



Proceeds from the Clinic will be donated to the Benignus DI team that is traveling to Globals in Knoxville, Tennessee May 19-24.

Swim Clinic

WHEN: Saturday, May 2, 2015

TIME: 9:00-10:00 OR
10:00-11:00

WHERE: Windrose Front Pool

COST: \$15 in advance/\$20 at the gate

Space is limited to the first 40 swimmers.

Swimmers will participate in smaller groups in 4 rotations to practice dives, touches, and instruction on all 4 strokes.