

# 2013 CUDA SWIM-A-THON

Thursday June 13th, 2013



## Why a Swim-a-thon?

The swim-a-thon is a fun way for our swimmers to raise money for the team and support fellow swimmers in the Texas Special Olympics! It is our largest fundraiser all year.

## What day and what time do I show up?

Swimmers 11 and older: Thursday, June 13th, 9:00am - 11:00am

Swimmers 6 and under: Thursday, June 13th, 8:15 am - 8:45 am (during practice)

Swimmers 7-10 years old: Thursday, June 13th, 6:30 pm - 8:30 pm

## What will I need to bring with me?

Bring your swimathon pledge sheet, water or sports drink in plastic bottle, goggles, and a towel.

## Are there prizes?

Yes! We've got some great prizes lined up!

### By Age Group: Most Laps

#### By Dollar Level:

\$49 or less: Inflatable water toy

\$50 level: Sand bucket and water writer

\$100 level: Acrylic Tumbler and water writer

### Most Money Earned

3rd Place \$50 iTunes Gift Card

2nd Place Swim Bag with Racing Goggles, Swim Cap, and summer goodies

1st Place 16 GB IPOD TOUCH, 4th Gen.

## What are the rules?

1. Swimmers may use any stroke and may change strokes at any time during the swimathon.
2. Swimmers are allowed a maximum of 2 hours to swim as many laps as possible.
3. For purposes of this event, a lap is defined as one length of the pool.
4. Swimmers may rest at either end of the pool, but any laps in which the swimmer walks on the pool bottom will not be counted. Age 10 and under swimmers may hold on to the ropes or pool walls to rest, but may not pull themselves along.
5. Swimmers must remain in the water at all times during the swimathon. Once a swimmer leaves the water, the swimmer may not return. There will be no bathroom breaks.

6. Swimmers may bring a plastic bottles of water or Gatorade with their names on them to keep at the end of the pool. Please—no sodas, no glass, and no cans.

7. All pledges should be listed on the pledge sheet provided. We will provide as many forms as you need, or you may print extras from our website at [www.ccracudas.org](http://www.ccracudas.org)

8. Swimmers must bring their pledge sheet to the swimathon. After completing their swimming, each swimmer must have his/her pledge sheet certified by the official lap counter for the lane in which they swam.

9. Swimmers should collect pledges as soon after the swimathon as possible. Pledge sheets and money should be turned in by or before swim practice on Thursday, June 20. Swimmers who turn in their pledges after this date cannot be guaranteed a prize if eligible.