



# 4<sup>th</sup> annual TRINITY SUMMER CLASSIC

Saturday June 27<sup>th</sup> & Sunday June 28<sup>th</sup>, 2015

8:00am start time each day

Conroe ISD Natatorium

Hosted by The Woodlands Marlins and Imperial Oaks Swim Teams

## HIGHLIGHTS

- **BEST MEET FACILITY IN THE AREA**
  - Two 8 lane, twenty-five yard pools, running simultaneously. Spectator seating capacity is about 1000. The Trinity is a fast and efficient championship meet.
  - Coaches and officials can enjoy the fully provisioned hospitality suite at anytime during the meet. Up to 4 coaches packets per team provided for FREE.
- **Timed Finals** – This is a pre-seeded meet that will be seeded slowest to fastest.
  - 10 & under events on Saturday in one 8 lane pool.
  - 11 & up events on Sunday with a boys 8 lane pool and girls 8 lane pool running *simultaneously*
- **Each event will score either one or two age groups but never more than 2 groups.** Details are listed in the body of this invitation under Awards and Scoring.
- **Individual High Point Awards** – 1<sup>st</sup> and 2<sup>nd</sup> place Trophy for boys and girls in groups awarded **by age** for the following: 6 & under, 7, 8, 9, 10, 11, 12, 13, 14, 15 & up. Based on scoring in gold and silver individual events.
- **Team awards** -First, second and third place team trophies will be awarded to the three highest scoring teams in each of **THREE** groups (small, medium and large as determined by event entry totals) based on the total points accumulated for individual and relay events.
- **3 Event Bonus Rule** – If the swimmer has achieved a Trinity time (gold or silver) in at least three events, the swimmer will be allowed to enter any remaining event(s) as long as they have not reached the cut off time.
- **VOLUNTEERS ARE ENCOURAGED!** We will gladly accept any help you would like to provide to us to help the meet run smoothly. Please contact Charlie below for additional information.
- Meet entries must be in STUS format this year for all teams.
- **MEET INFORMATION CONTACT:** Charlie Venema                      charlie.venema@united.com

Please contact this person for pre-meet information/concerns and post meet information/  
concerns/complaints BEFORE contacting Northwest Aquatic League Board Officers. This position has been  
appointed at the request of the Northwest Aquatic League Board Officers.

# 2015 TRINITY SUMMER CLASSIC YARDS

Ponderosa Invitational Times are the Cut Off Times

**SATURDAY June 27<sup>th</sup>, 2015**

<b>GIRLS event #</b>	<b>GOLD</b>	<b>SILVER</b>	<b>EVENT</b>	<b>GOLD</b>	<b>SILVER</b>	<b>BOYS event #</b>
1	1:40.00	1:59.00	10&U 100IM	1:43.00	1:58.00	2
3	27.50	34.00	6&U 25 FREE	27.50	34.00	4
5	20.50	23.00	7-8 25 FREE	20.00	23.00	6
7	16.75	18.00	9-10 25 FREE	16.50	18.50	8
9	32.25	37.50	6&U 25 BACK	33.00	39.50	10
11	25.50	30.00	7-8 25 BACK	25.50	30.00	12
13	21.50	23.50	9-10 25 BACK	21.50	24.50	14
15	-	-	6&U 100 FREE RELAY	-	-	16
17	-	-	7-8 100 FREE RELAY	-	-	18
19	-	-	9-10 100 FREE RELAY	-	-	20
21	28.00	33.00	8&U 25 BREAST	28.00	33.00	22
23	23.50	26.00	9-10 25 BREAST	23.50	26.00	24
25	25.00	30.00	8&U 25 FLY	25.50	31.00	26
27	20.00	23.00	9-10 25 FLY	20.50	24.00	28
29	-	-	8&U 100 MEDLEY RELAY	-	-	30
31	-	-	9-10 100 MEDLEY RELAY	-	-	32

