



6th annual TRINITY SUMMER CLASSIC



Saturday June 24th & Sunday June 25th, 2017

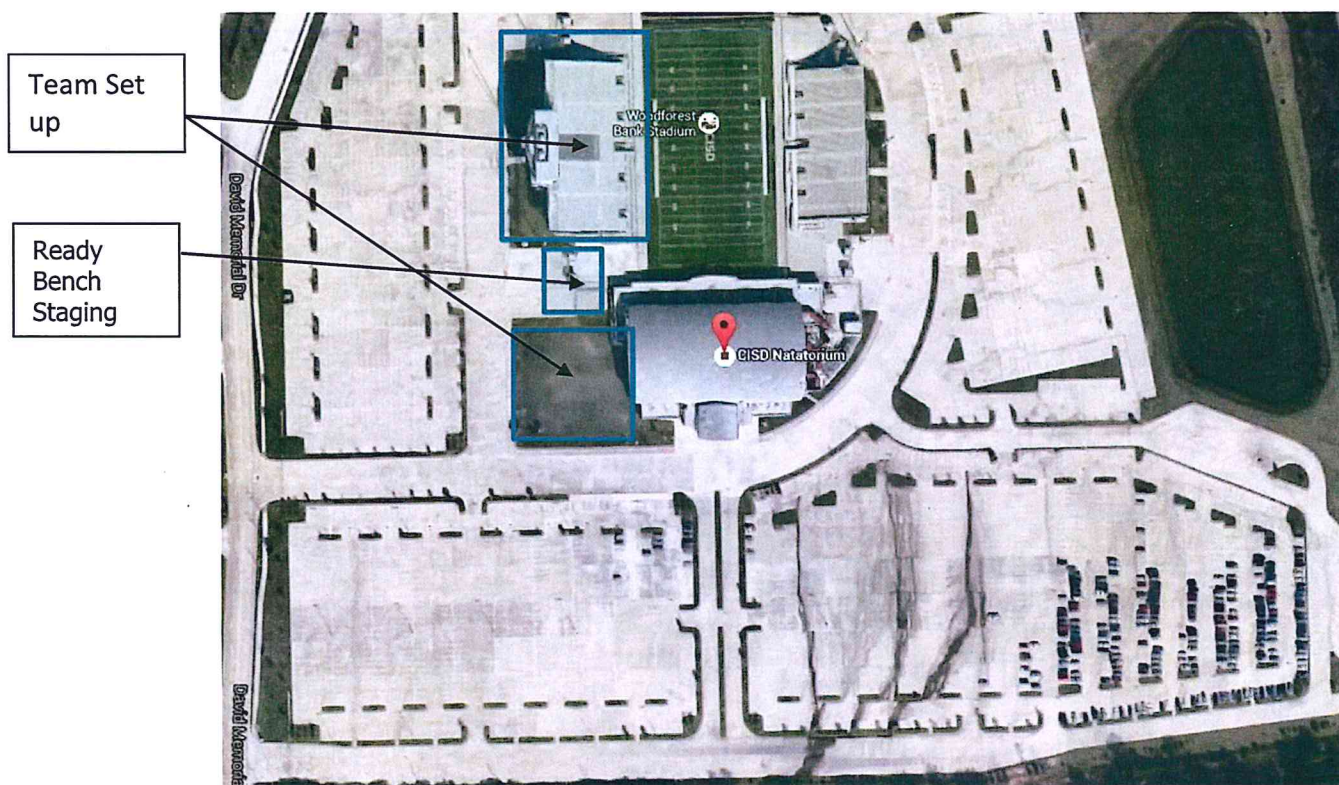
8:00am start time each day

Conroe ISD Natatorium

Hosted by The Woodlands Marlins and Imperial Oaks Swim Teams

We are back to 'normal' with regard to available team set up. Teams are welcome to set up under the grandstands on the WEST side of the stadium, and are also welcome to set up in the grass on the WEST side of the Natatorium.

1. Ready benches will return to the locker rooms, with staging under tents on the WEST side of the Natatorium.
2. Parking is available anywhere this year.
3. Time standards have returned to the 2015 levels.



