



2nd annual TRINITY SUMMER CLASSIC

Saturday June 29th & Sunday June 30th, 2013

8:00am start time each day

Conroe ISD Natatorium

Hosted by The Woodlands Marlins, Imperial Oaks Swim Team and
The Woodlands Township Teams; Hurricanes, Waves and Riptides.

HIGHLIGHTS

- **BEST MEET FACILITY IN THE AREA**

- o Two 8 lane, twenty-five yard pools, running simultaneously for 11 and up meet. Spectator seating capacity is about 1000. The Trinity meet will be a fast and efficient championship meet.
- o Coaches and officials can enjoy the fully provisioned hospitality suite at anytime during the meet. Up to 4 coaches packets per team.

- **Timed Finals** – This is a pre-seeded meet that will be seeded slowest to fastest. On deck entries will only be placed in open lanes.

- o 10 & under events on Saturday in one 8 lane pool.
- o 11 & up events on Sunday with a boys 8 lane pool and girls 8 lane pool running *simultaneously*

- **Each event will score either one or two age groups but never more than 2 groups.** Details are listed in the body of this invitation under Awards and Scoring.

- **Individual High Point Awards** – 1st and 2nd place Trophy for boys and girls in groups awarded **by age** for the following: 6 & under, 7, 8, 9, 10, 11, 12, 13, 14, 15 & up. Based on scoring in gold and silver individual events.

- **Team awards** -First, second and third place team trophies will be awarded to the three highest scoring teams in each of **TWO** groups, based on the total points accumulated for individual and relay events.

- Relay swimmers **MUST** already be entered in the meet to be added to a Relay the day of the meet when Relay changes are submitted to the Clerk of Course.

- **3 Event Bonus Rule** – If the swimmer has achieved a Trinity time (gold or silver) in at least three events, the swimmer will be allowed to enter any remaining event(s) as long as they have not reached the cut off time. **Make sure you check the Bonus Box on the team manager entry screen for those entries to indicate they did not meet the qualification time.** For more details and **exceptions**, go to the “**3 Event Bonus Rule**” section.

- **MEET INFORMTATION CONTACT:** Charlie Venema charlie.venema@united.com

Please contact this person for pre-meet information/concerns and post meet information/ concerns/complaints BEFORE contacting Northwest Aquatic League Board Officers. This position has been appointed at the request of the Northwest Aquatic League Board Officers.

2013 TRINITY SUMMER CLASSIC YARDS

Ponderosa Invitational Times are the Cut Off Times

SATURDAY June 29th, 2013

GIRLS event #	GOLD	SILVER	EVENT	GOLD	SILVER	BOYS event #
1	1:40.00	1:59.00	10&U 100IM	1:41.00	1:58.00	2
3	27.50	35.00	6&U 25 FREE	27.50	35.00	4
5	20.50	23.00	7-8 25 FREE	20.50	23.00	6
7	17.00	18.00	9-10 25 FREE	17.00	18.50	8
9	32.25	38.00	6&U 25 BACK	33.00	40.00	10
11	25.00	30.00	7-8 25 BACK	26.00	30.00	12
13	21.50	23.50	9-10 25 BACK	22.00	24.50	14
15	-	-	6&U 100 FREE RELAY	-	-	16
17	-	-	7-8 100 FREE RELAY	-	-	18
19	-	-	9-10 100 FREE RELAY	-	-	20
21	28.50	33.00	8&U 25 BREAST	28.50	33.00	22
23	23.50	26.00	9-10 25 BREAST	23.50	26.00	24
25	25.00	30.00	8&U 25 FLY	25.50	31.00	26
27	20.00	23.00	9-10 25 FLY	20.50	24.00	28
29	-	-	8&U 100 MEDLEY RELAY	-	-	30
31	-	-	9-10 100 MEDLEY RELAY	-	-	32

