

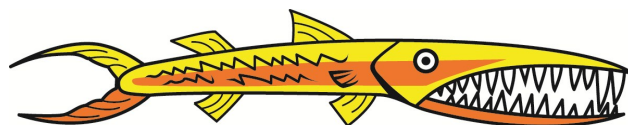
Congratulations to our All Star and Ponderosa Qualifiers!

Hats Off to YOU!



Thursday is CRAZY hat Day at all Practices.

CUDas are nacho ordinary swimmers!



**Friday we will wear our Best cUDa Gear
and eat nachos after all morning Practices.**

questions? SPiritParties@northamptoncUDas.com