



SWIM FOR YOUR LIFE!

It's the end of our pool as we know it!

Red Division Zomb Conference

July 22, 2017

Hosted by: Addison Frogs

Warm Up Schedule

- 6:15-6:35 Addison Warm ups
- 6:35-6:55 Villa Park Warm ups
- 6:55-7:15 Lombard Warm ups
- 7:15-7:35 Carol Stream Warm ups

Coaches and Officials Schedule

- 6:30-7:30 am All Official and Meet Workers check in
- 7:35 Scratch Meeting-All Coaches Score Table
- 7:45 Starter/Referee & Judges Meeting Score Table
- 7:50 Timers & Writers Meeting Score Table

Meet Schedule

- 7:50 Parade Line Up
- 8:00 Parade
 - Senior Recognition & Mixing of the water
 - National Anthem
- 8:20 First Events called to Clerk of Course
- 8:30 Meet Starts! Swim for your life!