SUNDAY June 30th, 2013

GIRLS event #	GOLD	SILVER	EVENT	GOLD	SILVER	BOYS event #
33	1:11.50	1:17.00	11-14 100 FREE	1:11.00	1:17.00	34
35	1:10.00	1:17.00	15-18 100 FREE	1:02.00	1:15.00	36
37	40.00	45.00	11-12 50 FLY	42.00	50.00	38
39	37.00	42.00	13-14 50 FLY	37.00	42.00	40
41	35.00	40.00	15-18 50 FLY	31.00	40.00	42
43	45.50	50.00	11-12 50 BREAST	46.00	51.00	44
45	43.00	50.00	13-14 50 BREAST	41.00	50.00	46
47	43.00	47.00	15-18 50 BREAST	37.00	44.00	48
49	-	-	11-12 200 MEDLEY RELAY	-	-	50
51	-	-	13-14 200 MEDLEY RELAY	-	-	52
53	-	-	15-18 200 MEDLEY RELAY	-	-	54
55	1:27.00	1:38.00	11-12 100 IM	1:30.00	1:40.00	56
57	1:23.50	1:35.00	13-14 100 IM	1:20.00	1:35.00	58
59	1:20.00	1:32.00	15-18 100 IM	1:11.00	1:25.00	60
61	42.00	47.00	11-12 50 BACK	42.50	49.00	62
63	39.25	43.00	13-14 50 BACK	38.00	44.00	64
65	37.50	43.00	15-18 50 BACK	37.50	43.00	66
67	34.00	37.00	11-12 50 FREE	34.00	38.00	68
69	31.75	35.00	13-14 50 FREE	30.00	35.00	70
71	30.50	34.00	15-18 50 FREE	26.50	31.00	72
73	-	-	11-12 200 FREE RELAY	-	-	74
75	-	-	13-14 200 FREE RELAY	-	-	76
77	-	-	15-18 200 FREE RELAY	-	-	78

2013 TRINITY SUMMER CLASSIC

METERS

Ponderosa Invitational Times are the Cut Off Times

SATURDAY JUNE 29th

GIRLS event #	GOLD	SILVER	EVENT	GOLD	SILVER	BOYS event #
1	1:51.00	2:12.09	10&U 100IM	1:52.11	2:10.98	2
3	30.52	38.85	6&U 25 FREE	30.52	38.85	4
5	22.75	25.53	7-8 25 FREE	22.75	25.53	6
7	18.87	19.98	9-10 25 FREE	18.87	20.53	8
9	35.80	42.18	6&U 25 BACK	36.63	44.40	10
11	27.75	33.30	7-8 25 BACK	28.86	33.30	12
13	23.86	26.08	9-10 25 BACK	24.42	27.19	14
15	-	-	6&U 100 FREE RELAY	-	-	16
17	-	-	7-8 100 FREE RELAY	-	-	18
19	-	-	9-10 100 FREE RELAY	-	-	20
21	31.63	36.63	8&U 25 BREAST	31.63	36.63	22
23	26.05	28.86	9-10 25 BREAST	26.08	28.86	24
25	27.75	33.30	8&U 25 FLY	28.30	34.41	26
27	22.20	25.53	9-10 25 FLY	22.75	26.64	28
29	-	-	8&U 100 MEDLEY RELAY	-	-	30
31	-	-	9-10 100 MEDLEY RELAY	-	-	32

SUNDAY JUNE 30th

GIRLS event #	GOLD	SILVER	EVENT	GOLD	SILVER	BOYS event #
33	1:19.36	1:25.47	11-14 100 FREE	1:18.81	1:25.47	34
35	1:17.70	1:25.47	15-18 100 FREE	1:08.82	1:23.25	36
37	44.40	49.95	11-12 50 FLY	46.62	55.50	38
39	41.07	46.62	13-14 50 FLY	41.07	46.62	40
41	38.85	44.40	15-18 50 FLY	34.41	44.40	42
43	50.50	55.50	11-12 50 BREAST	51.06	56.61	44
45	47.73	55.50	13-14 50 BREAST	45.51	55.50	46
47	47.73	52.17	15-18 50 BREAST	41.07	48.84	48
49	-	-	11-12 200 MEDLEY RELAY	-	-	50
51	-	-	13-14 200 MEDLEY RELAY	-	-	52
53	-	-	15-18 200 MEDLEY RELAY	-	-	54
55	1:36.57	1:48.78	11-12 100 IM	1:39.99	1:51.00	56
57	1:32.68	1:45.45	13-14 100 IM	1:28.80	1:45.45	58
59	1:28.80	1:42.12	15-18 100 IM	1:18.81	1:34.35	60
61	46.62	52.17	11-12 50 BACK	47.17	54.39	62
63	43.57	47.73	13-14 50 BACK	42.18	48.84	64
65	41.62	47.73	15-18 50 BACK	41.62	47.73	66
67	37.74	41.07	11-12 50 FREE	37.74	42.18	68
69	35.24	38.85	13-14 50 FREE	33.30	38.85	70
71	33.86	37.74	15-18 50 FREE	29.42	34.41	72
73	-	-	11-12 200 FREE RELAY	-	-	74
75	-	-	13-14 200 FREE RELAY	-	-	76
77	-	-	15-18 200 FREE RELAY	-	-	78

