

Where to Find On-Line Information about the Meet

Step 1 - To find out information about a specific meet and the related events,

- login to the team website (<https://fastdolphins.swim-team.us/>). The link is illustrated with the **RED** arrow in **Figure 1** below.
- Click the “>> **Sign In**” tab (**PURPLE** arrow).
- Enter your e-mail (**GREEN** arrow).
- Enter your password (**YELLOW** arrow).
- Click the “**Sign In**” button (**BROWN** arrow).

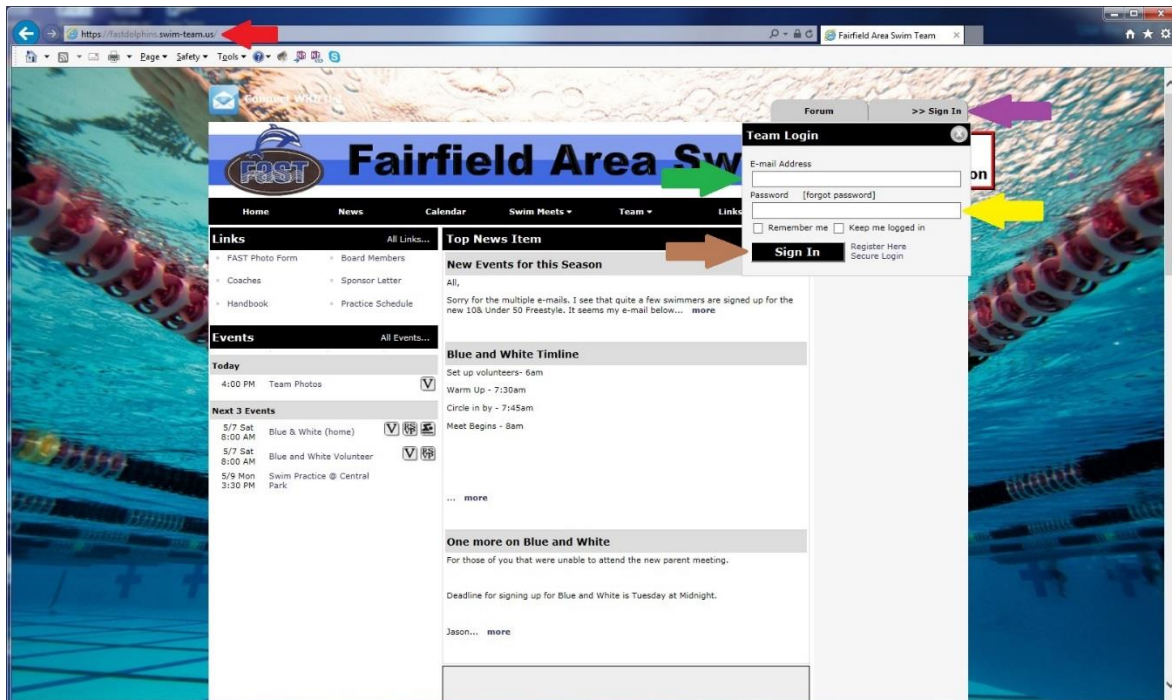


Figure 1 - Login

Step 2 - Once you are signed in, you need to select the swim meet you are interested in. The first method is click on “**Swim Meets**” link (click the words, not the down arrow next to it) on the toolbar immediately beneath the **Fairfield Area Swim Team** banner. See the **RED** arrow in **Figure 2** below.

A short cut for this is to select the meet from the “**Events**” section on the left of the home page. See the **GREEN** arrow in **Figure 2** below.

