

JV Stars Swim Team
Week of June 15, 2015

Star News – JV STARS 282

CONCORD BRIDGE 362

UPCOMING EVENTS

6/15-6/22 – VOLUNTEER SIGN-UP
June 19 – Pancake Pep Rally after Practice
June 19 – JV STARS go to the MOVIES!!!
June 20 – DIVISIONALS MEET
June 26 – JV Awards Banquet at JV Civic Center

SPIRIT ITEMS

Spirit Items available online at: too2cute.com

VOLUNTEERS

Contact Kim at kim@life-leap.com for opportunities or new website sign-up.

*****PRACTICE SCHEDULE FOR JUNE 19TH*****

8:00 AM 10 and Under
9:00 AM 11 and UP

Light workout followed by pancake pep rally...

PRACTICE SCHEDULE

June 8th – June 19th

7:00 – 7:30 AM 6 and Under
7:30 – 8:00 AM 7-8
8:00 – 8:45 AM 9-10
8:45 – 9:45 AM 11 and UP

June 22nd – June 26th

7:45 – 8:45 AM 10 and Under
8:45 – 9:45 AM 11 and Up

SWIM MEET SCHEDULE

June 20 th	HOME	DIVISIONAL MEET
June 27-28 th	Klein Oak HS	Ponderosa Invitational
June 27-28 th	Conroe ISD Nat.	Trinity Invitational
**need qualifying times for invitational meet		

HELPFUL INFORMATION

Divisional Meet – Last full team meet of the season.

- A lot of set-up and preparation is needed. Please ask how you can help out.
- This is your last chance to get in your volunteering.
- Events will be posted at the pool (must have swum in 2 dual meets to qualify per NWAL).
- Coaches decide all events for swimmers.
- NWAL only allows for “A” relays at Divisional meets.
- We start set-up at around 6:30 PM. We will have a lot to do to accommodate 5 teams.
- Volunteering is handled in 3 shifts as the Divisional meet runs longer than standard meets.
 - Shift 1: Events 1-28 Shift 2: Events 29-48 Shift 3: Events 49-78
- JV warm-ups are from 7:00 – 7:25 in Lanes 1, 2, 3
- JV family tent set-up area is on the Southeast side of the pool toward Post Elementary

Spirit Week – This is a crazy, fun week of practice, as we prepare for the final meet of the season. The coaches have decided on the following: Monday Madness – basketball; T-shirt & Tights Tuesday; Wacky Wednesday - no lanes; Team Stars Thursday - team work; Fun Friday - pancakes & purple out.

Movie Day – Our movie this year is Inside Out at AMC Willowbrook. We will go to the 1:10 PM showing. Please go online and buy your tickets early to ensure that you get a seat (this is at the expense of each family). You can go directly to the box office via the following link:
<https://www.amctheatres.com/movie-theatres/houston/amc-willowbrook-24#162-6192015-13679>.

Trinity/Ponderosa Invitationals – You must have qualifying times to swim in these meets. All qualifying swimmers will be notified at the pool this week. Swimmers must write YES or NO to indicate their desire to attend. We cannot contact all swimmers so please note your response. No replies will be considered as NO. For those who achieve qualifying times during Divisionals, you will be contacted. Please note that if you say YES, we will enter you in every event for which you qualify unless you state quickly that you do not wish to swim a particular event. Families are responsible for costs (\$5/event) with qualifying relays being covered by the team. Payment is due Monday, June 22nd. For those swimmers who qualify for final invitational meets, additional practice will be held from June 22-26th.

Volunteers – A BIG thank you to all the volunteers this year. We so appreciate your time and efforts to keep the meets running. We obviously don’t do it for the money, but for the love. “Volunteers don’t get paid, not because they’re worthless, but because they’re priceless.” ~Sherry Anderson