TRINITY SUMMER CLASSIC

Saturday June 29th & Sunday June 30th, 2013

LOCATION: Conroe ISD Natatorium 19133 David Memorial Drive Shenandoah, TX 77385

Directions: From I-45

1. Exit Research Forest Drive
2. Turn East on Research Forest Drive
3. Turn left on David Memorial Drive (just past Home Depot)
4. CISD NAT will be on your right

POOL: 2 Eight lane, indoor 25 yard anti wave pools with non-turbulent lane lines; electronic timing with automatic data acquisition; Scoreboard results. Spectator bleacher seating is for observation only. There is **NO SETUP** in the stands. Please **NO** flash photography at the start of a race. Team set up is outdoors, under the stadium. Some areas are shaded, some are not. Tents are advised.

MEET SCHEDULE:

Saturday, June 29th & Sunday, June 30th -**TIMED FINALS** -one session during the day – **NO EVENING FINALS!**
First Warm-up at 6:30 – 7:00 AM, Second warm-up at 7:00 AM – 7:30AM Meet Starts at 8:00 AM on both days

Warm-ups will be divided into groups and determined after all meet entries have been received. These warm-up times and lane assignments will be listed in the Heat Sheet as well as posted on the NWAL website www.nwal.org two days prior to the meet.

MEET REFEREES: Mark Inman mark.inman@sbcglobal.net and Wayne Lewoczko

MEET DIRECTOR: Charlie Venema charlie.venema@united.com

MEET COORDINATOR: Steve Hammond hmcesham@yahoo.com

MEET INFORMATION CONTACT:

Charlie Venema or Steve Hammond. Please contact these persons for pre-meet information/concerns and post meet information/concerns/complaints BEFORE contacting Northwest Aquatic League Board Officers. These positions have been appointed at the request of the Northwest Aquatic League Board Officers.

SAFETY GUIDELINES AND WARM-UP PROCEDURES: See attached Safety Guidelines and Warm-up Procedures

OFFICIALS:

Only Certified NWAL 2013 Officials will officiate at this meet. There will be a meeting of all officials at 8:15 a.m. each day. Teams attending are encouraged to provide officials for each day.

RULES: The TRINITY SUMMER CLASSIC rules will be based upon the 2013 NWAL Rules except as otherwise indicated. All swimmers/teams must be registered and in good standing with the Northwest Aquatic League (NWL). A swimmer may enter as many individual events each day as he/she is qualified. Each swimmer is limited to one swim in the Free relay category. Swimmers may only compete in one age group for the entire meet as per NWAL rules. All times must be official best times made during the 2013 NWAL Season during a Dual, Divisional or Invitational Meet. **NO TIME TRIAL TIMES ARE ALLOWED.**

RELAYS: Swimmers who have **reached the cut-off time in an Individual Stroke are ineligible to swim that Stroke in a TRINITY Relay.** The protest procedures and penalties described below will apply for violation of this rule. **Names of the Relay swimmers (INCLUDING RELAY ONLY SWIMMERS) must be included with the meet entries. Proof of times for Relay only swimmers must be included in meet entries.** ANY SWIMMER FOUND TO HAVE REACHED THE PUBLISHED CUT-OFF TIME DURING THE 2013 NWAL SEASON IN ANY INDIVIDUAL EVENT WHICH HE/SHE SWIMS WILL FORFEIT ALL INDIVIDUAL AND TEAM POINTS EARNED AND WILL BE REQUIRED TO RETURN ANY AWARDS PRESENTED TO HIM/HER.