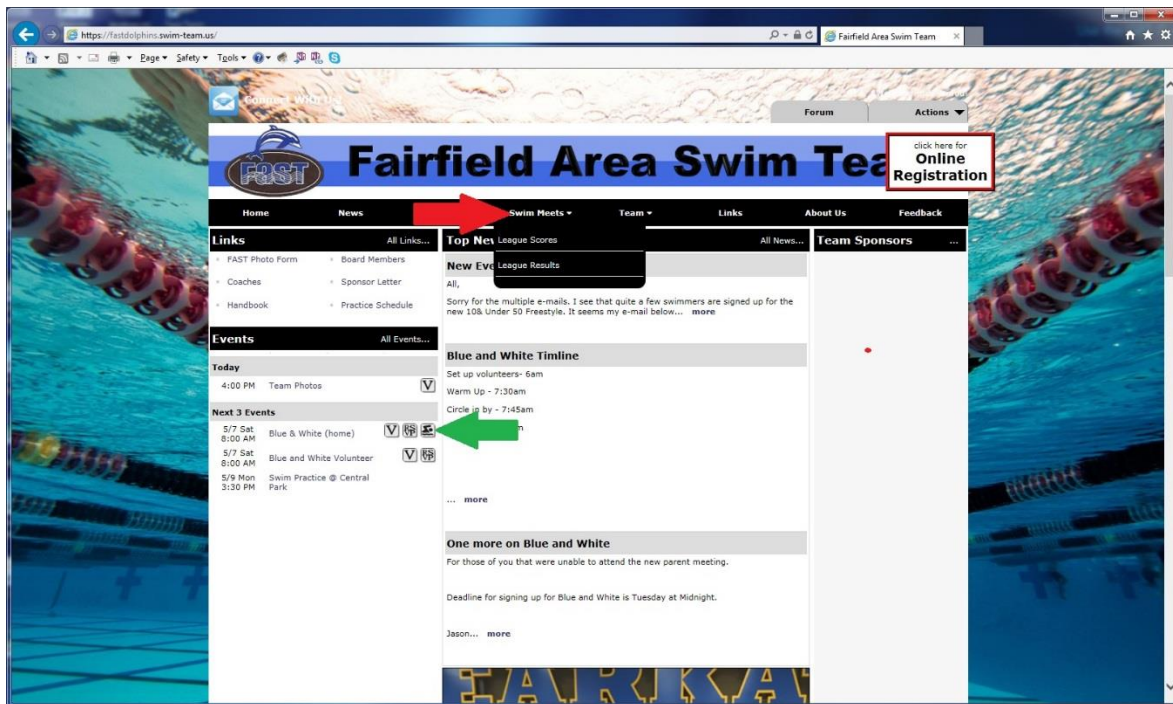


Figure 2 - Pick Swim Meet

Clicking the “*Swim Meets*” link will bring up a list of the meets.