We have enjoyed hosting this meet in the best swimming venue in Houston, and hope that you will continue to join us this season!



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8:00am start time each day

Conroe ISD Natatorium

Hosted by The Woodlands Marlins and Imperial Oaks Swim Teams

HIGHLIGHTS

- **BEST MEET FACILITY IN THE AREA**
 - Two 8 lane, twenty-five yard pools, running simultaneously. Spectator seating capacity is about 1000. Trinity is a fast and efficient championship meet.
 - Coaches and officials can enjoy the fully provisioned hospitality suite at anytime during the meet. One coaches packets per team provided for FREE.
- **Timed Finals** – This is a pre-seeded meet that will be seeded slowest to fastest.
 - 10 & under events on Saturday in one 8 lane pool.
 - 11 & up events on Sunday with a boys 8 lane pool and girls 8 lane pool running *simultaneously*
- **Each event will score either one or two age groups but never more than 2 groups.** Details are listed in the body of this invitation under Awards and Scoring.
- **Individual High Point Awards** – 1st and 2nd place Trophy for boys and girls in groups awarded **by age** for the following: 6 & under, 7, 8, 9, 10, 11, 12, 13, 14, 15 & up. Based on combined scoring in gold and silver individual events.
- **Team awards** -First, second and third place team trophies will be awarded to the three highest scoring teams in each of **THREE** groups (small, medium and large as determined by event entry totals) based on the total points accumulated for individual and relay events.
- **3 Event Bonus Rule** – If the swimmer has achieved a Trinity time (gold or silver) in at least three events, the swimmer will be allowed to enter any remaining event(s) as long as they have not reached the cut off time.
- **VOLUNTEERS are REQUIRED for Large and Medium entry teams.** Each team will need to provide 2 volunteers for a single shift on Saturday, and 3 volunteers for a single shift on Sunday. Assignments will be made and emailed to Team Reps the day after registration.
- Meet entries must be in STUS format this year for all teams.
- **MEET INFORMATION CONTACT:** Charlie Venema charlie@checkedandset.net

Please contact this person for pre-meet information/concerns and post meet information/
concerns/complaints BEFORE contacting Northwest Aquatic League Board Officers. This position has been
appointed at the request of the Northwest Aquatic League Board Officers.



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Saturday June 24th & Sunday June 25th, 2017

Meet Basics:

LOCATION: Conroe ISD Natatorium 19133 David Memorial Drive Shenandoah, TX 77385

Directions: From I-45

1. Exit Research Forest Drive
2. Turn East on Research Forest Drive
3. Turn left on David Memorial Drive (just past Home Depot)
4. CISD NAT will be on your right

POOL: 2 Eight lane, indoor 25 yard anti wave pools with non-turbulent lane lines; electronic timing with automatic data acquisition; Scoreboard results. Spectator bleacher seating is for observation only. There is **NO SETUP** in the stands. Please **NO** flash photography at the start of a race. Team set up is outdoors, under the stadium with addition space in the grass on the west side of the NAT. Some areas are shaded, some are not. Tents are advised.

MEET SCHEDULE:

Saturday, June 24th & Sunday, June 25th -**TIMED FINALS** -one session during the day – **NO EVENING FINALS!**
First Warm-up at 6:30 – 7:00 AM, Second warm-up at 7:00 AM – 7:30AM Meet Starts at 8:00 AM on both days

Warm-ups will be divided into groups and determined after all meet entries have been received. These warm-up times and lane assignments will be listed in the Heat Sheet as well as posted on the Trinity Summer Classic website www.trinitysummerclassic.com two days prior to the meet.

QUALIFYING TIMES:

See attached 2017 TRINITY SUMMER CLASSIC Time Standards

Only swimmers with minimum qualifying times in Individual Events that do not reach the cut-off time will be allowed to compete in that individual event. Please review 3 event Bonus Rule below. All times must be from an official 2017 NWAL Meet. These times must be Official Times made without disqualifications during a Dual, Divisional or Invitational Meet during the 2017 NWAL Season. **Time Trial times will NOT be allowed as well as NT (No Times) for individual events.**

The 100 Freestyle is an 11-14 year old event only. 10 and under swimmers will not be entered.