**SUNDAY June 28<sup>th</sup>, 2015**

<b>GIRLS event #</b>	<b>GOLD</b>	<b>SILVER</b>	<b>EVENT</b>	<b>GOLD</b>	<b>SILVER</b>	<b>BOYS event #</b>
33	1:11.50	1:17.00	11-14 100 FREE	1:08.00	1:17.00	34
35	1:10.00	1:17.00	15-18 100 FREE	1:00.00	1:15.00	36
37	39.50	45.00	11-12 50 FLY	42.00	50.00	38
39	36.50	42.00	13-14 50 FLY	35.00	42.00	40
41	34.30	40.00	15-18 50 FLY	30.00	40.00	42
43	45.50	50.00	11-12 50 BREAST	45.00	51.00	44
45	43.50	50.00	13-14 50 BREAST	41.00	50.00	46
47	41.00	47.00	15-18 50 BREAST	36.00	44.00	48
49	-	-	11-12 200 MEDLEY RELAY	-	-	50
51	-	-	13-14 200 MEDLEY RELAY	-	-	52
53	-	-	15-18 200 MEDLEY RELAY	-	-	54
55	1:27.00	1:38.00	11-12 100 IM	1:30.00	1:40.00	56
57	1:21.00	1:35.00	13-14 100 IM	1:17.00	1:35.00	58
59	1:19.00	1:32.00	15-18 100 IM	1:09.00	1:25.00	60
61	41.00	47.00	11-12 50 BACK	42.50	49.00	62
63	38.25	43.00	13-14 50 BACK	38.00	44.00	64
65	37.50	43.00	15-18 50 BACK	33.50	43.00	66
67	33.50	37.00	11-12 50 FREE	34.00	38.00	68
69	31.75	35.00	13-14 50 FREE	29.50	35.00	70
71	30.50	34.00	15-18 50 FREE	26.50	31.00	72
73	-	-	11-12 200 FREE RELAY	-	-	74
75	-	-	13-14 200 FREE RELAY	-	-	76
77	-	-	15-18 200 FREE RELAY	-	-	78

**2015 TRINITY SUMMER CLASSIC**

**METERS**

Ponderosa Invitational Times are the Cut Off Times

**SATURDAY JUNE 27<sup>th</sup>**

GIRLS event #	GOLD	SILVER	EVENT	GOLD	SILVER	BOYS event #
1	1:51.00	2:12.09	10&U 100IM	1:54.33	2:10.98	2
3	30.52	37.74	6&U 25 FREE	30.52	37.74	4
5	22.75	25.53	7-8 25 FREE	22.20	25.53	6
7	18.60	19.98	9-10 25 FREE	18.31	20.53	8
9	35.80	41.62	6&U 25 BACK	36.63	43.84	10
11	28.30	33.30	7-8 25 BACK	28.30	33.30	12
13	23.86	26.08	9-10 25 BACK	23.86	27.19	14
15	-	-	6&U 100 FREE RELAY	-	-	16
17	-	-	7-8 100 FREE RELAY	-	-	18
19	-	-	9-10 100 FREE RELAY	-	-	20
21	31.08	36.63	8&U 25 BREAST	31.08	36.63	22
23	26.08	28.86	9-10 25 BREAST	26.08	28.86	24
25	27.75	33.30	8&U 25 FLY	28.30	34.41	26
27	22.20	25.53	9-10 25 FLY	22.75	26.64	28
29	-	-	8&U 100 MEDLEY RELAY	-	-	30
31	-	-	9-10 100 MEDLEY RELAY	-	-	32

**SUNDAY JUNE 28<sup>th</sup>**

GIRLS event #	GOLD	SILVER	EVENT	GOLD	SILVER	BOYS event #
33	1:19.36	1:25.47	11-14 100 FREE	1:15.48	1:25.47	34
35	1:17.70	1:25.47	15-18 100 FREE	1:06.60	1:23.25	36
37	43.84	49.95	11-12 50 FLY	46.62	55.50	38
39	40.51	46.62	13-14 50 FLY	38.85	46.62	40
41	38.07	44.40	15-18 50 FLY	33.30	44.40	42
43	50.50	55.50	11-12 50 BREAST	49.95	56.61	44
45	48.28	55.50	13-14 50 BREAST	45.51	55.50	46
47	45.51	52.17	15-18 50 BREAST	39.96	48.84	48
49	-	-	11-12 200 MEDLEY RELAY	-	-	50
51	-	-	13-14 200 MEDLEY RELAY	-	-	52
53	-	-	15-18 200 MEDLEY RELAY	-	-	54
55	1:36.57	1:48.78	11-12 100 IM	1:39.99	1:51.00	56
57	1:29.91	1:45.45	13-14 100 IM	1:25.47	1:45.45	58
59	1:27.69	1:42.12	15-18 100 IM	1:16.59	1:34.35	60
61	45.51	52.17	11-12 50 BACK	47.17	54.39	62
63	42.45	47.73	13-14 50 BACK	42.18	48.84	64
65	41.62	47.73	15-18 50 BACK	37.18	47.73	66
67	37.18	41.07	11-12 50 FREE	37.74	42.18	68
69	35.24	38.85	13-14 50 FREE	32.74	38.85	70
71	33.85	37.74	15-18 50 FREE	.41	34.41	72
73	-	-	11-12 200 FREE RELAY	-	-	74
75	-	-	13-14 200 FREE RELAY	-	-	76
77	-	-	15-18 200 FREE RELAY	-	-	78

