials (new and returning) to attend 1 of 3 trainings. May 7,13, or 21. Email donnawitt@hotmail.com to RSVP.

Barracuda Board

President: Amy Douglas (996.0130)
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Registration: Jana Duke (363-5262)
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Treasurer: Julie Renouf (422-05212)
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Braun Station Barracudas

2017 Handbook



Coaching Staff

Head Coach: Joe O'Malley
omalleyjoe@hotmail.com
Assistant Coach: Christina Via
christinavia@yahoo.com
Lifeguard Coaches

<http://braunstation.swim-team.us/>

Login with password: welcome



Braun Station Barracudas

<http://www.maverickssl.com/main/>

Welcome Barracudas!

The Barracudas are looking forward to another great swim season. The enclosed information is to help you, your swimmers and the team overall have an excellent swim team experience.

We are members of the Maverick Summer Swim League (MSSL.) We will be competing against 4 other teams in the league.

The swim team's goal is to provide the support our swimmers need, to help them have a completely enjoyable and rewarding experience, and to learn the four competitive swim strokes. Swimming is a life skill that will benefit all children. With these goals in mind, here is the info. you need to know:

Important Registration Information:

Registration Mtg.- April 23rd from 2-4pm

Braun Station resident registration begins April 23.

Returning team member registration begins May 1.

New team member out of neighborhood registration begins May 8.

Registration Fees:

First Swimmer - \$100

Second Swimmer - \$95

Third Swimmer - \$90

Age 14 and up - \$75

Concession Fee:

A flat donation of \$20 per family will be required.

Out of Residence Fee: \$20/family
Registration after May 15 will incur a \$25 late fee.

Final registration date will be May 23.

No refunds after this date.

Team swim suits:

\$51(girls)/\$34(boys)

Available at practice on Wednesday, May 17
(4:30 - 6:30)

Meet Assignments & Procedures

****Parents are required to choose an assignment at each meet in which their swimmer(s) participates. Assignment selections will be available online several days prior to each meet. All positions are essential for each meet to take place.****

Set-Up - Assist with set-up of shade canopies, signs, & other meet necessities both home and away.

Clean up - Break down and store canopies, general clean up after meet (approximately 9pm).

Check in - Responsible for checking in swimmers and volunteers at meets.

Line-up - Responsible for staying in tent with swimmers and getting them to their events.

Timers - These individuals work half of the meet, timing swimmers.

Concession Stand - Only needed for Home Meets.

Ribbons - Organize ribbons after the meet and have them to practice by 8a.

Ribbon Celebration - Hand out ribbons and treats the day after the meet.

**Other assignments will be available as needs arise.

Practice Attendance: *Your swimmer's attendance at practice may influence participation in meet events. Please attend swim practice.*

****Meet Attendance:** Swimmers must commit to each meet by the Friday prior to the meet. Swimmers not committed will not be built into the meet. Our new league does not allow any late entries. **Transportation:** It is the responsibility of each parent to provide transportation to and from each meet.

Check-in: Upon arrival to a swim meet, all swimmers must check in with their designated line-up parent for their specific age group. A parent must check in to volunteer.

Ready Area: Age specific tents or areas are provided at all swim meets for our swimmers. All swimmers are expected to sit in the ready area with their teammates and line-up parents. It is helpful to send card games, books, games, healthy snacks, etc. to keep swimmers comfortable while waiting for their events. Please DO NOT allow swimmers to sit in stands with parents; this creates difficulty during event line up. Bring water for your swimmer.

Swim Meets: For your enjoyment at each meet, come prepared with lawn chairs, sunscreen, water, and cash for snack bar. Meets generally last about four hours.

Barracuda Coach's Policy

**All swimmers must be able to swim the length of the pool unassisted and not grabbing hold of the lane lines to be able to compete in a swim meet or an event.

1. The swimmer may continue to *practice* and improve with help of the assistant and volunteer coaches.
2. The team holds the right to ask any swimmer to take lessons and come back next year if they are not at a level of being safe in the pool.

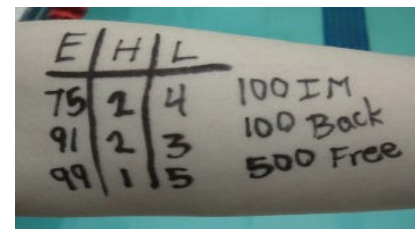
The swimmer may take lessons via several different avenues. Here are just a few options:

- A) Swim lessons offered at one of the Braun Station pools.
- B) Swim lessons offered by San Antonio Swim Academy or through NISD.

If a swimmer or his/her family feels they should have swam a certain stroke that he/she has not timed for or has not been placed in that event previously, then the swimmer or parent can speak to the Coach and the student will be evaluated during the next week's practice.

Please keep two things in mind during this process:

1. Swimmers may swim no more than 3 individual events and 1 relay or 2 individual and 2 relay during any given meet.
2. The Head Coach has the final decision in the matter of whether a swimmer swims in an event. Once entries are turned in for a meet they may not be altered per the rules of the MSSL.



An example of marking your swimmer for a meet.