3 Event Bonus Rule –

If the swimmer has achieved a TRINITY time (gold or silver) in at least three events, and has entered Trinity in at least three events, the swimmer will be allowed to enter any remaining event(s) for his/her age group for which the swimmer has not achieved a Trinity time. See exceptions below.

Exception: Cut-Off Times - Under no circumstances can the swimmer enter any event if he/she has

- reached the cut-off time (Ponderosa qualifying time)
- or has a No Time (NT) in the event

Exception: 100 Free - The 100 Free is exempt from the (3) event rule. Swimmers must achieve the time standard in order to enter the event.

ENTRY FEES:

Individual Events: \$5.00

Relays Events: \$10.00

Make checks payable to: **Imperial Oaks Swim Team.** Entry Fees **must** accompany entries.



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SEEDING:

The meet will be a pre-seeded meet. All heat and lane assignments will be made prior to the meet. There will be no reseeding at the ready bench. The heat and lane assignments will be shown in the Meet Program that is for sale. The coaches must turn in relay changes or with any swimmer and time adjustments by 9:00 a.m. for all Freestyle relays. If any swimmer changes are made on the relays, it is the coach's responsibility to make sure that the adjusted relays do not include any swimmers swimming a stroke in which they have a Ponderosa time. All swimmers must be shown in the order in which they will swim on the relay. Proof of times for Relay only swimmers must be included in meet entries. **Relay swimmers MUST already be entered in the meet to be added to a Relay the day of the meet when Relay changes are submitted to the Clerk of Course.**

READY BENCH:

This meet is pre-seeded which means all heats and lane assignments have been made prior to the meet. It is the swimmer's responsibility to be at the Ready Bench Area on time, announcements will be made and a flip chart will also be used to assist the swimmers. Except for one adult to accompany relay teams with swimmers 10 years old and younger, parents and coaches will not be permitted in the ready bench area. Experienced meet workers will help the swimmers through the ready bench area and to the blocks.

AWARDS AND SCORING:

Individual Event Awards GOLD AND SILVER groups- Medals will be awarded to individuals placing 1st-3rd place. Ribbons will be awarded to individuals placing 4th- 8th place. Multi-age group events will be scored and awards give per individual age for each event (one or two groups per event) as follows:

- 6&under events – awards for 6 & unders only,
- 8&under events – awards for 8 yr olds and 7&unders,
- 10&under events – awards for 10 yr olds and 9&unders
- 7-8 yr old events – awards for 7yr olds and 8yr olds
- 9-10yr old events – awards for 9yr olds and 10 yr olds
- 11-12yr old events – awards for 11yr olds and 12 yr olds
- 11-14 yr old events – awards for 14yr olds and 11-13 yr olds
- 13-14yr events – awards for 13 yr olds and 14yr olds
- 15-18yr old events – awards for 15yr & over only.

Relay Awards – Medals will be awarded to the 4 individual swimmers on the relay teams placing 1st-3rd place. Ribbons will be awarded to the 4 individual swimmers on the relay teams placing 4th – 8th place for all four swimmers in the relays.

Individual High Point Awards – 1st and 2nd place Trophies for boys and girls awarded by age for the following 6&unders, 7, 8, 9, 10, 11, 12, 13, 14, 15&over based on scoring in gold and silver individual events. Ties will be broken and only two winners will be name. In the event of a tie, the tie-breaker will be the swimmer with the most 1st place finishes. If that is a tie, then the number of second place finishes will be used, and so on until the tie is broken.

Team Awards - First, second and third place team trophies will be awarded to the three highest scoring teams in each of THREE groups, based on the total points accumulated for individual and relay events. (Groups will be based on number of entries per team and will be determined after entries are received). Ties will be broken by same method used in high point awards.

AWARDS PRESENTATION:

Presentation of Awards will be awarded at the conclusion of each days session. **Please, designate someone from your team (a parent or coach) to stay on Sunday to collect any awards for your team not picked up during the meet.** This will help to insure all your swimmers receive the awards they earned in a timely manner. Unclaimed awards will not be mailed, please ensure you have designated someone to check on awards for your team.