# TRINITY SUMMER CLASSIC

## Saturday June 27<sup>th</sup> & Sunday June 28<sup>th</sup>, 2015

### Meet Basics:

**LOCATION:** Conroe ISD Natatorium 19133 David Memorial Drive Shenandoah, TX 77385

**Directions: From I-45**

1. Exit Research Forest Drive
2. Turn East on Research Forest Drive
3. Turn left on David Memorial Drive (just past Home Depot)
4. CISD NAT will be on your right

**POOL:** 2 Eight lane, indoor 25 yard anti wave pools with non-turbulent lane lines; electronic timing with automatic data acquisition; Scoreboard results. Spectator bleacher seating is for observation only. There is **NO SETUP** in the stands. Please **NO** flash photography at the start of a race. Team set up is outdoors, under the stadium. Some areas are shaded, some are not. Tents are advised.

### MEET SCHEDULE:

Saturday, June 27<sup>th</sup> & Sunday, June 28<sup>th</sup> -**TIMED FINALS** -one session during the day – **NO EVENING FINALS!**  
First Warm-up at 6:30 – 7:00 AM, Second warm-up at 7:00 AM – 7:30AM Meet Starts at 8:00 AM on both days

Warm-ups will be divided into groups and determined after all meet entries have been received. These warm-up times and lane assignments will be listed in the Heat Sheet as well as posted on the NWAL website [www.nwal.org](http://www.nwal.org) two days prior to the meet.

### QUALIFYING TIMES:

See attached 2015 TRINITY SUMMER CLASSIC Time Standards

Only swimmers with minimum qualifying times in Individual Events that **do not reach the cut-off time** will be allowed to compete in that individual event. Please review 3 event Bonus Rule below. All times must be from an official 2015 NWAL Meet. These times must be Official Times made without disqualifications during a Dual, Divisional or Invitational Meet during the 2015 NWAL Season. **Time Trial times will NOT be allowed as well as NT (No Times) for individual events.**

### 3 Event Bonus Rule –

If the swimmer has achieved a TRINITY time (gold or silver) in at least three events, the swimmer will be allowed to enter any remaining event(s) for his/her age group for which the swimmer has not achieved a Trinity time. See exceptions below. **Make sure you check the Bonus Box on the team manager entry screen for those entries to indicate that this entry did not meet the qualification time.**

**Exception: Cut-Off Times** - Under no circumstances can the swimmer enter any event if he/she has

- reached the cut-off time (Ponderosa qualifying time)
- **or** has a No Time (NT) in the event

**Exception: 100 Free** - The 100 Free is exempt from the (3) event rule. Swimmers must achieve the time standard in order to enter the event.

### ENTRY FEES:

Individual Events: \$5.00

Relays Events: \$10.00

Make checks payable to: **Imperial Oaks Swim Team**. Entry Fees **must** accompany entries.

## **ENTRIES:**

Teams are asked to have their regular entry personnel do the entries for this meet.

**All teams must submit their entries on a Flash Drive, using swim-team.us formatting.**

This is the same export file that all teams use to export entries for their Dual and Divisional meets. Teams should download the 2015 TRINITY.STD time standard file and the.HYV meet event file that is posted on the NWAL website, [www.nwal.org](http://www.nwal.org). Teams should put their entries onto a Flash Drive. **Names of the Relay swimmers must be included with the meet entries. Proof of times for Relay only swimmers must be included in meet entries. Relay swimmers MUST already be entered in the meet to be added to a Relay the day of the meet when Relay changes are submitted to the Clerk of Course.**

**RELAYS:** Swimmers who have **reached the cut-off time in an Individual Stroke are ineligible to swim that Stroke in a TRINITY Relay.** The protest procedures and penalties described below will apply for violation of this rule. **Proof of times for Relay only swimmers must be included in meet entries.** ANY SWIMMER FOUND TO HAVE REACHED THE PUBLISHED CUT-OFF TIME DURING THE 2015 NWAL SEASON IN ANY INDIVIDUAL EVENT WHICH HE/SHE SWIMS WILL FORFEIT ALL INDIVIDUAL AND TEAM POINTS EARNED AND WILL BE REQUIRED TO RETURN ANY AWARDS PRESENTED TO HIM/HER.

