

ORDER OF EVENTS:

Saturday, July 8, 2 017

Session 1 (Ages 9 & 10s)

Warm-up at 7:30 AM

Starting Time: 9:20 AM (session concludes at approximately 1:00)

This session will begin with an “honorary heat” swum by invited swimmers with disabilities.

GIRLS	AGE	EVENT	BOYS
1	9-10	100 Freestyle Relay	2
3	9-10	100 Medley Relay	4
10 Minute Break			
5	9-10	25 Backstroke	6
7	9-10	25 Freestyle	8
5 Minute Break			
9	10 & U	100 IM	10
10 Minute Break			
11	9-10	50 Freestyle	12
13	9-10	25 Breaststroke	14
5 Minute Break			
15	9-10	25 Butterfly	16

Session 2 (Double Session – Ages 13-14 & 15-18) All events are in the Main Pool

Warm-up at 1:30 PM

Starting Time: 3:15 PM (Session concludes at approximately 7:30 PM)

GIRLS	AGE	EVENT	BOYS
17	13-14	200 Freestyle Relay	18
19	15-18	200 Freestyle Relay	20
21	13-14	200 Medley Relay	22
23	15-18	200 Medley Relay	24
10 Minute Break			
25	13-14	50 Backstroke	26
27	15-18	50 Backstroke	28
29	13-14	50 Freestyle	30
31	15-18	50 Freestyle	32
33	13-14	100 IM	34
35	15-18	100 IM	36
37	13-14	100 Freestyle	38
39	15-18	100 Freestyle	40
41	13-14	50 Breaststroke	42
43	15-18	50 Breaststroke	44
45	13-14	50 Butterfly	46
47	15-18	50 Butterfly	48

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Sunday, July 9, 2017

Session 3 (Ages 8 & Under)

Warm-up at 7:30 AM

Starting Time: 9:15 AM (Session concludes at approximately 1:00 PM)

GIRLS	AGE	EVENT	BOYS
49	8 & Under	100 Free Relay	50
51	8 & Under	100 Medley Relay	52
10 Minute Break			
53	6 & Under	25 Backstroke	54
55	7-8	25 Backstroke	56
57	6 & Under	25 Freestyle	58
59	7-8	25 Freestyle	60
10 Minute Break			
61	8 & Under	50 Freestyle	62
5 Minute Break			
63	8 & Under	25 Breaststroke	64
5 Minute Break			
65	8 & Under	25 Butterfly	66

Sunday, July 9, 2017

Session 4 (Ages 11-12)

Warm-up at 1:15 PM

Starting Time: 3:00 PM (Session concludes at approximately 6:30 PM)

GIRLS	AGE	EVENT	BOYS
67	11-12	200 Freestyle Relay	68
69	11-12	200 Medley Relay	70
10 Minute Break			
71	11-12	50 Backstroke	72
73	11-12	50 Freestyle	74
5 Minute Break			
75	11-12	100 IM	76
10 Minute Break			
77	11-12	100 Freestyle	78
79	11-12	50 Breaststroke	80
5 Minute Break			
81	11-12	50 Butterfly	82