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SCORING:

Scoring for individual events GOLD (1st through 8th places): 11-9-7-6-5-4-3-2

Scoring for individual events SILVER (1st through 8th places): 9-7-6-5-4-3-2-1

Scoring for relay events (1st through 8th place): 18-14-12-10-8-6-4-2

Individual points will be awarded to swimmers finishing in the top 8 positions in individual events. Team points will be awarded for individuals finishing in the top 8 positions in individual events and relay teams finishing in the top 8 positions.

TIMING SYSTEM and TIMERS:

An electronic timing system will be used along with one watch per lane for back-up. Timing assignments will be listed in the Heat Sheet as well as the NWAL website at least two days prior to the meet.

MEET RESULTS and SCORES:

Daily results will be posted after each day is completed on the NWAL website www.nwal.org. Swimmers and coaches who are not able to stay on Saturday to see the results for their event posted at the meet may go to the web site on Saturday evening to view their results.

PROTEST OF TIMES:

Anyone protesting a swimmer reaching the cut-off time has the burden of proving that the swimmer reached the cut-off time in an official NWAL meet held during the 2017 season. ANY SWIMMER FOUND TO HAVE REACHED THE PUBLISHED CUT-OFF TIME DURING THE 2015 NWAL SEASON IN ANY INDIVIDUAL EVENT WHICH HE/SHE SWIMS WILL FORFEIT ALL INDIVIDUAL AND TEAM POINTS EARNED AND WILL BE REQUIRED TO RETURN ANY AWARDS PRESENTED TO HIM/HER. All Meet Entry Reports with the "Proof of Times" will be kept at the meet at all times.

FACILITY RULES:

No smoking is allowed in the natatorium or on the grounds. No glass containers of any type are allowed in the natatorium. Damage to or misuse of the facilities is not permitted. Violations of any rules may subject the offender to removal from the meet and penalty by CISD.

POOL DECK RESTRICTION:

Because of insurance and safety regulations, the swimming pool deck, during the operation of the swim meet, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel and timers. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety as well as the swimmers.

CONCESSIONS:

A full Concession will be available during the meet.

HOSPITALITY:

A hospitality room will be provided for coaches, officials and volunteers only.

MERCHANDISE:

2017 TRINITY SUMMER CLASSIC, (Heat Sheets, T-Shirts, Towels, Caps, Shorts, etc.) will be available for purchase at the meet. Preorders by team for selected merchandise will be accepted at registration. Use attached preorder form. Preordered merchandise packages may be picked up at the meet on Saturday and Sunday mornings after 9:00am. Swim gear will also be available at the meet.

COACHES' PACKETS:

Coach's packets will be available for pick up from 6:30-7:00am each day in the front lobby of the Natatorium.

WARM-UP PROCEDURES

- Teams should warm up in their assigned lane(s) at their assigned time. A warm up schedule will be posted at www.trinitysummerclassic.com website on Wednesday prior to the meet.
- Dedicated start lanes will be made available during each warm up session. These lanes will be for one way starts only please.



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SAFETY GUIDELINES

A. Swimmers Responsibilities

All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.

B. Coaches Responsibilities

- Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
- Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
- Coaches shall actively supervise their swimmers throughout the warm-up session.
- Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
- Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.

C. Safety Marshals

Appointed Safety Marshals have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**

D. Miscellaneous

- Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
- Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
- Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
- All diving boards and equipment are **OFF LIMITS**.



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Here are a few important items that you need to know:

SATURDAY – 10 and under meet will be in a single pool

MEET START TIME – Meet start time is 8:00 am on both days to allow for an earlier finish.

WARM UP TIMES – 6:30 am – 7:00 am and 7:00 am – 7:30 am and will be assigned by team sizes via email to team contacts on Tuesday.

