

SMITHSON VALLEY SEA DRAGONS PRACTICE TIMES

MAY

Mondays- Wednesdays- Fridays

4:45-5:15 (Ages 7-8)

5:15-5:50 (Ages 9-10)

5:50-6:35 (Ages 11-12)

6:35-7:30 (Ages 13-18)

Saturdays

9:00-9:45 (Ages 13-18)

9:45-10:30 (Ages 11-12)

10:30-11:00 (Ages 9-10)

11:00-11:30 (Ages 7-8)

11:30-12:00 (Tadpoles: 6&Under)

JUNE

Mondays-Wednesdays-Fridays

8:30-9:30 (Ages 13-18)

9:35-10:30 (Ages 11-12)

10:30-11:15 (Ages 9-10)

11:15-11:45 (Ages 7-8)

11:45-12:15 (Tadpoles: 6&Under)

Tuesdays and Thursdays

1:30-2:30 (Ages 13-18)

2:30-3:20 (Ages 11-12)

3:20-4:00 (Ages 9-10)

4:00-4:30 (Ages 7-8) & 6&U

ALL SATURDAY MORNING PRACTICES WILL FOLLOW SCHEDULE ESTABLISHED IN MAY!

NO PRACTICES HELD ON THE DAYS OF MEETS!