

# IOST 2016 After-School Practice Times

## @POA POOL

(31110 Imperial Oaks Blvd. Spring, Tx 77386)

Monday-Thursday

4:30-5:00	<b>6&amp;Under Ladies</b>
5:00-5:30	<b>6&amp;Under Boys</b>
5:30-6:30	<b>7/8 year-olds</b>
6:30-7:30	<b>9/10 year-olds</b>

## @Havenhouse Pool

(1910 Havenhouse Drive Spring, Tx 77386)

These practices will be moving to The Falls pool May 7<sup>th</sup>

Monday-Thursday

5:45-6:45	<b>11/12 year-olds</b>
6:45-8:00	<b>13/18 year-olds</b>

## Every Friday @ POA Pool

4:30-5:00	<b>All 6&amp;Unders</b>
5:00-5:45	<b>7/8 year-olds</b>
5:45-6:30	<b>9/10 year-olds</b>
6:30-7:15	<b>11/12 year-olds</b>
7:15-8:00	<b>13-18 year-olds</b>