

Get Ready For Summer League with



Summer Start Up 2016

REGISTRATION is now open online!

www.swimbluetide.org

March 28th – April 19th Kingwood Park High School Pool

This is a 4 week program consisting of 7 (seven) classes. It is designed for swimmers ages 7 and over. **ALL SWIMMERS MUST BE ABLE TO EASILY SWIM ONE LENGTH OF THE POOL** freestyle and backstroke unassisted, and **have competed in at least ONE season of summer league.**

Emphasis will be on strokes, starts, turns and laying a foundation for a successful summer. Within the 7 classes, we will cover all 4 strokes, starts, all turns and finishes.

Monday/Wednesday classes will run: 3/28, 3/30, 4/4, 4/6, 4/11, 4/13, 4/18

Tuesday/Friday classes will run: 3/29, 4/1, 4/5, 4/8, 4/12, 4/15, 4/19

Ages 7-8 Tuesdays & FRIDAYS 5:00-5:45pm

Ages 9-10 – Mondays & Wednesdays 5:00-5:45pm

Ages 11+ Mondays & Wednesdays 5:45-6:30pm

The cost of the camp is \$95 per swimmer and all participants receive a free T-Shirt.

Fee is NON-REFUNDABLE. Please check the dates before you register.

Swimmers MUST register with the age group that they will swim with this summer. No exceptions can be made.

Blue Tide Aquatics is a local team with a national reputation. For 35 years, Blue Tide has provided a full spectrum of swimming opportunities from non-competitive, entry level to national elite swimming. Blue Tide is proud to have a full time professional coaching staff with extensive credentials. Visit www.swimbluetide.org to learn more about our programs and our coaches.

Registrations will be capped at 30 swimmers per session.
No additional sessions will be opened and no waiting list will be kept.

Be sure to register early.

Please direct all questions to cynthiacantrell@yahoo.com