A team may enter a maximum of three (3) relay teams per event.

A Hard copy of Meet Entry Report created from the Team's Team Manager Software **is required** to be turned in with the flash drive. This report should be sorted by name and the "include proof of time" option should be checked. **On the hard copy highlight the swimmers names and swims which are entering a bonus event using the 3 event bonus rule.**

If best time was achieved at a pool that is not the standard 25 meter or 25 yard pool, please contact the meet entry coordinator for conversions and entry instructions.

## **ENTRIES DUE:**

An entry flash drive and documents must be presented at the CISD Natatorium 19133 David Memorial Drive, Shenandoah TX, 77385, on Monday, June 22<sup>nd</sup> between 4:00pm and 8:00pm. Make sure to have all your paperwork, entries on a Flash Drive and payment completed before you come. Do not forget to select the "Include the Proof of Time" option on your Meet Entry Report and sort it by Name.

## **What to bring to registration:**

- **Swim-team.us entry file on a Flash Drive.**
- Hard Copy Meet Entry Details created from Swim Team US is required to be turned in with the flash drive. This report should be sorted by name and the 'show proof' option should be checked. **(Sorted by Name and Including Proof of Times. Highlight the swimmers names and swims which are entering a bonus event using the 3 event bonus rule.)**
- Team Summary Page (included in this packet)
- Any Team Spirit or Event Sponsors (use attached form)
- Preorder for T-shirts (use attached form)
- Payment – Check payable: Imperial Oaks Swim Team

**NO ENTRIES WILL BE ACCEPTED AFTER 8:00pm on MONDAY, JUNE 22<sup>nd</sup> !**  
Meet Entry Questions? Contact Charlie Venema      [charlie.venema@united.com](mailto:charlie.venema@united.com)

## **LIMITED DECK ENTRIES:**

Limited deck entries will be accepted each day of the meet **ONLY** according to the following parameters:

1. Deck entries must be submitted to the Clerk Of Course at 7:00 a.m. each day in the scoring office on deck.
2. Proof of qualifying time will be required. Either Hy-Tek Team Manager Top Times Report OR a new Meet Entry Report with proof of time, for the swimmer in question, must be presented with the entry.
3. The fee is ten dollars (\$10.00) per each Individual Entry and twenty dollars (\$20.00) per each Relay Entry. Fees must be paid to the Clerk Of Course at the time of entry.
4. **Late entries will be placed into empty lanes ONLY.** Empty lanes may appear in the first and second heat of an event. Swimmers will be put into the fastest empty lanes available on a first come first serve basis until all heats are full. **Events will not be re-seeded. If lanes are full, no entries will be accepted for that specific event.**
5. **Relay swimmers MUST already be entered in the meet** to be added to a Relay the day of the meet when Relay changes are submitted to the Clerk of Course. The Meet Director/Meet Referee reserves the right to deny late entries.

**MEET REFEREES:** TBD

**MEET DIRECTOR:** Charlie Venema      charlie.venema@united.com

**MEET COORDINATOR:** Keith Corell      president@thewoodlandsmarlins.org

**MEET INFORMATION CONTACT:**

Charlie Venema or Keith Corell. Please contact these persons for pre-meet information/concerns and post meet information/concerns/complaints BEFORE contacting Northwest Aquatic League Board Officers. These positions have been appointed at the request of the Northwest Aquatic League Board Officers.

**SAFETY GUIDELINES AND WARM-UP PROCEDURES:** See attached Safety Guidelines and Warm-up Procedures

**OFFICIALS:**

Only Certified NWAL 2015 Officials will officiate at this meet. There will be a meeting of all officials at 7:30 a.m. each day. Teams attending are encouraged to provide officials for each day.