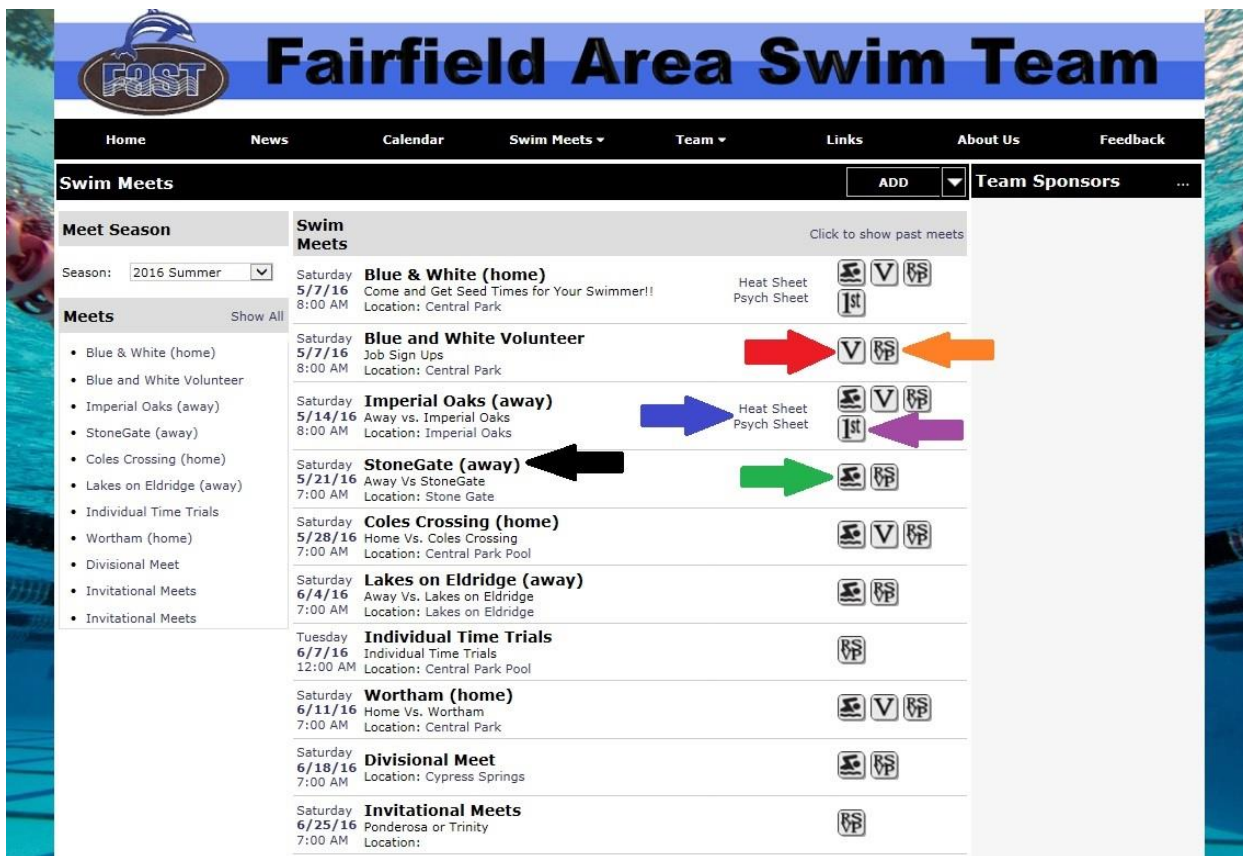





Figure 3 - List of Swim Meets

RSVP - If your swimmer will **NOT** be attending a meet, please select the “RSVP” icon  next to the meet they won’t be attending. See the **ORANGE** arrow in Figure 3 above.

Volunteer - Select the “V” icon  next to the meet to see what opportunities there are to volunteer. See the **RED** arrow in Figure 3 above.

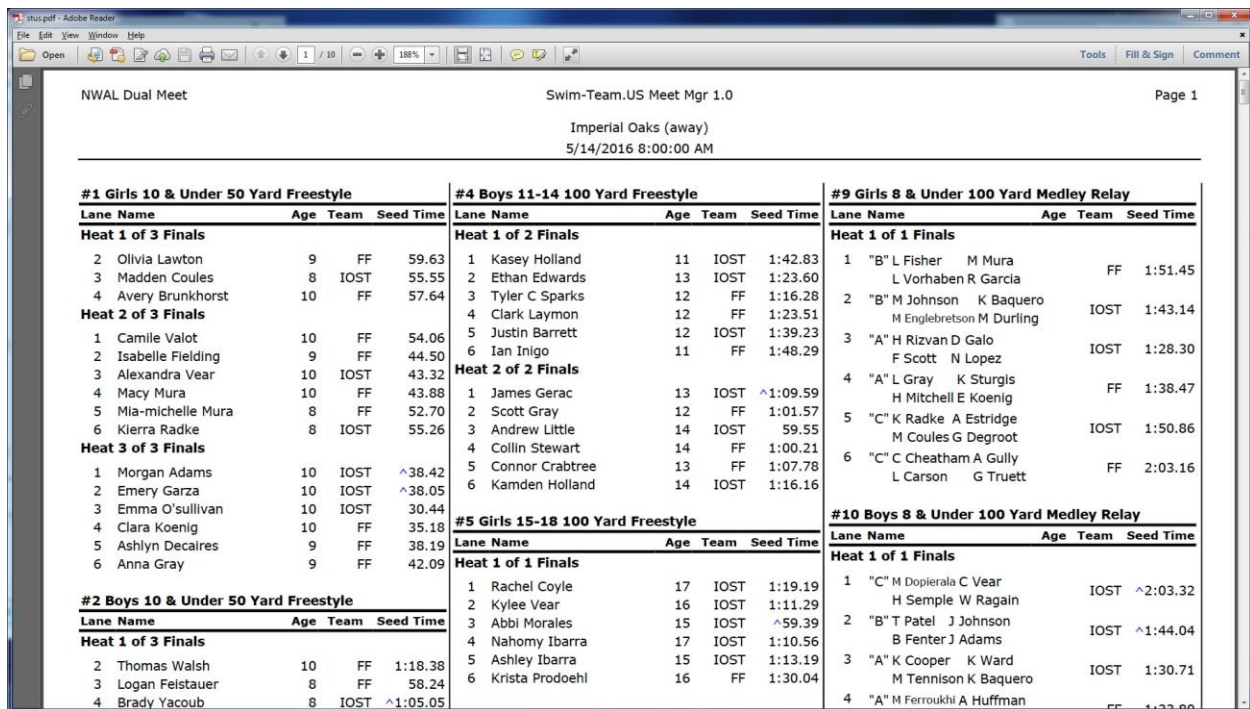
Results – To view the results of the meet, select the “1st” icon  next to the meet you are interested in. See the **PURPLE** arrow in Figure 3 above.

Swimmer Sign-up – To sign-up your swimmer for events, please select the “Swimmer” icon  next to the meet you are interested in. See the **GREEN** arrow in Figure 3 above.

