

# LOE SWIM TEAM

Practice Times | Time Trials | Picture Day | Team Shirts & Spirit | Suits | Sponsors

## Regular Practice

**Regular Practice begins  
Monday May 1st.**

**Practice Location:**

Mon @ LOE

Tue/Wed @ LOEN

Th/Fri @ VAL

**Practice Times:**

4:25pm to 5:20 - 13 & Up

5:25pm to 5:55 – 7 & Under

6:00pm to 6:40 – 7\*-8

\* more intense/rigorous practice  
for proficient 7 year olds)

6:45pm to 7:25 - 8\*-10

\* more intense/rigorous  
practice for proficient 8 year olds)

7:30pm to 8:15 – 11-12

**Altered Practice times for  
Pep rally Days**

## Picture Day

Our Team & Individual  
Pictures will be taken on  
Monday May 8th at LOE.

Order Form will be attached  
to this email and should be  
completed prior to your  
arrival.



## Time Trials

We are excited to announce that we will be hosting our Time Trials on Friday May 5th at Villages at Lake Pointe.

To ensure that we can get all the swimmers times in we are asking that all 11&Up and 10&U swimmers, that can come early, come get their times for their 100 free and 100 IM done. This will take place between 3:45-4:20 PM

**Arrival Times:**

6&U swimmers need to arrive by 5:30 PM

7 - 8 swimmers need to arrive by 6:00PM

9-10 swimmers by 6:10 PM

Here is the approximate timeline for Friday evening. Please remember these times are approximate and that we will be prompt, so please be on time!

**Approximate Timeline:**

4:25-6:00 PM 11&Up

6:00-6:30 PM 6&U

6:30-8:30 7-8 and 9-10

*Any swimmers who cannot make it on Friday can make up their times on Monday, May 8th after team pictures!*

For more information visit our website  
at <http://loedolphins.swim-team.us> and click on "About our Team"

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## Team Shirts & Spirit Wear

All swimmer will receive their team shirts on Monday, May 8th prior to pictures. The shirts will be worn for the team picture. Individual pictures can be taken with suits or team shirt (families choose)

Spirit Wear items, if you ordered any, will also be distributed on Monday, May 8th.

## Team Suits

If you ordered a team suit via the website it will be mailed directly to your home. If you Pre-Ordered them back in March they will be available for pick up during the first week of practice. Please look for the Pool Monitor to get yours.

## Thank You Sponsors



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