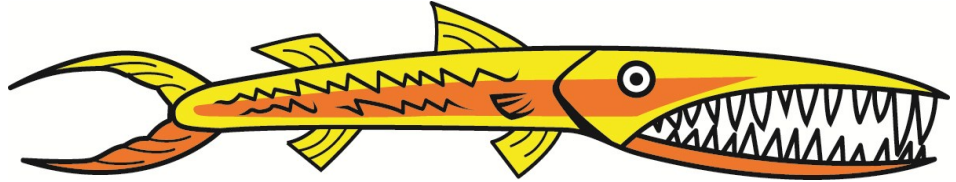


Spirit Week

June 13-17



Monday

Patriots & Pancakes

Wear your best patriotic gear and join us for pancakes after all morning practices.

Tuesday

Swim Like a Superhero

Wear your favorite superhero gear.

Wednesday



Wear your best tie dye or 70's groovy

Thursday

#TBT

Throwback Thursday—retro, neon, etc.
Nail & hair painting with the Junior Coaches
after all morning practices.

Friday

Black & Gold Day

Show your Cuda Spirit with team colors—get creative!

Spirit Party

6- 7 pm

Bring your favorite pasta to share
and drinks for your family.