QUALIFYING TIMES:

See attached 2013 TRINITY SUMMER CLASSIC Time Standards

Only swimmers with minimum qualifying times in Individual Events that **do not reach the cut-off time** will be allowed to compete in that individual event. Please review 3 event Bonus Rule below. All times must be from an official 2012 NWAL Meet. These times must be Official Times made without disqualifications during a Dual, Divisional or Invitational Meet during the 2012 NWAL Season. **Time Trial times will NOT be allowed as well as NT (No Times) for individual events.**

3 Event Bonus Rule –

If the swimmer has achieved a TRINITY time (gold or silver) in at least three events, the swimmer will be allowed to enter any remaining event(s) for his/her age group for which the swimmer has not achieved a Trinity time. See exceptions below. **Make sure you check the Bonus Box on the team manager entry screen for those entries to indicate that this entry did not meet the qualification time.**

Exception: Cut-Off Times - Under no circumstances can the swimmer enter any event if he/she has reached the cut-off time or has a No Time (NT).

Exception: 100 Free - The 100 Free is exempt from the (3) event rule. Swimmers must achieve the time standard in order to enter the event.

AGE: As of May 31, 2013

ENTRY FEES:

Individual Events: \$5.00

Relays Events: \$10.00

Make checks payable to: **Imperial Oaks Swim Team**. Entry Fees **must** accompany entries.

ENTRIES:

If best time was achieved at a pool that is not the standard 25 meter or 25 yard pool, please contact the meet entry coordinator for conversions and entry instructions.

Teams are asked to have their regular entry personnel do the entries for this meet. All teams must submit their entries on CD or Flash Drive, using Hy-Tek Team Manager Software. This is the same export file that all teams use to export entries for their Dual and Divisional meets. Teams should download the 2013 TRINITY.STD time standard file and the.HYV meet event file that is posted on the NWAL website, www.nwal.org. When the TRINITY.STD time standard file is imported into Team Manager, teams will be able to run top times reports that will indicate who is qualified for the meet in either yards or meters. When the .HYV file is imported into Team Manager, the meet will be set up for entry personnel to complete their entries for the meet. Teams should put their entries onto a Flash Drive. **Names of the Relay swimmers must be included with the meet entries. Proof of times for Relay only swimmers must be included in meet entries. Relay swimmers MUST already be entered in the meet to be added to a Relay the day of the meet when Relay changes are submitted to the Clerk of Course.**

Only 3 (three) relay entries per event per team will be accepted.

A Hard copy of Meet Entry Report created from the Team's Team Manager Software is **required** to be turned in with the flash drive. This report should be sorted by name and the "include proof of time" option should be checked. **On the hard copy highlight the swimmers names and swims which are entering a bonus event using the 3 event bonus rule.**

ENTRIES DUE:

An entry flash drive and documents must be presented at the CISD Natatorium 19133 David Memorial Drive, Shenandoah TX, 77385, on **Monday, June 24th between 3:00pm and 8:00pm**. Make sure to have all your paperwork, entries on a Flash Drive, and payment completed before you come. Do not forget to select the "Include the Proof of Time" option on your Meet Entry Report and sort it by Name.

What to bring to registration:

- o Team Manager Entry Export on CD or Flash Drive.
- o Hard Copy Meet Entry Report- For Individual and Relay Events. Names of the Relay swimmers must be included with the meet entries. Proof of times for Relay only swimmers must be included in meet entries.
(Sorted by Name and Including Proof of Times. Highlight the swimmers names and swims which are entering a bonus event using the 3 event bonus rule.)
- o Team Summary Page (included in this packet)
- o Any Team Spirit or Event Sponsors (use attached form)
- o Preorder for T-shirts (use attached form)
- o Payment – Check payable: Imperial Oaks Swim Team

NO ENTRIES WILL BE ACCEPTED AFTER 8:00pm on MONDAY, JUNE 24th !
Meet Entry Questions? Contact Charlie Venema charlie.venema@united.com

LIMITED DECK ENTRIES:

Limited deck entries will be accepted each day of the meet **ONLY** according to the following parameters:

- 1 Entries must be submitted to the Clerk Of Course by 8:00 a.m. each day.
- 2 Proof of qualifying time will be required. Either Hy-Tek Team Manager Top Times Report OR a new Meet Entry Report with proof of time, for the swimmer in question, must be presented with the entry.
- 3 The fee is ten dollars (\$10.00) per each Individual Entry and twenty dollars (\$20.00) per each Relay Entry. Fees must be paid to the Clerk Of Course at the time of entry.
- 4 **Late entries will be placed into empty lanes ONLY.** Empty lanes may appear in the first and second heat of an event. Swimmers will be put into the fastest empty lanes available on a first come first serve basis until all heats are full. **Events will not be re-seeded. If lanes are full, no entries will be accepted for that specific event.**
- 5 **Relay swimmers MUST already be entered in the meet** to be added to a Relay the day of the meet when Relay changes are submitted to the Clerk of Course. The Meet Director/Meet Referee reserves the right to deny late entries.