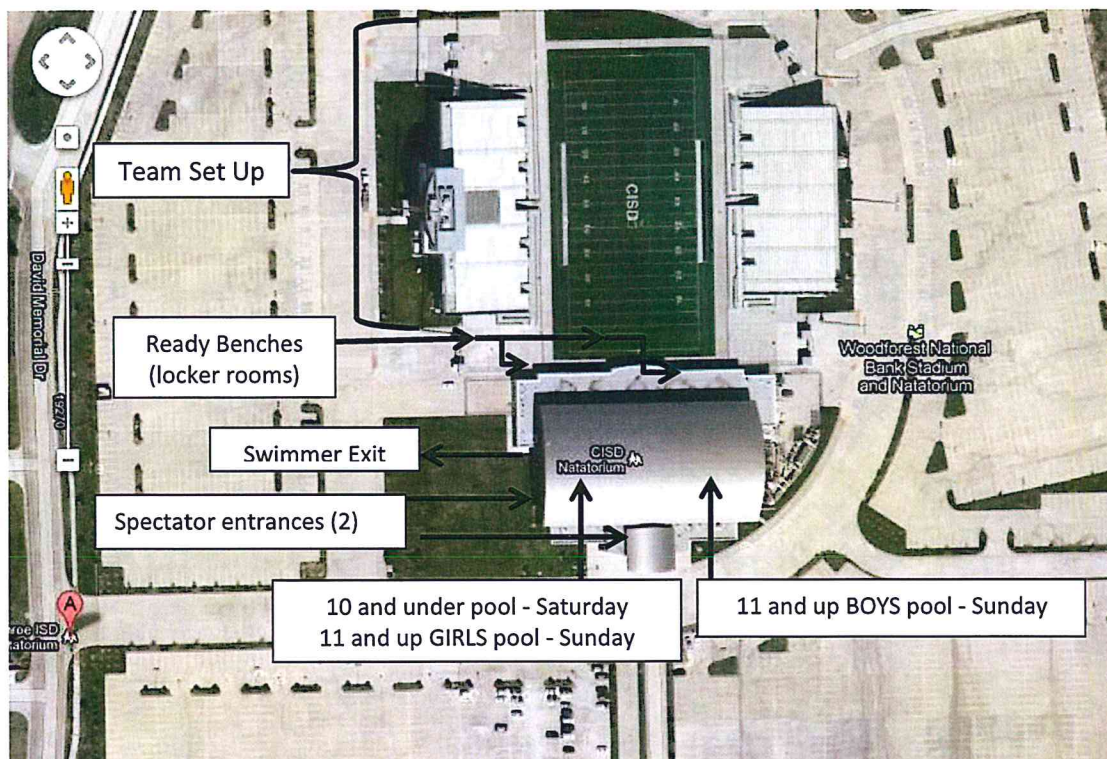
TEAM SET UP AREAS – Please set up under and around the stadium on the west side of the Natatorium inside the fenced area. There is plenty of cover and shade although some tents may be handy for grassy areas.

AWARDS will be distributed at the main entrance of the Natatorium during and after the meet.

RESULTS will be posted in the main entrance area of the Natatorium.

CISD POLICY - NO parents on deck during the meet or warm ups please. During warm ups parents may enter the ready bench area and drop a swimmer off on deck, but then must exit the deck area.

CISD POLICY – All swimmers must shower before entering the pool. This is a one-time requirement per day, and can easily and quickly be accomplished in the ready bench area.



Conroe ISD Natatorium 19133 David Memorial Drive, Shenandoah, TX 77385

Questions? Charlie Venema charlie.venema@checkedandset.net or 281-451-3972



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2017 TRINITY SUMMER CLASSIC HEAT SHEET TEAM SPIRIT / EVENT SPONSORING

Please pass this information along to your Parents, Swimmers and Coaches.

TRINITY SUMMER CLASSIC is offering a couple different ways to show your appreciation and support to swimmers, coaches and/or sponsors. Either of these options would be a great way of saying, "Way to Go!", "Thank you for your Support!", and/or "We are Proud of You!."

TEAM NAME: _____
.....

FULL PAGE SPIRIT ADS:

Show team spirit and list the swimmer's names that are All-Star Qualifiers, this is sure to make them smile with pride. In addition you may wish to thank your 2015 Sponsors for supporting your team this season with a special page dedicated to them with Thanks. This page will be printed twice in the Heat Sheet, once for Saturday and again for Sunday.

