



Colony Creek Mariners

May 2, 2017

President's Corner

What happens when you arrive at a swim meet?

Highlight in, have numbers written on your arm by a lane parent, let the coach know you have arrived and warm up. If your child is not staying with a lane parent in a tent, then it is your responsibility (or your child's) to get to their events.

During the meet?

Stay hydrated, time eating with events, stay out of the sun and no playing on the playground until after your event.

After the meet?

Clean up your area! Join us later to celebrate at our sponsor restaurant.

Board positions up for election:

2 year terms – Sponsorship, Volunteer Coordinator, Concessions, Equipment

1 year terms – President, Secretary, Board Member at Large

Refund Policy: Only up until Trial Meet minus \$20 fee for t shirt and swim cap. Must request through a board member and will be submitted for review and approval.

Meet Information

This Saturday is our trial meet. Please plan to arrive by **7:00 am**. We will practice from 7:15-8:00am. The meet will begin at 8:30. This meet is only for our team and it will give the swimmers and the parents a chance to see what a real meet is all about. It will run just like a real meet with the exception that we are not hosting another team. **If you are a volunteer for that day, make sure you check in with Kim Hamilton so you can receive credit for your volunteer hours.**

Upcoming Events

May 6th

Trial Meet

@ Colony Creek Pool

If you are not going to be able to be at the meet, please let the coaches know by Tuesday, May 2nd

May 8th

Individual and Team Pictures

@ Colony Creek Pool
Individuals begin @ 5:00
Team Picture @ 6:00

Spirit Night at Double Dave's immediately following pictures.

Please visit our website at:

colonycreek.swim-team.us

Here you will find our calendar of events, swim practice schedule and other valuable information.



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Coaches Corner

Wanted to say that we survived the first real week of practice :) cold water and all.

We spend the first 2 weeks evaluating your new swimmer and returning swimmers.

Please give us a couple of weeks to do this. We want the best for your child and sometimes it takes that amount of time for your swimmer to figure it out.

We cannot make them swim but we can give them the all they need to know and they have to decide if they want to trust us to use it.

We will also have our last cut on Friday. Your child must be able to swim the length of the pool, UNASSISTED to make the team.

Saturday, May 6th is the trial meet. It is Boys vs Girls. If you are a new swimmer and CANNOT be there you must be at practice on Tuesday, May 9th to get a time or you cannot swim in the meet on Saturday, May 13th.

Please watch the weather for it shows that it will be in the 50's on Saturday morning. Good for us, not the swimmers. BRING SEVERAL TOWELS AND WARM CLOTHES.

BE ON TIME OR YOU WILL NOT BE ABLE TO WARM UP WITH THE TEAM

Please be there by 7 am.

Coach Kathy

Volunteer Information

15-18 year olds who have signed up to help the coaches: we had no volunteers show up for their times they signed up for last Thursday. The coaches need the help! If you signed up for a slot, and then don't show, you are leaving the coaches in a bind. Please check the book. Cross your name out if you know you can't be there. This will allow others to sign up in that place.

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Volunteer grant programs are corporate giving programs created to encourage volunteerism in communities where employees live and work. Volunteer Grants come in two forms:

1. A set monetary donation for every hour an employee volunteers
2. A set grant amount once employees reach certain thresholds

For example, ExxonMobil awards a \$500 grant to a nonprofit once a team of five or more eligible participants volunteer for a combined total of at least 20 hours or an individual completes 20 hours.

Then Employees/volunteers log their hours and request the volunteer grant electronically at <https://www.easymatch.com/exxonmobil/>.

Here is a list of other companies that offer volunteer grant programs: Aetna, Outerwall (Coinstar/Redbox), Verizon, ConocoPhillips, Microsoft, Dell, RealNetworks, Time Warner, Allstate and BP found at [doublethedonation.com](http://doublethedonation.com) Once you click on a company if you scroll 2/3 down the page there is a link to "Search another company" and to see if your company offers a similar program as well as the link to submit for the grant to nonprofit organizations.