



**NORTHWEST AQUATICS LEAGUE
2016 SUMMER CHAMPS MEET
Sunday, June 12^h, 2016 HOSTED BY
BLUE TIDE AQUATICS
SPONSORED BY SPEEDO®**



- LOCATION:** Kingwood High School, 2701 Kingwood Dr. Kingwood TX 77339
- DIRECTIONS:** Take U.S. 59 North to Kingwood Drive. Turn right (east) on Kingwood Drive. The High School is located approximately 4 miles east of U.S. 59 on the left (north) side of Kingwood Dr. The natatorium is located on the eastside of the building.
- See the attachment of this invitation for a map.**
- POOL:** Eight lane, 25 yard indoor pool with non-turbulent lane lines. There is no separate warm up/down area. A Colorado Model 6000 electronic timing system will be used with an eight lane digital scoreboard. Two watches per lane will be used as backup.
- MEET SETUP:** Air conditioned inside setup is available in high school commons area (cafeteria). No set up is permitted in the bleachers, hallways or where a “No Set Up” sign is posted.
- ORDER OF EVENTS:** See attached format
- TIME AND DATE:** Sunday, June 12th 2016
- Session 1: 10 & Under Events for Boys and Girls
Meet starts at 8:30 a.m.
Group 1 warm-ups begin at 7:05 am/Group 2 warm-ups begin at 7:30 am/
Group 3 warm-ups begin at 7:55 am
- Session 2: 11- 18 yr old Events for Boys and Girls
Meet starts at @ 2:30 p.m.(or 2 hours after the conclusion of Session 1)
*Warmups will begin immediately following the conclusion of Session 1
Group 1 warm-ups begin at 1:00 pm/Group 2 warms begin at 1:25 pm/
Group 3 warm-ups begin at 1:50 pm
- Warm-up assignments and a timeline will be posted on the BTA website at www.swimbluetide.org at least two days prior to the event
- MEET REFEREE:** Fernando Saenz and Denise Weatherford
- MEET DIRECTOR:** Harold Lloyd hloydjr@gmail.com
- MEET ENTRY DIRECTOR:** Gabriele Sausnock btameetentries@hotmail.com

OFFICIALS: 2016 NWAL certified officials will officiate. Teams are requested to supply a list of officials when entries are submitted.

SAFETY MARSHAL: Cynthia Cantrell

SEEDING: **This will be a pre-seeded meet. No On Deck entries will be allowed.** It is important that all teams turn in their entries on a timely basis to insure that their swimmers have a chance to swim. Coaches are requested to turn in relay cards no later than 45 minutes prior to the start of the meet.

ENTRY INFORMATION:

Entries: All teams must submit their entries electronically via an SD3 file using swim-team.us software. An entry report with proof of times must be included with your entries. **Per NWAL rules, only swim-team.us entry files will be accepted.** Include relay names with your entry report if possible. Entries must be submitted in yards. Entry times will be converted to the proper course by Swim-Team.us.

At the request of NWAL, meet entries will be limited to 900 total swimmers (or as each session timeline permits). The team that includes the 900th swimmer, will be allowed to enter the meet. Entries will be accepted on a first serve basis in the order they are received.

Teams that do not submit their entries via electronic file, must pay a \$35.00 surcharge. BTA will not be responsible for entry errors due to manual entry and will not reseed any event(s) due to an entry error.

Qualifying times: 12 & under swimmers must have achieved the minimum qualifying times listed in the attached order of events. There are no qualifying times for 13 and over swimmers. Time Trial times will be allowed. NT's (No Time) will not be allowed per NWAL rules.

All relay swimmers must meet the time standard for his/her leg of the relay.

Bonus Events: Swimmers that qualify for 3 events are eligible to swim any additional event. However, they must have a legal entry time to enter any bonus events. No NT's are allowed per NWAL.

Age: Age as of May 31, 2016

Number of Events: There is no limit to the number of individual events a swimmer may enter. Teams may enter up to two (2) relay teams in each relay event. Any team is eligible to score points for the team.

Eligible Teams: All NWAL teams.

Deadline: Entries must be in the hands of the meet entry director no later than 6:00 p.m. on Sunday June 5th, 2016. Email or hand-deliver your entries on a flash drive to:

Gabriele Sausnock
6107 S Royal Point Dr.
Kingwood, Texas 77345
281-635-9655
btameetentries@hotmail.com

Fees: \$5.00 per individual event. \$10.00 per relay event.
Make checks payable to **Blue Tide Aquatics**.
All fees are due by 6:00 PM, Thursday, June 8th 2016.

