



E – Event #

H – Heat #

L – Lane #

I will sometimes put the stroke out to the side as well

Fr- Freestyle

Bk- Backstroke

Br – Breaststroke

Fly – Butterfly

MR-bk = Medley Relay – backstroke

FR 3 – Free Relay – 3rd swimmer

ORDER of MEDLEY RELAY

Backstroke

Breaststroke

Butterfly

Freestyle