TOTAL Pages: _____ X \$ 30.00 = \$ _____

* DON'T FORGET to bring Spirit Pages to Registration! *

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EVENT SPONSORING:

Show your swimmer support by sponsoring his/her favorite event! This sponsorship will be printed in the Heat Sheet. Your swimmer will love seeing their name appearing in the Heat Sheet.

Example: Event # 23 Boys 6 & Under 25 Yard Backstroke

Sponsor: GOOD UCK KYLE! Love, Mom & Dad

Event # _____ Event Description: _____

Sponsor: _____ (limit 36 letters and spaces)

TOTAL Events: _____ X \$ 5.00 = \$ _____
.....

TOTAL SPIRIT/EVENT SPONSORSHIP: \$ _____



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2017 TRINITY SUMMER CLASSIC

Heat Sheet Advertising Rates

Prices:

Full Page \$ 200

Half Page \$ 100

Quarter Page \$ 65

Business Card Size \$ 25

For more information contact:

Steve Hammond hmcesham@yahoo.com

Mechanical specifications are as follows:

Full page 7 inches x 9.5 inches

Half page 7 inches x 4.5 inches

Quarter page 3 inches x 4.5 inches

Business card 2 inches x 3 inches

All ads are black and white. Please send jpeg or bmp file

- How can we receive your company logo?
email electronic file
camera ready art (black & white only)

Your Contact information:

Contact Name: _____

Company: _____

Address: _____

Phone: _____

Email: _____

Email ad or art to: hmcesham@yahoo.com

Payment due at time of registration.

2017 TRINITY SUMMER CLASSIC YARDS

Ponderosa Invitational Times are the Cut Off Times

SATURDAY June 24th, 2017

GIRLS event #	GOLD	SILVER	EVENT	GOLD	SILVER	BOYS event #
1	1:40.00	1:59.00	10&U 100IM	1:43.00	1:58.00	2
3	27.50	34.00	6&U 25 FREE	27.50	34.00	4
5	20.50	23.00	7-8 25 FREE	20.00	23.00	6
7	16.75	18.00	9-10 25 FREE	16.50	18.50	8
9	32.00	37.50	6&U 25 BACK	33.50	39.50	10
11	25.50	30.00	7-8 25 BACK	25.50	30.00	12
13	21.50	23.50	9-10 25 BACK	21.50	24.50	14
15	-	-	6&U 100 FREE RELAY	-	-	16
17	-	-	7-8 100 FREE RELAY	-	-	18
19	-	-	9-10 100 FREE RELAY	-	-	20
21	37.00	40.00	10&U 50 FREE	37.00	40.00	22
23	28.00	33.00	8&U 25 BREAST	28.00	33.00	24
25	23.50	26.00	9-10 25 BREAST	23.50	26.00	26
27	25.00	30.00	8&U 25 FLY	25.50	31.00	28
29	20.00	23.00	9-10 25 FLY	20.50	24.00	30
31	-	-	8&U 100 MEDLEY RELAY	-	-	32
33	-	-	9-10 100 MEDLEY RELAY	-	-	34

SUNDAY June 25th, 2017

GIRLS event #	GOLD	SILVER	EVENT	GOLD	SILVER	BOYS event #
35	1:11.50	1:17.00	11-14 100 FREE	1:09.00	1:17.00	36
37	1:10.00	1:17.00	15-18 100 FREE	1:00.00	1:15.00	38
39	39.50	45.00	11-12 50 FLY	42.00	50.00	40
41	36.50	42.00	13-14 50 FLY	34.50	42.00	42
43	34.30	40.00	15-18 50 FLY	30.00	40.00	44
45	45.50	50.00	11-12 50 BREAST	45.50	51.00	46
47	44.00	50.00	13-14 50 BREAST	41.00	50.00	48
49	41.00	47.00	15-18 50 BREAST	36.00	44.00	50
51	-	-	11-12 200 MEDLEY RELAY	-	-	52
53	-	-	13-14 200 MEDLEY RELAY	-	-	54
55	-	-	15-18 200 MEDLEY RELAY	-	-	56
57	1:27.00	1:38.00	11-12 100 IM	1:30.00	1:40.00	58
59	1:21.00	1:35.00	13-14 100 IM	1:17.00	1:35.00	60
61	1:19.00	1:32.00	15-18 100 IM	1:09.00	1:25.00	62
63	41.00	47.00	11-12 50 BACK	42.50	49.00	64
65	38.25	43.00	13-14 50 BACK	38.00	44.00	66
67	37.50	43.00	15-18 50 BACK	33.50	43.00	68
69	33.50	37.00	11-12 50 FREE	34.00	38.00	70
71	31.75	35.00	13-14 50 FREE	29.50	35.00	72
73	30.50	34.00	15-18 50 FREE	26.50	31.00	74
75	-	-	11-12 200 FREE RELAY	-	-	76
77	-	-	13-14 200 FREE RELAY	-	-	78
79	-	-	15-18 200 FREE RELAY	-	-	80