AWARDS: **Individual Events:** Custom medals will be awarded to 1st-8th place finishers in each age group (6&U, 7, 8, 9, 10, 11, 12, 13, 14, 15-18)

Note: Each event will score either one or two age groups but never more than 2 groups per event. Awards will be given as follows:

6 & under events – awards for 6 & unders only

8 & under events – awards for 8 yr olds and 7 & unders

7-8 yr old events – awards for 7yr olds and 8yr olds

10 & under events – awards for 10 yr olds, 9 & unders

9-10 yr old events – awards for 9yr olds and 10 yr olds

11-12 yr old events – awards for 11yr olds and 12 yr olds

13-14 yr events – awards for 13 yr olds and 14yr olds

15-18 yr old events – awards for 15yr & over only.

Relay Events: Medals for 1st-3rd place; Ribbons for 4th-8th

High-point awards: Trophies will be awarded in each of the following age groups: 6&U, 7, 8, 9, 10, 11, 12, 13, 14, 15-18. Medals will be given for 2nd and 3rd place high point winners.

Tie Breaker: Most 1st place finishes; then most 2nd place finishes and so on until the tie is broken.

Team awards: Trophies will be awarded to the top three teams in 2 divisions.

Division 1: 175 or more swimmers

Division 2: Less than 175 swimmers

Tie Breaker: Same method use for high point

SCORING: Individual Events: 9-7-6-5-4-3-2-1
Relay Events: 18-14-12-10-8-6-4-2

MEET RULES AND APPROVED VARIANCES:

2016 NWAL Rules will apply with the following clarifications: (1) There is no limit to the number of individual events in which a swimmer may enter. (2) Teams may enter up to two (2) relay teams in each relay event. Any relay team is eligible to score points for the team score. Each relay participant must meet the qualifying time for his/her leg of the relay.

There will be two progressive relays, one for male swimmers and one for female swimmers. Each progressive relay will consist of the following sequence of events: (11-12) 50 yd Backstroke; (11-14) 50 yd Butterfly; (11-14) 50 yd Breaststroke; and (15-18) 50 yd Freestyle.

All participants must be registered 2016 NWAL swimmers. All participants must have competed in at least one NWAL meet during the 2016 NWAL season. Eligibility for an age group is determined by the individual's age as of the end of the day May 31st 2016.

Any 13 & over swimmers that does not have an official time for an event, may use a Time Trial time if the time was achieved in a meet that was run as an official meet.

Swimmer seeding will be listed in the heat sheets. Swimmers are to report to the ready bench area when their event is called. Teams are responsible for insuring that their swimmers are at the ready bench prior to their events. **Parents are requested not to accompany their children to the ready bench! Instead, we strongly recommend that a team parent be responsible for getting your swimmers to the ready bench.**

All swimmers must meet the age and qualifying time requirements. Anyone protesting an entry time has the burden of proof for proving that the time is false.

The decisions of the Meet Referee are final and no other appeals will be considered by NWAL.

**POOL DECK
RESTRICTIONS:**

Because of Insurance Safety Regulations, the swimming pool deck, during the operation of the Summer Champs meet, is closed to all persons except swimmers, coaches, safety marshals, officials, meet personnel, and timers. If you are asked to leave the deck by any registered personnel, please do so immediately. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room. Coaches must supervise their swimmers.

No Food or Drinks other than water are allowed on deck.

**SWIMMERS WITH
DISABILITIES:**

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve additional equipment (i.e. remote strobe).

SAFETY AND SECURITY:

The attached Safety guidelines and warm-up procedures will be in effect. The Safety Marshal will be responsible for ensuring that the safety procedures are followed. The Safety Marshal will be wearing a safety-orange vest, and has the authority to remove anyone who is not following these procedures or who in any way is conducting themselves in an un-safe manner. The Safety Marshall will be responsible for ensuring that a safe conduct is strictly enforced.

Smoking will not be allowed anywhere in the building or school campus. No glass containers of any type will be allowed in the pool area.

Park in the normal parking spots in the parking lot. Do not park along the drives or along the curbs or anywhere indicated with a "no parking" sign.

HOSPITALITY:

A hospitality room/area will be available for coaches and officials. Refreshments and complimentary heat sheets will be available for all coaches.