PLEASE NOTE:

Teams are asked to check the Athlete Roster that will be posted on the NWAL websites no later than Wed. PM after the entry drop off. This list will be sorted by team and will list each entered athlete alphabetically along with the number of events they are entered in. It will not show which events they are entered in. **THIS IS EVERYONES** (Parents, Coaches, Swimmers, and Team Reps) **OPPORTUNITY TO MAKE SURE THAT SWIMMERS ARE ENTERED INTO THE MEET.**

PROTEST OF TIMES:

Anyone protesting a swimmer reaching the cut-off time has the burden of proving that the swimmer reached the cut-off time in an official NWAL meet held during the 2013 season. ANY SWIMMER FOUND TO HAVE REACHED THE PUBLISHED CUT-OFF TIME DURING THE 2013 NWAL SEASON IN ANY INDIVIDUAL EVENT WHICH HE/SHE SWIMS WILL FORFEIT ALL INDIVIDUAL AND TEAM POINTS EARNED AND WILL BE REQUIRED TO RETURN ANY AWARDS PRESENTED TO HIM/HER. All Meet Entry Reports with the "Proof of Times" will be kept at the meet at all times.

AWARDS:

Individual Event Awards GOLD AND SILVER groups- Medals will be awarded to individuals placing 1st - 3rd place. Ribbons will be awarded to individuals placing 4th - 8th place. Multi-age group events will be scored and awards given per individual age for each event (one or two groups per event) as follows:

- 6&under events** – awards for 6 & unders only,
- 8&under events** – awards for 8 yr olds and 7&unders,
- 10&under events** – awards for 10 yr olds and 9&unders
- 7-8 yr old events** – awards for 7yr olds and 8yr olds
- 9-10yr old events** – awards for 9yr olds and 10 yr olds
- 11-12yr old events** – awards for 11yr olds and 12 yr olds
- 11-14 yr old events** – awards for 14yr olds and 11-13 yr olds
- 13-14yr events** – awards for 13 yr olds and 14yr olds
- 15-18yr old events** – awards for 15yr & over only.

Relay Awards – Medals will be awarded to the 4 individual swimmers on the relay teams placing 1st - 3rd place. Ribbons will be awarded to the 4 individual swimmers on the relay teams placing 4th – 8th place for all four swimmers in the relays.

Individual High Point Awards – 1st and 2nd place Trophies for boys and girls awarded by age for the following 6&unders, 7, 8, 9, 10, 11, 12, 13, 14, 15&over based on scoring in gold and silver individual events. Ties will be broken and only two winners will be named. In the event of a tie, the tie-breaker will be the swimmer with the most 1st place finishes. If that is a tie, then the number of second place finishes will be used, and so on until the tie is broken.

Team Awards - First, second and third place team trophies will be awarded to the three highest scoring teams in each of TWO groups, based on the total points accumulated for individual and relay events. (Groups will be based on number of swimmers/entries and will be determined after entries are received). Ties will be broken by same method used in high point awards.

AWARDS PRESENTATION:

Presentation of Awards will be awarded at the conclusion of each day's session. **Please, designate someone from your team (a parent or coach) to stay on Sunday to collect any awards for your team not picked up during the meet.** This will help to insure all your swimmers receive the awards they earned in a timely manner.

SCORING:

Scoring for individual events GOLD AND SILVER (1st through 8th places): 9-7-6-5-4-3-2-1. Scoring for relay events (1st through 8th place): 18-14-12-10-8-6-4-2 Individual points will be awarded to swimmers finishing in the top 8 positions in individual events. Team points will be awarded for individuals finishing in the top 8 positions in individual events and relay teams finishing in the top 8 positions.

