

2017 Cuda Practice Schedule- Northcrest Pool

NEW CUDAS only: Monday April 10 - Wednesday April 12. No Practice Thursday or Friday

Ages	Time	Location
10 & Under	4:30 – 5:00	Northcrest Pool
11 & over	5:00-5:30	Northcrest Pool

ALL CUDAS: April 17- June 1

Ages	Time	Location
6 & Under	4:45 - 5:15	Northcrest Pool
7-8	5:15- 6:00	Northcrest Pool
9-10	4:00-4:45	Northcrest Pool
11- 14	6:00 - 7:00	Northcrest Pool
Ages 15-18	3:00 - 4:00	Northcrest Pool

Monday May 29- Memorial Day- No practice!

June 1 - last day of school schedule

Morning: June 2-16 at Northcrest

Ages	Time	Location
7-8 (M-F)	8:00-8:45	Northcrest Pool
9-10 (M-F)	8:45-9:30	Northcrest Pool
6 & Under (M-F)	9:30-10:00	Northcrest Pool
11-18 (M-F)	10:00-11:00	Northcrest Pool

Evenings: June 9-20

10 & under (M-TH)	5:00-5:45 p.m.	Northcrest Pool (3 lanes)
11 & up (M-TH)	5:45- 6:30 p.m.	Northcrest Pool (3 lanes)

* No evening practice on Sprint Sizzler Monday June 5!

June 19-23 at Northcrest: morning practice for All-Star/Ponderosa qualifiers

6 & under (M-F)	8:45-9:15 a.m.	Northcrest Pool
11 & over (M-F)	9:15-10:15 a.m.	Northcrest Pool
7-10 (M-F)	10:15-11:00 a.m.	Northcrest Pool

*Practice schedule subject to change after registration is complete.