CONCESSIONS:

Concessions will be available

MERCHANDISE:

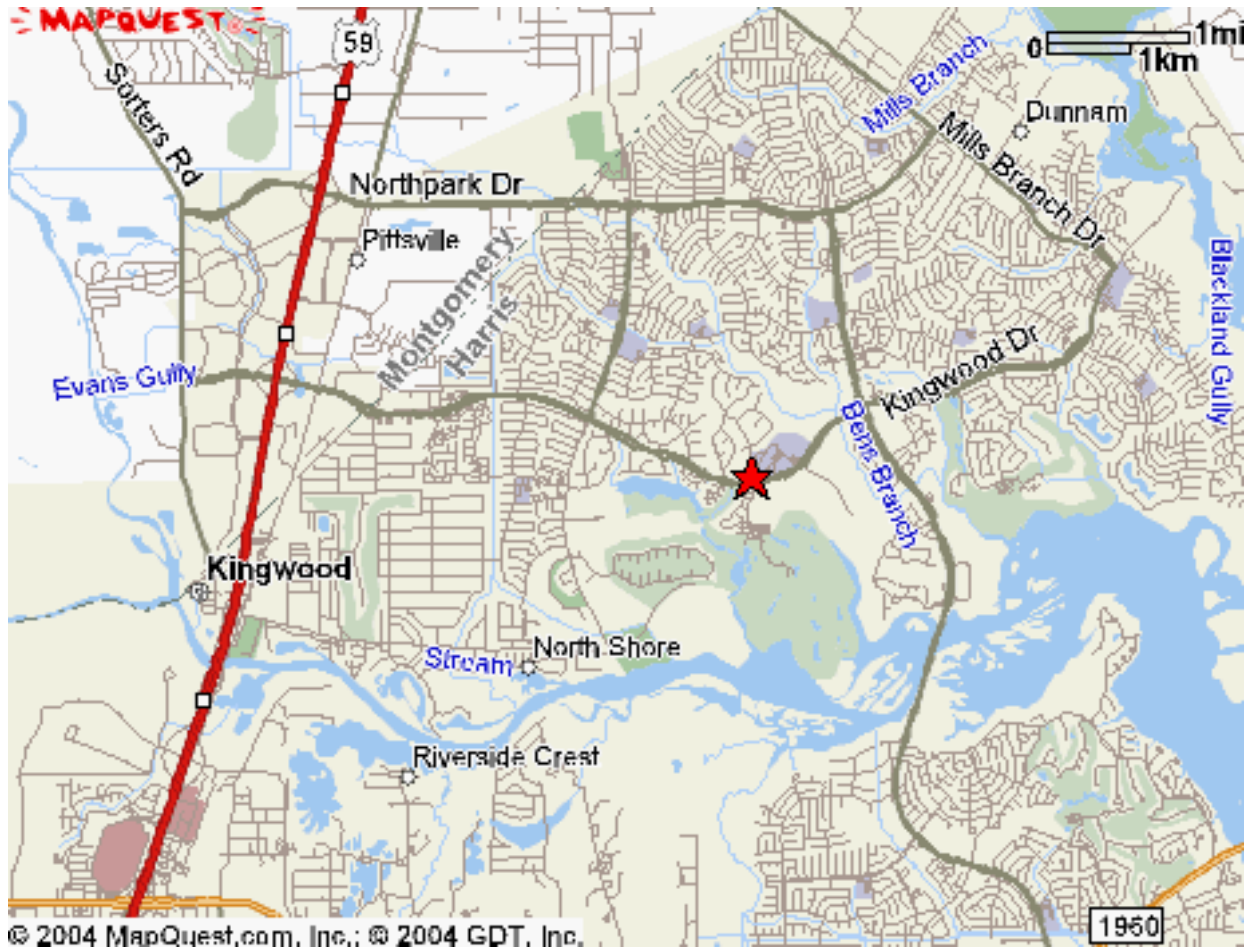
Swim Shops of the Southwest will be at the meet selling apparel and swim gear. A custom Summer Champs shirt will be available for purchase.

ATTACHMENTS:

**MAP TO POOL
ORDER OF EVENTS
MEET ENTRY FORM
SAFETY GUIDELINES AND WARM- UP PROCEDURES**

MAP TO KINGWOOD HIGH SCHOOL

Kingwood High School
2701 Kingwood Dr.
Kingwood TX 77339



Directions

Take U.S. 59 North to Kingwood Drive. Turn right (east) on Kingwood Drive. The High School is located approximately 4 miles east of U.S. 59 on the left (north) side of Kingwood Dr. The natatorium is located on the east side of the building.