TIMING SYSTEM and TIMERS:

An electronic timing system will be used along with one watch per lane for back-up. Timing assignments will be listed in the Heat Sheet as well as the NWAL website at least two days prior to the meet.

SEEDING:

The meet will be a pre-seeded meet. All heat and lane assignments will be made prior to the meet. There will be no reseeding at the ready bench. The heat and lane assignments will be shown in the Meet Program that is for sale. The coaches must turn in relay cards with either no changes or with any swimmer and time adjustments by 9:00 a.m. for all Freestyle relays. If any swimmer changes are made on the relays, it is the coach's responsibility to make sure that the adjusted relays do not include any swimmers swimming a stroke in which they have a Ponderosa time. All swimmers must be shown in the order in which they will swim on the relay. Proof of times for Relay only swimmers must be included in meet entries. **Relay swimmers MUST already be entered in the meet to be added to a Relay the day of the meet when Relay changes are submitted to the Clerk of Course.**

READY BENCH:

This meet is pre-seeded which means all heats and lane assignments have been made prior to the meet. It is the swimmer's responsibility to be at the Ready Bench Area on time, announcements will be made and a flip chart will also be used to assist the swimmers. Except for one adult to accompany relay teams with swimmers 10 years old and younger, parents and coaches will not be permitted in the ready bench area. Experienced meet workers will help the swimmers through the ready bench area and to the blocks.

MEET RESULTS and SCORES:

Daily results will be posted after each day is completed on the NWAL website www.nwal.org. Swimmers and coaches who are not able to stay on Saturday to see the results for their event posted at the meet may go to the web site on Saturday evening to view their results.

FACILITY RULES:

No smoking is allowed in the natatorium or on the grounds. No glass containers of any type are allowed in the natatorium. Damage to or misuse of the facilities is not permitted. Violations of any rules may subject the offender to removal from the meet and penalty by CISD.

POOL DECK RESTRICTION:

Because of insurance and safety regulations, the swimming pool deck, during the operation of the swim meet, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel and timers. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety as well as the swimmers.

CONCESSIONS:

A full Concession will be available during the meet.

HOSPITALITY:

A hospitality room will be provided for coaches, officials and volunteers only.

MERCHANDISE:

2013 TRINITY SUMMER CLASSIC, (Heat Sheets, T-Shirts, Towels, Caps, Shorts, etc.) will be available for purchase at the meet. Preorders by team for selected merchandise will be accepted at registration. Use attached preorder form. Preordered merchandise packages may be picked up at the meet on Saturday and Sunday mornings after 9:00am. Swim gear will also be available at the meet.

COACHES' PACKETS:

A complimentary coach's packet (up to four per team) will be given to each team entered in the meet and will be available for pick up at the Clerk of Course. Coaches will be given access to the Hospitality room on both days at no cost.

WARM-UP PROCEDURES

- o General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- o Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - Lanes are **ONE WAY ONLY**.

TEAM AREA Team set up areas are located on the west side of the stadium under the bleachers. There is plenty of room and plenty of shade. This area is adjacent to the ready benches and a short walk to pool observation areas.

SAFETY GUIDELINES

A. Swimmers Responsibilities

All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.

B. Coaches Responsibilities

- o Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
- o Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
- o Coaches shall actively supervise their swimmers throughout the warm-up session.
- o Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
- o Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.

C. Safety Marshals

Appointed Safety Marshals have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**

D. Miscellaneous

- o Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
- o Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
- o Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- o Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
- o Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
- 1 All diving boards and equipment are **OFF LIMITS**.

E. Pool Rules

- 1 Smoking or use of other tobacco products is not allowed on the grounds.
- 2 Glass containers are prohibited.
- 3 Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the invitation.

2013 TRINITY SUMMER CLASSIC HEAT SHEET

TEAM SPIRIT / EVENT SPONSORING

Please pass this information along to your Parents, Swimmers and Coaches.

TRINITY SUMMER CLASSIC is offering a couple different ways to show your appreciation and support to swimmers, coaches and/or sponsors. Either of these options would be a great way of saying, "Way to Go!", "Thank you for your Support!", and/or "We are Proud of You!".

TEAM NAME: _____

FULL PAGE SPIRIT ADS:

Show team spirit and list the swimmer's names that are All-Star Qualifiers, this is sure to make them smile with pride. In addition you may wish to thank your 2010 Sponsors for supporting your team this season with a special page dedicated to them with Thanks. This page will be printed twice in the Heat Sheet, once for Saturday and again for Sunday.