**RULES:** The TRINITY SUMMER CLASSIC rules will be based upon the 2015 NWAL Rules except as otherwise indicated. All swimmers/teams must be registered and in good standing with the Northwest Aquatic League (N WAL). A swimmer may enter as many individual events each day as he/she is qualified. Each swimmer is limited to one swim in the Free relay category. Swimmers may only compete in one age group for the entire meet as per NWAL rules. All times must be official best times made during the 2015 NWAL Season during a Dual, Divisional or Invitational Meet. **NO TIME TRIAL TIMES ARE ALLOWED.**

**PLEASE NOTE:**

Teams are asked to check the Athlete Roster that will be posted on the NWAL websites no later than Wed. PM after the entry drop off. This list will be sorted by team and will list each entered athlete alphabetically along with the number of events they are entered in. It will not show which events they are entered in. **THIS IS EVERYONES** (Parents, Coaches, Swimmers, and Team Reps) **OPPORTUNITY TO MAKE SURE THAT SWIMMERS ARE ENTERED INTO THE MEET.**

**SEEDING:**

**The meet will be a pre-seeded meet.** All heat and lane assignments will be made prior to the meet. There will be no reseeding at the ready bench. The heat and lane assignments will be shown in the Meet Program that is for sale. The coaches must turn in relay changes or with any swimmer and time adjustments by 9:00 a.m. for all Freestyle relays. If any swimmer changes are made on the relays, it is the coach's responsibility to make sure that the adjusted relays do not include any swimmers swimming a stroke in which they have a Ponderosa time. All swimmers must be shown in the order in which they will swim on the relay. Proof of times for Relay only swimmers must be included in meet entries. **Relay swimmers MUST already be entered in the meet to be added to a Relay the day of the meet when Relay changes are submitted to the Clerk of Course.**

**READY BENCH:**

This meet is pre-seeded which means all heats and lane assignments have been made prior to the meet. It is the swimmer's responsibility to be at the Ready Bench Area on time, announcements will be made and a flip chart will also be used to assist the swimmers. Except for one adult to accompany relay teams with swimmers 10 years old and younger, parents and coaches will not be permitted in the ready bench area. Experienced meet workers will help the swimmers through the ready bench area and to the blocks.

## **AWARDS AND SCORING**

**Individual Event Awards GOLD AND SILVER groups-** Medals will be awarded to individuals placing 1<sup>st</sup>-3<sup>rd</sup> place. Ribbons will be awarded to individuals placing 4<sup>th</sup>-8<sup>th</sup> place. Multi-age group events will be scored and awards give per individual age for each event (one or two groups per event) as follows:

- 6&under events** – awards for 6 & unders only,
- 8&under events** – awards for 8 yr olds and 7&unders,
- 10&under events** – awards for 10 yr olds and 9&unders
- 7-8 yr old events** – awards for 7yr olds and 8yr olds
- 9-10yr old events** – awards for 9yr olds and 10 yr olds
- 11-12yr old events** – awards for 11yr olds and 12 yr olds
- 11-14 yr old events** – awards for 14yr olds and 11-13 yr olds
- 13-14yr events** – awards for 13 yr olds and 14yr olds
- 15-18yr old events** – awards for 15yr & over only.

**Relay Awards** – Medals will be awarded to the 4 individual swimmers on the relay teams placing 1<sup>st</sup>-3<sup>rd</sup> place. Ribbons will be awarded to the 4 individual swimmers on the relay teams placing 4<sup>th</sup> – 8<sup>th</sup> place for all four swimmers in the relays.

**Individual High Point Awards – 1<sup>st</sup> and 2<sup>nd</sup> place Trophies** for boys and girls awarded by age for the following 6&unders, 7, 8, 9, 10, 11, 12, 13, 14, 15&over based on scoring in gold and silver individual events. Ties will be broken and only two winners will be name. In the event of a tie, the tie-breaker will be the swimmer with the most 1<sup>st</sup> place finishes. If that is a tie, then the number of second place finishes will be used, and so on until the tie is broken.

**Team Awards** - First, second and third place team trophies will be awarded to the three highest scoring teams in each of THREE groups, based on the total points accumulated for individual and relay events. (Groups will be based on number of swimmers/entries and will be determined after entries are received). Ties will be broken by same method used in high point awards.

### **AWARDS PRESENTATION:**

Presentation of Awards will be awarded at the conclusion of each days session. **Please, designate someone from your team (a parent or coach) to stay on Sunday to collect any awards for your team not picked up during the meet.** This will help to insure all your swimmers receive the awards they earned in a timely manner.

### **SCORING:**

Scoring for individual events GOLD AND SILVER (**1st through 8th places**): 9-7-6-5-4-3-2-1. Scoring for relay events (**1st through 8th place**): 18-14-12-10-8-6-4-2 Individual points will be awarded to swimmers finishing in the top 8 positions in individual events. Team points will be awarded for individuals finishing in the top 8 positions in individual events and relay teams finishing in the top 8 positions.