2017 TRINITY SUMMER CLASSIC

METERS

Ponderosa Invitational Times are the Cut Off Times

SATURDAY JUNE 24th, 2017

GIRLS event #	GOLD	SILVER	EVENT	GOLD	SILVER	BOYS event #
1	1:50.99	2:12.07	10&U 100IM	1:54.32	2:22.06	2
3	30.52	37.74	6&U 25 FREE	30.52	37.74	4
5	22.75	25.53	7-8 25 FREE	22.20	25.53	6
7	18.59	19.98	9-10 25 FREE	18.31	20.53	8
9	35.52	41.62	6&U 25 BACK	37.18	43.84	10
11	28.30	33.30	7-8 25 BACK	28.30	33.30	12
13	23.86	26.08	9-10 25 BACK	23.86	27.19	14
15	-	-	6&U 100 FREE RELAY	-	-	16
17	-	-	7-8 100 FREE RELAY	-	-	18
19	-	-	9-10 100 FREE RELAY	-	-	20
21	41.07	44.39	10&U 50 FREE	41.07	44.39	22
23	31.08	36.63	8&U 25 BREAST	31.08	36.63	24
25	26.08	28.86	9-10 25 BREAST	26.08	28.86	26
27	27.75	33.30	8&U 25 FLY	28.30	34.41	28
29	22.20	25.53	9-10 25 FLY	22.75	26.64	30
31	-	-	8&U 100 MEDLEY RELAY	-	-	32
33	-	-	9-10 100 MEDLEY RELAY	-	-	34

SUNDAY JUNE 25th, 2017

GIRLS event #	GOLD	SILVER	EVENT	GOLD	SILVER	BOYS event #
35	1:19.36	1:25.46	11-14 100 FREE	1:16.58	1:25.46	36
37	1:17.69	1:25.46	15-18 100 FREE	1:06.59	1:23.24	38
39	43.84	49.94	11-12 50 FLY	46.61	55.49	40
41	40.51	46.61	13-14 50 FLY	38.29	46.61	42
43	38.07	44.39	15-18 50 FLY	33.30	44.39	44
45	50.50	55.49	11-12 50 BREAST	50.50	56.60	46
47	48.83	55.49	13-14 50 BREAST	45.50	55.49	48
49	45.50	52.16	15-18 50 BREAST	39.96	48.83	50
51	-	-	11-12 200 MEDLEY RELAY	-	-	52
53	-	-	13-14 200 MEDLEY RELAY	-	-	54
55	-	-	15-18 200 MEDLEY RELAY	-	-	56
57	1:36.56	1:48.77	11-12 100 IM	1:39.89	1:50.99	58
59	1:29.90	1:45.44	13-14 100 IM	1:25.46	1:45.44	60
61	1:27.68	1:42.11	15-18 100 IM	1:16.58	1:34.34	62
63	45.50	52.16	11-12 50 BACK	47.17	54.38	64
65	42.45	47.72	13-14 50 BACK	42.18	48.83	66
67	41.62	47.72	15-18 50 BACK	37.18	47.72	68
69	37.18	41.07	11-12 50 FREE	37.74	42.18	70
71	35.24	38.85	13-14 50 FREE	32.74	38.85	72
73	33.85	37.74	15-18 50 FREE	29.41	34.41	74
75	-	-	11-12 200 FREE RELAY	-	-	76
77	-	-	13-14 200 FREE RELAY	-	-	78
79	-	-	15-18 200 FREE RELAY	-	-	80