TOTAL Pages: _____ X \$ 30.00 = \$ _____

* DON'T FORGET to bring Spirit Pages to Registration! *

EVENT SPONSORING:

Show your swimmer support by sponsoring his/her favorite event! This sponsorship will be printed in the Heat Sheet. Your swimmer will love seeing their name appearing in the Heat Sheet.

Example: Event # 23 Boys 6 & Under 25 Yard Backstroke

Sponsor: GOOD UCK KYLE! Love, Mom & Dad

Event # _____ Event Description: _____

Sponsor: _____ (limit 36 letters and spaces)

TOTAL Events: _____ X \$ 5.00 = \$ _____

TOTAL SPIRIT/EVENT SPONSORSHIP: \$ _____

2013 TRINITY SUMMER CLASSIC

Heat Sheet Advertising Rates

Prices: Full Page \$ 200 Half Page \$ 100
 Quarter Page \$ 65 Business Card Size \$ 25

For more information contact:
Steve Hammond hmcesham@yahoo.com

Mechanical specifications are as follows:

Full page 7 inches x 9.5 inches
Half page 7 inches x 4.5 inches
Quarter page 3 inches x 4.5 inches
Business card 2 inches x 3 inches

All ads are black and white. Please send jpeg or bmp file

How can we receive your company logo?

- ☐ ☐ email electronic file
☐ ☐ camera ready art (black & white only)

Your Contact information:

Contact Name: _____

Company: _____

Address: _____

Phone: _____

Email: _____

Email ad or art to: hmcesham@yahoo.com

Payment due at time of registration.

2013 TRINITY SUMMER CLASSIC

TEAM SUMMARY

TEAM NAME: _____ Team Abbreviation: _____

TEAM REPRESENTATIVE NAME: _____

PHONE: _____ EMAIL: _____

TEAM ENTRY PERSON: _____

PHONE: _____ EMAIL: _____

MAIL AWARDS NOT PICKED UP TO:

NAME: _____ EMAIL: _____

ADDRESS: _____

CHECK LIST:

- ☐ Team Manager Entry Export file on Flash Drive
- ☐ Hard Copy Meet Entry Report- For Individual and Relay Events
(Sorted by Name and Including Proof of Times for Individuals and Relays!!)
- ☐ This Team Summary Page
- ☐ Any Team Spirit or Event Sponsors (use attached form)
- ☐ Per order for T-shirts (use attached form)
- ☐ Payment – Check payable: Imperial Oaks Swim Team

NWAL OFFICIALS VOLUNTEERING – List Name, email, phone # and NWAL Certification

1	_____
2	_____
3	_____
4	_____
5	_____

TOTALS:

Total Number of Swimmers # _____

Number of Individual Entries: # _____ x \$5.00 = \$ _____

Number of Relay Entries: # _____ x \$10.00 = \$ _____

Total Entry Fee Amount = \$ _____

Spirit/Event Sponsor Ads: (Attach Spirit/Event Sponsor Page) \$ _____

TRINITY Merchandise Preorder: (Attach Preorder form) \$ _____

TOTAL DUE: \$ _____

For Office Use:

Paid by: cash – amount \$ _____ Check # _____ & amount \$ _____

TRINITY SUMMER CLASSIC

Team Merchandise Preorder Form

Bring this form with you to registration. Preordered merchandise can be picked up after 9:00am both Saturday and Sunday mornings at the meet. Samples will be available at registration.

Custom 2013 TRINITY SUMMER CLASSIC T-shirt \$15.00 each

Size & Quantity:

Youth Med _____ Youth Large _____

Adult sizes: Small _____ Med _____ Large _____ XLarge _____ XXLarge _____

Total number T-shirts ordered: _____ x \$15.00 = \$ _____ **Total**

Total Adult XXLG T-shirts ordered: _____ x \$17.00 = \$ _____ **Total**

MERCHANDISE GRAND TOTAL: \$ _____

NWAL TEAM NAME (Not mascot):

PERSON PICKING UP MERCHANDISE AT MEET:

PHONE # _____ ALTERNATE PHONE # (Must have)

EMAIL ADDRESS: (Must have)