### **TIMING SYSTEM and TIMERS:**

An electronic timing system will be used along with one watch per lane for back-up. Timing assignments will be listed in the Heat Sheet as well as the NWAL website at least two days prior to the meet.

### **MEET RESULTS and SCORES:**

Daily results will be posted after each day is completed on the NWAL website [www.nwal.org](http://www.nwal.org). Swimmers and coaches who are not able to stay on Saturday to see the results for their event posted at the meet may go to the web site on Saturday evening to view their results.

### **PROTEST OF TIMES:**

**Anyone protesting a swimmer reaching the cut-off time has the burden of proving that the swimmer reached the cut-off time in an official NWAL meet held during the 2015 season.** ANY SWIMMER FOUND TO HAVE REACHED THE PUBLISHED CUT-OFF TIME DURING THE 2015 NWAL SEASON IN ANY INDIVIDUAL EVENT WHICH HE/SHE SWIMS WILL FORFEIT ALL INDIVIDUAL AND TEAM POINTS EARNED AND WILL BE REQUIRED TO RETURN ANY AWARDS PRESENTED TO HIM/HER. All Meet Entry Reports with the "Proof of Times" will be kept at the meet at all times.

### **FACILITY RULES:**

No smoking is allowed in the natatorium or on the grounds. No glass containers of any type are allowed in the natatorium. Damage to or misuse of the facilities is not permitted. Violations of any rules may subject the offender to removal from the meet and penalty by CISD.

### **POOL DECK RESTRICTION:**

Because of insurance and safety regulations, the swimming pool deck, during the operation of the swim meet, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel and timers. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety as well as the swimmers.

### **CONCESSIONS:**

A full Concession will be available during the meet.

### **HOSPITALITY:**

A hospitality room will be provided for coaches, officials and volunteers only.

### **MERCHANDISE:**

2015 TRINITY SUMMER CLASSIC, (Heat Sheets, T-Shirts, Towels, Caps, Shorts, etc.) will be available for purchase at the meet. Preorders by team for selected merchandise will be accepted at registration. Use attached preorder form. Preordered merchandise packages may be picked up at the meet on Saturday and Sunday mornings after 9:00am. Swim gear will also be available at the meet.

### **COACHES' PACKETS:**

A complimentary coach's packet (up to four per team) will be given to each team entered in the meet and will be available for pick up at the Clerk of Course. Coaches will be given access to the Hospitality room on both days at no cost.

### **WARM-UP PROCEDURES**

- Teams should warm up in their assigned lane(s) at their assigned time. A warm up schedule will be posted on the [www.nwal.org](http://www.nwal.org) website on Wednesday prior to the meet.
- Dedicated start lanes will be made available during each warm up session. These lanes will be for one way starts only please.

### **SAFETY GUIDELINES**

#### **A. Swimmers Responsibilities**

All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.

#### **B. Coaches Responsibilities**

- Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
- Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
- Coaches shall actively supervise their swimmers throughout the warm-up session.
- Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
- Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.

#### **C. Safety Marshals**

Appointed Safety Marshals have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**

#### **D. Miscellaneous**

- Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroke is waiting to start.
- Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
- Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
- All diving boards and equipment are **OFF LIMITS.**

# WELCOME to the 4th annual Trinity Summer Classic!

## Here are a few important items that you need to know:

**SATURDAY** – 10 and under meet will be in a single pool

**MEET START TIME** – Meet start time is 8:00 am on both days to allow for an earlier finish.

**WARM UP TIMES** – 6:30 am – 7:00 am and 7:00 am – 7:30 am and will be assigned by team sizes via email to team contacts on Tuesday.

