



**Head Start 2017**



***Cypress Fairbanks Swim Club is pleased to offer  
the annual Head Start Summer League prep program!  
Give your swimmer the edge for the Summer League season.***

**What will be covered:** The Head Start program will focus on proper stroke technique, endurance, and fun, while providing an opportunity to train with some of the best USA Swim coaches in Texas.

**When:** Monday through Friday, March 20 – April 20, 2017, (first practice will be March 20, 2017 -the Monday after CFISD Spring Break).

**Where:**

- **Bleyl Middle School- 10800 Mills Road, Houston, TX 77070**  
5:00-6:00 & 6:00-7:00 Monday, Tuesday, Wednesday
- **Arnold Middle School- 11111 Telge Road, Houston, TX 77429**  
5:00-6:00 & 6:00-7:00 Monday, Tuesday, Wednesday
- **Spillane Middle School- 17500 Jarvis Road, Cypress, TX 77429**  
5:00-6:00 & 6:00-7:00 Monday, Wednesday, Thursday

**Cost:** \$175.00 for all 5 weeks. NO registration fees, NO team fees, NO hidden fees. We will pro-rate based on the start date only. No discounts for multiple swimmers.

**Who is eligible:** Swimmers must be proficient in freestyle and backstroke, with a working knowledge of breaststroke and butterfly. If you are concerned about your child's qualification, please email Coach Maryanne at: [coachmaryanne@fleetswimming.com](mailto:coachmaryanne@fleetswimming.com). Swimmers ages 6 & under *may* be accepted into Head Start upon completion of a Fleet coach supervised swim test, conducted Mondays and Thursdays between the hours of 4:00pm and 7:00pm at the Fleet Aquatic Center. Upon completion and acceptance, 6 & under swimmers **MUST** register in person at the Fleet Aquatic Center.

**Note:** This is not a Learn to Swim Program. If lessons are needed, we have the Fleet First Swim School that has multiple programs to help your swimmer get a "Quick Start" for the summer league team. The Head Start Program is geared for kids who can already swim, but are looking to get better, prior to their summer league starting up in May.

**What to bring:** Swimsuit, towel and goggles. Swim caps provided on the first day!

**How to register:** Registration begins February 1, 2017 at the Fleet Aquatic Center (14654 Spring Cypress Road Cypress, TX 77429). You may also register online at [www.fleetswimming.com](http://www.fleetswimming.com) beginning February 1<sup>st</sup>.



**Cypress Fairbanks Swim Club**

*Home of the FLEET, est. 1975*

14654 Spring Cypress Road

281-376-2372 [www.fleetswimming.com](http://www.fleetswimming.com)