SUMMER CHAMPS ORDER OF EVENTS

Sunday June 12th, 2016

Meet starts at 9:00 a.m.

10 & Under Events for Girls and Boys (Yards)

Girls Event #	Girls Qualifying Time	EVENT	Boys Qualifying Time	Boys Event #
1	NT	10 & U 50 yard FREE	NT	2
3	NT	6 & U 100 yard FREE RELAY	NT	4
5	NT	7-8 100 yard FREE RELAY	NT	6
7	NT	9-10 100 yard FREE RELAY	NT	8
9	33.97	6 & U 25 yard FREE	33.50	10
11	24.51	7-8 25 yard FREE	24.21	12
13	18.65	9-10 25 yard FREE	18.55	14
15	38.85	6 & U 25 yard BACK	38.75	16
17	29.55	7-8 25 yard BACK	29.55	18
19	25.21	9-10 25 yard BACK	25.09	20
21	1:47.94	10 & U 100 yard IM	1:47.21	22
23	32.44	8 & U 25 yard BREAST	32.94	24
25	25.97	9-10 25 yard BREAST	26.49	26
27	30.75	8 & U 25 yard FLY	29.55	28
29	24.74	9-10 25 yard FLY	23.67	30
31	NT	8 & U 100 yard MEDLEY RELAY	NT	32
33	NT	9-10 100 yard MEDLEY RELAY	NT	34

*The "three event" rule will also apply for qualification. If a 12 or under swimmer qualifies for (3) three events, then the swimmer may enter the rest of the events regardless of the swimmer's times, for the bonus events, even if that time is slower than the qualifying time. NT's are not allowed.

*Each relay participant must meet the minimum qualifying time for his/her leg of the relay.

10 & Under Events for Girls and Boys (Meters)

Girls Event #	GIRLS QUALIFYING TIME	EVENT	BOYS QUALIFYING TIME	Boys Event #
1	NT	10 & U 50 meter FREE	NT	2
3	NT	6 & U 100 meter FREE RELAY	NT	4
5	NT	7-8 100 meter FREE RELAY	NT	6
7	NT	9-10 100 meter FREE RELAY	NT	8
9	37.71	6 & U 25 meter FREE	37.19	10
11	27.21	7-8 25 meter FREE	26.87	12
13	20.70	9-10 25 meter FREE	20.59	14
15	43.12	6 & U 25 meter BACK	43.01	16
17	32.80	7-8 25 meter BACK	32.80	18
19	27.98	9-10 25 meter BACK	27.85	20
21	1:59.81	10 & U 100 meter IM	1:59.00	22
23	36.01	8 & U 25 meter BREAST	36.50	24
25	28.83	9-10 25 meter BREAST	29.40	26
27	34.13	8 & U 25 meter FLY	32.80	28
29	27.46	9-10 25 meter FLY	26.27	30
31	NT	8 & U 100 meter MEDLEY RELAY	NT	33
33	NT	9-10 100 meter MEDLEY RELAY	NT	34

*The "three event" rule will also apply for qualification. If a 12 or under swimmer qualifies for (3) three events, then the swimmer may enter the rest of the events regardless of the swimmer's times, for the bonus events, even if that time is slower than the qualifying time. NT's are not allowed.

*Each relay participant must meet the minimum qualifying time for his/her leg of the relay.

SUMMER CHAMPS ORDER OF EVENTS

Sunday June 12th 2016

Meet starts at 2:30 p.m.

11 & Over Events for Girls and Boys (Yards)

GIRLS EVENT NUMBER	GIRLS QUALIFYING TIME	EVENT	BOYS QUALIFYING TIME	BOYS EVENT NUMBER
35	1:26.59	11-2 100 yard FREE	1:25.49	36
37	NT	13-14 100 yard FREE	NT	38
39	NT	15-18 100 yard FREE	NT	40
41	NT	11-12 200 yard FREE RELAY	NT	42
43	NT	13-14 200 yard FREE RELAY	NT	44
45	NT	15-18 200 yard FREE RELAY	NT	46
47	37.72	11-12 50 yard FREE	37.97	48
49	NT	13-14 50 yard FREE	NT	50
51	NT	15-18 50 yard FREE	NT	52
83	NT	11-18 200 yard GIRLS PROGRESSIVE RELAY	----	----
----	----	11-18 200 yard BOYS PROGRESSIVE RELAY	NT	84
53	46.62	11-12 50 yard BACK	48.19	54
55	NT	13-14 50 yard BACK	NT	56
57	NT	15-18 50 yard BACK	NT	58
59	1:38.94	11-12 100 yard IM	1:40.05	60
61	NT	13-14 100 yard IM	NT	62
63	NT	15-18 100 yard IM	NT	64
65	48.96	11-12 50 yard BREAST	50.19	66
67	NT	13-14 50 yard BREAST	NT	68
69	NT	15-18 50 yard BREAST	NT	70
71	45.96	11-12 50 yard FLY	48.96	72
73	NT	13-14 50 yard FLY	NT	74
75	NT	15-18 50 yard FLY	NT	76
77	NT	11-12 200 yard MEDLEY RELAY	NT	78
79	NT	13-14 200 yard MEDLEY RELAY	NT	80
81	NT	15-18 200 yard MEDLEY RELAY	NT	82

*The "three event" rule will also apply for qualification. If a 12 or under swimmer qualifies for (3) three events, then the swimmer may enter the rest of the events regardless of the swimmer's times for these events, even if that time is slower than the qualifying time or is a "No Time".

11 & Over Events for Girls and Boys (Meters)

GIRLS EVENT NUMBER	GIRLS QUALIFYING TIME	EVENT	BOYS QUALIFYING TIME	BOYS EVENT NUMBER
33	1:36.11	11-12 100 meter FREE	1:34.89	34
35	NT	13-14 100 meter FREE	NT	36
37	NT	15-18 100 meter FREE	NT	38
39	NT	11-12 200 meter FREE RELAY	NT	40
41	NT	13-14 200 meter FREE RELAY	NT	42
43	NT	15-18 200 meter FREE RELAY	NT	44
45	41.87	11-12 50 meter FREE	42.15	46
47	NT	13-14 50 meter FREE	NT	48
49	NT	15-18 50 meter FREE	NT	50
81	NT	11-18 200 meter GIRLS PROGRESSIVE RELAY	----	----
----	----	11-18 200 meter BOYS PROGRESSIVE RELAY	NT	82
51	51.75	11-12 50 meter BACK	53.49	52
53	NT	13-14 50 meter BACK	NT	54
55	NT	15-18 50 meter BACK	NT	56
57	1:49.82	11-12 100 meter IM	1:51.06	58
59	NT	13-14 100 meter IM	NT	60
61	NT	15-18 100 meter IM	NT	62
63	54.35	11-12 50 meter BREAST	55.71	64
65	NT	13-14 50 meter BREAST	NT	66
67	NT	15-18 50 meter BREAST	NT	68
69	51.02	11-12 50 meter FLY	54.35	70
71	NT	13-14 50 meter FLY	NT	72
73	NT	15-18 50 meter FLY	NT	74
75	NT	11-12 200 meter MEDLEY RELAY	NT	76
77	NT	13-14 200 meter MEDLEY RELAY	NT	78
79	NT	15-18 200 meter MEDLEY RELAY	NT	80

*The "three event" rule will also apply for qualification. If a 12 or under swimmer qualifies for (3) three events, then the swimmer may enter the rest of the events regardless of the swimmer's times for these events, even if that time is slower than the qualifying time or is a "No Time".

NWAL SUMMER CHAMPS MEET

Hosted by

BLUE TIDE AQUATICS

June 12th 2016

TEAM ENTRY FORM

MUST BE SUBMITTED WITH MEET ENTRY

TEAM NAME: _____

ABBREVIATION: _____

TEAM CONTACT: _____

PHONE: _____

EMAIL: _____

Number of Individual Events: _____

Cost per Individual Event: _____ x \$5.00

Number of Relay Events: _____

Cost per Relay Event: _____ x \$10.00

Total Amount Due: \$ _____

Entry Fees Must Be Submitted by Entry Deadline

Make Check Payable to Blue Tide Aquatics

NORTHWEST AQUATICS LEAGUE
2014 SUMMER CHAMPS MEET
 Sunday, June 12th 2016
 HOSTED BY
BLUE TIDE AQUATICS

Last Name	First Name	Sex F/M	TEAM

Event #	Time	Event #	Time

Last Name	First Name	Sex F/M	Team

Event #	Time	Event #	Time

Last Name	First Name	Sex F/M	Team

Event #	Time	Event #	Time

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach in violation of safety guidelines or warm-up procedures.
 - 2. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the invitation.