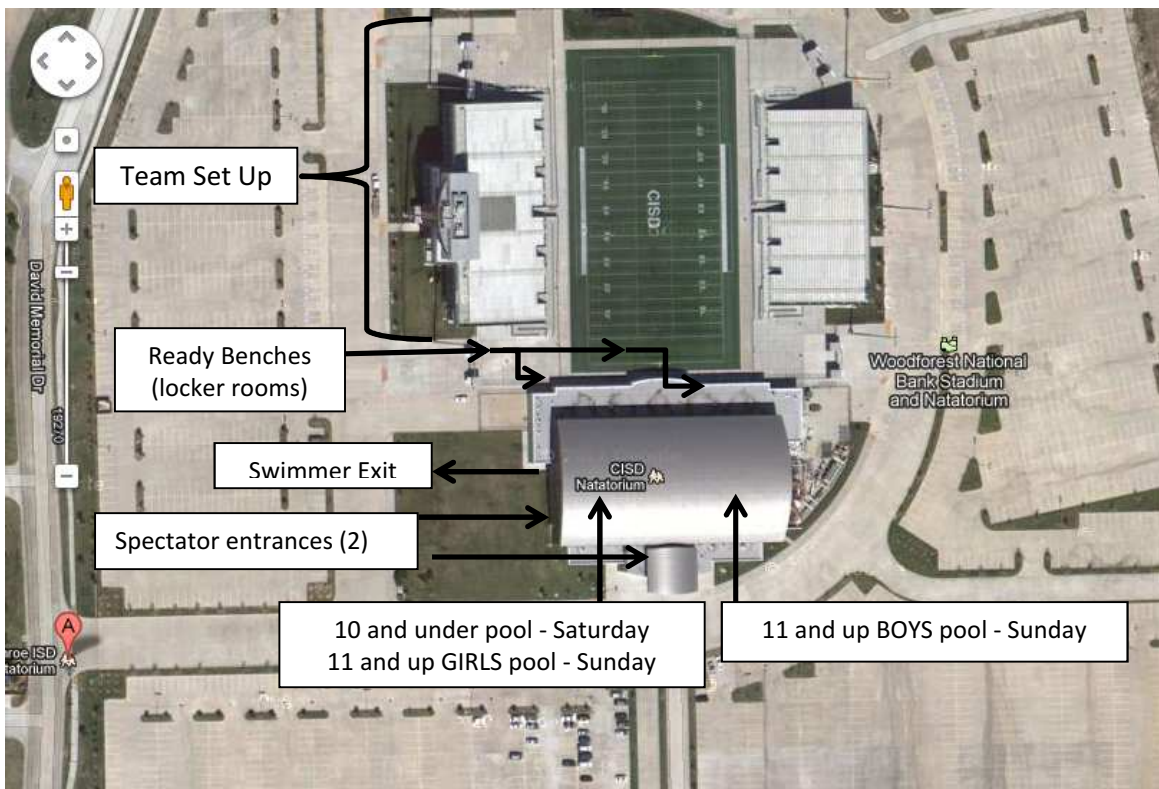
**TEAM SET UP AREAS** – Please set up under and around the stadium on the west side of the Natatorium inside the fenced area. There is plenty of cover and shade although some tents may be handy for grassy areas.

**AWARDS** will be distributed at the main entrance of the Natatorium during and after the meet.

**RESULTS** will be posted in the main entrance area of the Natatorium, and by the south stadium entrance.

**CISD POLICY** - NO parents on deck during the meet or warm ups please. During warm ups parents may enter the ready bench area and drop a swimmer off on deck, but then must exit the deck area.

**CISD POLICY** – All swimmers must shower before entering the pool. This is a one-time requirement per day, and can easily and quickly be accomplished in the ready bench area.



**Conroe ISD Natatorium** 19133 David Memorial Drive, Shenandoah, TX 77385

Questions? Charlie Venema @ [charlie.venema@united.com](mailto:charlie.venema@united.com) or 281-451-3972

# 2015 TRINITY SUMMER CLASSIC HEAT SHEET

## TEAM SPIRIT / EVENT SPONSORING

Please pass this information along to your Parents, Swimmers and Coaches.

TRINITY SUMMER CLASSIC is offering a couple different ways to show your appreciation and support to swimmers, coaches and/or sponsors. Either of these options would be a great way of saying, "Way to Go!", "Thank you for your Support!", and/or "We are Proud of You!".

**TEAM NAME:** \_\_\_\_\_

.....

### FULL PAGE SPIRIT ADS:

Show team spirit and list the swimmer's names that are All-Star Qualifiers, this is sure to make them smile with pride. In addition you may wish to thank your 2015 Sponsors for supporting your team this season with a special page dedicated to them with Thanks. This page will be printed twice in the Heat Sheet, once for Saturday and again for Sunday.

TOTAL Pages: \_\_\_\_\_ X \$ 30.00 = \$ \_\_\_\_\_

\* DON'T FORGET to bring Spirit Pages to Registration! \*

.....

### EVENT SPONSORING:

Show your swimmer support by sponsoring his/her favorite event! This sponsorship will be printed in the Heat Sheet. Your swimmer will love seeing their name appearing in the Heat Sheet.

Example: Event # 23 Boys 6 & Under 25 Yard Backstroke

Sponsor: GOOD UCK KYLE! Love, Mom & Dad

Event # \_\_\_\_\_ Event Description: \_\_\_\_\_

Sponsor: \_\_\_\_\_ (limit 36 letters and spaces)

TOTAL Events: \_\_\_\_\_ X \$ 5.00 = \$ \_\_\_\_\_

.....

TOTAL SPIRIT/EVENT SPONSORSHIP: \$ \_\_\_\_\_

# 2015 TRINITY SUMMER CLASSIC

## Heat Sheet Advertising Rates

**Prices:**

Full Page \$ 200

Half Page \$ 100

Quarter Page \$ 65

Business Card Size \$ 25

**For more information contact:**

Steve Hammond hmcesham@yahoo.com

**Mechanical specifications are as follows:**

Full page 7 inches x 9.5 inches

Half page 7 inches x 4.5 inches

Quarter page 3 inches x 4.5 inches

Business card 2 inches x 3 inches

**All ads are black and white.** Please send jpeg or bmp file

- How can we receive your company logo?  
email electronic file  
camera ready art (black & white only)

**Your Contact information:**

Contact Name: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Email ad or art to:** hmcesham@yahoo.com

**Payment due at time of registration.**

# 2015 TRINITY SUMMER CLASSIC

## TEAM SUMMARY

TEAM NAME: \_\_\_\_\_ Team Abbreviation: \_\_\_\_\_

TEAM REPRESENTATIVE NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

TEAM ENTRY PERSON: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

MAIL AWARDS NOT PICKED UP TO:

NAME: \_\_\_\_\_ EMAIL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

**CHECK LIST:**

- Swim-team.us Entry Export file on Flash Drive
- Hard Copy Meet Entry Report- For Individual and Relay Events  
(Sorted by Name and Including Proof of Times for Individuals and Relays!!)
- This Team Summary Page
- Any Team Spirit or Event Sponsors (use attached form)
- Per order for T-shirts (use attached form)
- Payment – Check payable: Imperial Oaks Swim Team

**NWAL OFFICIALS VOLUNTEERING/Other volunteers – List Name, email, phone # please**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_

**TOTALS:**

Coach packages requested:	# _____	x FREE	
Total Number of Swimmers	# _____		
Number of Individual Entries:	# _____	x \$5.00 =	\$ _____
Number of Relay Entries:	# _____	x \$10.00 =	\$ _____
		Total Entry Fee Amount =	\$ _____
Spirit/Event Sponsor Ads: (Attach Spirit/Event Sponsor Page)			\$ _____
TRINITY Merchandise Preorder: (Attach Preorder form)			\$ _____
	<b>TOTAL DUE:</b>		\$ _____

For Office Use:

Paid by: CASH – amount \$ \_\_\_\_\_ Check # \_\_\_\_\_ amount \$ \_\_\_\_\_

# TRINITY SUMMER CLASSIC

## Team Merchandise Preorder Form

Bring this form with you to registration. Preordered merchandise can be picked up after 9:00 am both Saturday and Sunday mornings at the meet at the front desk. This is the 2015 design:



**Custom 2015 TRINITY SUMMER CLASSIC T-shirt**    \$15.00 each

Size & Quantity:

Youth: Med \_\_\_\_\_ Youth Large \_\_\_\_\_

Adult: Small \_\_\_\_\_ Med \_\_\_\_\_ Large \_\_\_\_\_ XLarge \_\_\_\_\_ XXLarge \_\_\_\_\_

**Total number T-shirts ordered (YM-AXL):** \_\_\_\_\_ x \$15.00 = \$ \_\_\_\_\_ **Total**

**Total Adult XXLG T-shirts ordered:** \_\_\_\_\_ x \$17.00 = \$ \_\_\_\_\_ **Total**

**MERCHANDISE GRAND TOTAL: \$ \_\_\_\_\_**

NWAL TEAM NAME (Not mascot): \_\_\_\_\_

PERSON PICKING UP MERCHANDISE AT MEET: \_\_\_\_\_

PHONE # \_\_\_\_\_ ALTERNATE PHONE # \_\_\_\_\_

EMAIL ADDRESS: (Must have) \_\_\_\_\_