Meet Specifics – For specific meet information such as date, start time, address, and driving instructions, simply click on the meet name (link). See the **BLACK** arrow above in Figure 3.

Heat & Psych Sheets – To see all events your swimmer is in, times listed, and even the heat they are scheduled to swim, select either the **Heat Sheet** or the **Psych Sheet** links. The **Heat Sheets** list out all the swimmers by event in the order the events will be swum, and group the swimmers by the actual heats as they are seeded. **Psych Sheets** list the swimmers by event in the order the events will be swum but in seed time order. See the **BLUE** arrow in Figure 3 above.

Figure 4 below is an example of a **Heat Sheet**:



#1 Girls 10 & Under 50 Yard Freestyle				#4 Boys 11-14 100 Yard Freestyle				#9 Girls 8 & Under 100 Yard Medley Relay			
Lane Name	Age	Team	Seed Time	Lane Name	Age	Team	Seed Time	Lane Name	Age	Team	Seed Time
Heat 1 of 3 Finals				Heat 1 of 2 Finals				Heat 1 of 1 Finals			
2 Olivia Lawton	9	FF	59.63	1 Kasey Holland	11	IOST	1:42.83	1 "B" L Fisher M Mura		FF	1:51.45
3 Madden Coules	8	IOST	55.55	2 Ethan Edwards	13	IOST	1:23.60	L Vorhaben R Garcia			
4 Avery Brunkhorst	10	FF	57.64	3 Tyler C Sparks	12	FF	1:16.28	2 "B" M Johnson K Baquero		IOST	1:43.14
Heat 2 of 3 Finals				Heat 2 of 2 Finals				M Englebretson M Durling			
1 Camile Valot	10	FF	54.06	4 Clark Laymon	12	FF	1:23.51	3 "A" H Rizvan D Galo		IOST	1:28.30
2 Isabelle Fielding	9	FF	44.50	5 Justin Barrett	12	IOST	1:39.23	F Scott N Lopez			
3 Alexandra Vear	10	IOST	43.32	6 Ian Inigo	11	FF	1:48.29	4 "A" L Gray K Sturgis		FF	1:38.47
4 Macy Mura	10	FF	43.88	1 James Gerac	13	IOST	^1:09.59	H Mitchell E Koenig			
5 Mia-michelle Mura	8	FF	52.70	2 Scott Gray	12	FF	1:01.57	5 "C" K Radke A Estridge		IOST	1:50.86
6 Klerra Radke	8	IOST	55.26	3 Andrew Little	14	IOST	59.55	M Coules G Degroot			
Heat 3 of 3 Finals				#5 Girls 15-18 100 Yard Freestyle				#10 Boys 8 & Under 100 Yard Medley Relay			
1 Morgan Adams	10	IOST	^38.42	Lane Name Age Team Seed Time				Lane Name Age Team Seed Time			
2 Emery Garza	10	IOST	^38.05	Heat 1 of 1 Finals				Heat 1 of 1 Finals			
3 Emma O'sullivan	10	IOST	30.44	1 Rachel Coyle	17	IOST	1:19.19	1 "C" M Doplerala C Vear		IOST	^2:03.32
4 Clara Koenig	10	FF	35.18	2 Kylee Vear	16	IOST	1:11.29	H Semple W Ragain			
5 Ashlyn Decaires	9	FF	38.19	3 Abbi Morales	15	IOST	^59.39	2 "B" T Patel J Johnson		IOST	^1:44.04
6 Anna Gray	9	FF	42.09	4 Nahomy Ibarra	17	IOST	1:10.56	B Fenter J Adams			
#2 Boys 10 & Under 50 Yard Freestyle				#5 Girls 15-18 100 Yard Freestyle				#10 Boys 8 & Under 100 Yard Medley Relay			
Lane Name Age Team Seed Time				Lane Name Age Team Seed Time				Lane Name Age Team Seed Time			
Heat 1 of 3 Finals				Heat 1 of 1 Finals				Heat 1 of 1 Finals			
2 Thomas Walsh	10	FF	1:18.38	5 Ashley Ibarra	15	IOST	1:13.19	3 "A" K Cooper K Ward		IOST	1:30.71
3 Logan Feistauer	8	FF	58.24	6 Krista Prodoehl	16	FF	1:30.04	M Tennon K Baquero			
4 Brady Yacoub	8	IOST	^1:05.05					4 "A" M Ferroukhi A Huffman		FF	1:23.00

Figure 4 - Heat Sheet

Figure 5 below is an example of a **Psych Sheet**:

