

Welcome to TMST's 2011 Season!

We're glad to have you as a member of the Tipp Monroe Swim Team. This handbook is designed to provide some basic information and help you understand and enjoy the season.

GOAL

The primary goal of our team is to have as many swimmers compete at each meet as possible while maintaining a competitive team. Prior to each meet, swimmers will be evaluated on their performance, attendance, and willingness to compete for the benefit of the team. As a member, you can expect to improve your swimming skills, enjoy better physical fitness, meet others that share your enthusiasm for swimming and have fun! All 8 & unders will swim at least one event at a meet and all others will swim at least two events at a meet.

BASIC MEMBERSHIP REQUIREMENTS

Membership is open to any swimmers 18 yrs of age or under (with the exception of graduating seniors who may be older). Each child under the age of 12 must be able to swim one length of the pool unaided to compete*. Each child 12 and older must be able to swim two lengths of the pool in at least one competition stroke unaided in order to compete. Competition age groups are determined by the age of the swimmer as of May 31st of the year of registration.

*For our first year swimmers we ask that you bring a good attitude and the ability to swim at least one lap of the pool unaided at the end of our four weeks of indoor practices. If this is your first year swimming and you are not sure of your ability, these practices are a great way to assess this risk-free. If, at any time before the end of indoor practices on May 26th, you feel that lessons and not swim team would be the way to go this summer, we will issue you a refund check for the full amount of registration for first year swimmers only.

OUR COACHES

Head Coach Renee Rambeau (reneerambeau@yahoo.com/cell 937.418.9850) has prior coaching experience and has set records as a swimmer with the Tipp Monroe Swim Team. Renee will be assisted by her father, Tim Rambeau (trambeau@woh.rr.com), who has over 10 years experience in coaching and is also a Certified swimming official. Renee and Tim are coaches of the Tippecanoe High School swim team. Assistant Coaches this year also include Cherie Empson (emplofi@woh.rr.com) (8 & under) and Hanna Gaskins (cgaskins@woh.rr.com) (9 & 10s). We feel that with the additional help, we will be able to provide excellent stroke technique assistance as well as general endurance training. All coaches have the full support of the swim team board. If you have any questions or concerns, please bring them to the attention of any coach. Additional assistance will be provided by Emily Ash and Amy Goldschmidt.

There will be a Coaches/Parents meeting May 5th at 7:30.

BOARD MEMBERS

President	Stacy Wall	620.5574	cincinnatiwall@aol.com
Vice President	Carmen Richters	216.4435	dcmarichters@yahoo.com
Secretary	Cara King	506.8420	Koreyandcara@woh.rr.com
Treasurer	Kim Prenger	335.2656	kimprenger@yahoo.com
Meet Director	Ann May	667.8653	bill-ann-may@woh.rr.com
5C's Representative	Alan Arnett	838.0286	aarnett@woh.rr.com
Volunteer Coordinator	Julie Taylor	667.9462	dtaylor544@aol.com
Statistics/Scoring	Shawn Gunckel	890.6833	sgun@att.net

Website

[www. tipptorpedoes.swim-team.us](http://www.tipptorpedoes.swim-team.us)

REGISTRATION & FEES

Paper work and fees must be submitted together. Registration will be accepted through May 20th. There are no refunds for registration fees to non-first year swimmers. **No late registrations will be accepted.**

Registration fees for the 2011 season are as follows:

\$80 for the first child in your family

\$130 for a family with two swimmers

\$150 for a family with three or more swimmers.

Pool Pass. Every swimmer must also have a pool pass to the Tipp City Pool. The pool pass can be obtained through the pool or at the administrative offices of Tipp City. There is a discount if pool passes are obtained prior to April 30th. A swim team only pass is also available if a full membership is not purchased. **The swim team does not obtain pool passes for you.**

TEAM SUITS

To promote a unified team spirit, coordinated swimsuits are available for purchase. This year, the suit will be provided by Pocoloco, who will be present at the YMCA indoor practice on May 12th. This will ensure that all registrations are in and Pocoloco then guarantees 80-90% of swimmers will take home their suit rather than having to wait on orders. The suit should be worn at all meets. This year's suit is Chloroban, by Dolphin. The suit has longer durability, being made out of polyester and is priced low. Additionally, sweatshirts, swim caps, goggles, etc. will be made available for purchase for swimmers as well as parents.



ATTENDANCE

Swimmers are encouraged to attend at ALL practices. This insures improvement of form, technique and endurance. Commitment to practice also shows the coaches the intent of the swimmer to be a competitive swimmer. Coaches are helped in this way by noting improvement in individuals. The coaches are to be notified via email or by phone of vacations, illness, or other conflicting activities. Practices are used by the coaches to determine the swimmer's readiness to compete in a meet and are essential. **The coaches and board members are not responsible for teaching a child how to swim.**

STROKES

Butterfly, Freestyle, Breaststroke and Backstroke. It is not necessary for a swimmer to know all of the 4 basic strokes. However, the member must be able to swim one length of the pool if 12 years or under and two lengths of the pool if over 12 in order to participate in a meet. Failure to meet these minimum requirements doesn't prevent a child from being on the team and attending practice, but it does prevent the child from participating in a meet. [With the exception of the 8 year and under age group at the beginning of a season]

REQUIREMENT TO VOLUNTEER

Tipp Monroe Swim Team, Inc. is a volunteer run organization. The activities of the team can't be conducted without the additional support of parents. Parents are expected to work a minimum of two positions. **You must sign up for your assignment on the team's website at tipptorpedoes.swim-team.us.** If an emergency happens and you are unable to work your assignment, please do everything you can to find a replacement and contact Julie Taylor at 667-9462 to reschedule your assignment.

Volunteer assignments for the meets are:

Announcer - Announce swim events as meet progresses

Bullpen – Gather younger swimmers for their events and escort them to the Clerk of Course.

Clerk of Course – Organize swimmers by heats and distribute time cards

Clerk of Course Assistant - Take swimmers to the starting blocks.

Stroke and Turn Judge - Ensure the rules relating to the style of swim designated for the event are observed.

Timer - Operate stop watch and record times on time cards.

Runner - Collect time cards from the timers following each event and take them to the scoring table.

Ribbon Writer - Sort time cards for the scorer and organize ribbons for all swimmers.

Maintenance - Help with set-up, general operations and clean-up.

RIBBONS

Ribbons are given to every participant unless the swimmer is disqualified!

INVITATIONAL MEETS

The Arcanum and Eaton Invitationals are open to all swimmers and you may choose whether to participate. Swimmers will also have the freedom to choose which event they would like to compete in. Fees and associated costs for this type of meet are to be paid by the participating swimmer.

INJURIES

Because we are a small volunteer, nonprofit organization, we are not responsible for injuries during practice, or at swim meets. Your family insurance should cover your child. A waiver must be signed on behalf of each swimmer. The team's liability policy **does not** cover injuries to the swimmer.

CHAMPIONSHIP MEET

The 5-C's Swim League Meet is conducted at the END of the swim season. TWO swimmers per event are chosen to compete. Swimmers must have competed in at least TWO regular swim meets [invitationals don't count] in order to qualify for championships. Swimmers are selected based on overall season performance.

PRE-SEASON SWIM PRACTICE

The Troy YMCA has been rented for swim conditioning. It is located on 25-A just north of Tipp City. In order to be more competitive and to get a jump on the season the pool will be available on Tuesday and Thursday this year. Practice at the YMCA begins May 3rd and ends on June 2nd.

2011 PRACTICE SCHEDULE

Indoor Practices Tuesdays/Thursdays, May 3rd-June 2nd, Troy YMCA Troy
10 & under swim 7:30-8:30, 11 & up swim 8:30-9:30

Outdoor Practices Mondays/Tuesdays/Wednesdays, June 6-July 15, Tipp Aquatic Center
8 & under and 9-10 swim 7-8pm
11-12 swim 8-9pm
13-14 and 15-18 swim 9-10pm

*Practice time may be adjusted at the discretion of the coach.

Mandatory Time Trials May 31 (12 & under) June 2 (9 & older)

2011 MEET SCHEDULE

Thu, June 9, 6:30 pm HOME vs Botkins (WARM UP TIMES ARE PRIOR TO MEET START)
Thu, June 16, 6:30 pm at Minster
Sat, June 18, 8:30 am Arcanum Invitational (optional)
Sat, June 25, 8:30 am at Bellefontaine
Thu. June 30, 6:30 pm HOME vs Troy
Friday, July 8, 6:30 pm at Versailles

Sat, July 16, 9:00 am 5 C's Championships at Versailles
Sun, July 17, 9:00am 5 C's Championships at Versailles - RAINDATE

SPECIAL EVENTS

Swim-A-Thon- Our annual fundraiser will be held on June 20th during our regularly scheduled practices. You will receive a flyer for this in your swimmer's folder.

Team Photos – Team photos are scheduled for June 7th. More details and order forms to come.

Awards - July 21st at Tipp High School Auditorium

TMST 2011 MEET INFORMATION FOR PARENTS

Here's a little information on how the bullpen and Clerk of Course areas need to operate in order for our swim meets to move smoothly.

We need all swimmers ages 12 and under to remain in the bullpen area. Parents, have your swimmers spread out their towels or a blanket with some friends. It's important that they be able hear the bullpen workers call the events and be there when the volunteers are lining them up and sending them to the Clerk of Course for their events.

Help your young swimmers be aware of when their events take place, and how much time they have between them. The bullpen workers will do their best to make sure that all swimmers hear the call for the events. The workers will not leave the bullpen area to look for a swimmer.

If a swimmer is not found before the event is sent to Clerk of Course, then it's the swimmer's responsibility to find his or her way there. (We will usually send one of the other swimmers looking for a missing swimmer, if there is time.)

Swimmers 13 and up, please check in with a bullpen worker before the meet starts, so we know that all the swimmers in the age group are there for the meet.

Once you've checked in, you are free to sit outside of the bullpen area and listen to the announcer call the events and report to the Clerk of Course on your own. We will call your events in the bullpen, but we will not line up the older groups.

Swimmers 13 and up will report to the Clerk of Course and receive their event cards. Only swimmers 12 and under will be seated by the Clerk.

If you would like to share your photos from the meets/practices for our website please email them (with captions if you like!) to Shawn Gunckel at sgun@att.net or Cara King at koreyandcara@woh.rr.com.

DIRECTIONS TO AREA POOLS

VERSAILLES COMMUNITY SWIMMING POOL (448 Woodland Dr) from Tipp City

1. Take I-75 North. Go 6.9 miles, then
2. Take the OH-41 exit- EXIT 74- toward TROY/COVINGTON and
3. Turn LEFT onto OH-41/W MAIN ST. Continue to follow OH-41. Go Northwest 8.3 miles.
4. Take OH-41 to OH-48 (in Covington), turn RIGHT. Head North and go 2.7 miles, then
5. Turn LEFT onto OH-185. Go West approx 9 miles to Versailles. (OH-185 turns Northwest and then North along the way.)
6. Turn RIGHT onto Woodland Dr (in south Versailles), Go 0.6 miles the
7. Arrive at 448 Woodland Dr, VERSAILLES COMMUNITY SWIMMING POOL
(Alternate route: From Tipp take I-75 North to Piqua, turn LEFT (West) onto OH-185. Go to Versailles, Woodland Dr, see above.)

ARCANUM POOL from Tipp City

1. Start out in Tipp City going WEST on OH-571 / W MAIN ST. Continue on OH-571 into West Milton. 8.4 miles
2. In West Milton, continue on OH-571 (after short jog in road, 571 is also is called HAYES ST.). Continue to follow OH-571 to Laura. 4.6 miles
3. In Laura, take SLIGHT LEFT onto E PIKE ST. 0.2 miles (OR continue on 571 to Main St, take left and head south on Main, take right on W PIKE ST).
4. Continue WEST on W PIKE ST / OH-721 toward LUDLOW ST. Continue to follow OH-721 (721 will veer left, south). 0.5 miles
5. Take SLIGHT RIGHT onto LAURA-ARCANUM RD / CR-53. Continue to follow LAURA-ARCANUM RD. 0.5 miles
6. LAURA-ARCANUM RD becomes PITSBURG-LAURA RD / CR-82. 4.4 miles
7. PITSBURG-LAURA RD / CR-82 becomes OH-49 ALT. Take OH-49 ALT into Arcanum. 2.2 miles
8. In Arcanum (49 ALT is also called E South Street), turn RIGHT onto OH-49 ALT / N MAIN ST. approx 0.2 miles
9. Turn LEFT onto Ivester Lane. Go to Park Circle Drive & Arcanum Pool.
Total Est. Time: 42 minutes. Total Est. Distance: 21.3 miles.

MINSTER SWIMMING POOL from Tipp City

1. Take I-75 North. Go approx 31 miles, then
2. Take the OH-119 exit - EXIT 99 - toward Anna/Minster, and
3. Turn LEFT onto OH-119. Go West approx 10 miles to Minster (OH-119 is 4th St in Minster),
4. Turn RIGHT onto OH-66 (N. Main St). Go North, 3 blocks and
5. Turn LEFT onto E. 7th St. Go one block to the MINSTER SWIMMING POOL (across the street from Minster High School).

BELLEFONTAINE POOL from Tipp City (approx 53 miles):

1. Take I-75 North. Go to Piqua (approx 14 miles), then
2. Take the OH-36 exit, turn RIGHT, heading East, and
3. Go to OH-235 (approx 15 miles), turn LEFT, heading North, and
4. Go to OH-47 (approx 15 miles), turn RIGHT, heading East, and
5. Go to Bellefontaine (approx 8 miles);
6. In Bellefontaine, OH-47 becomes Sandusky Ave;
7. Keep going East on Sandusky Ave (OH-47) (approx .75 mile), (OH-47 will turn north, but don't take it); Go past Park St, then,
8. Turn Left on North Stanley St, heading North;
9. After three blocks or so, turn Left onto Allison Rd;
10. After a block or so, intersect Williams St, and
11. The Bellefontaine Pool will be on the northwest (top/left) side of the Allison/Williams intersection.

TROY POOL from Tipp

1. Go North on I-75 to Exit 74
2. Turn Right (East) onto OH-41 (Main St)
3. Continue East a few blocks to Adams St
4. On Adams (at Hobart Arena), turn Left, heading North. (Hobart Arena is on your right.)
5. At the north end of Hobart Arena, turn Right. You will see the Troy Pool.

BOTKINS from Tipp (37.5 mi – about 39 mins)

1. At Main St., take I-75 North, go 36.7 mi (35 mins)
2. Take exit 104 for OH-219 toward Botkins, 0.2 mi
3. Turn left at Botkins Rd/OH-219 (State Street), heading West --
4. Continue to follow OH-219 (State Street) 0.6 mi (2 mins) to Botkins Pool

EATON SWIMMING POOL (about 39 miles; about 45 minutes) from Tipp City

1. Go South on I-75 (about 6 miles) to I-70
2. Turn right, going west on I-70 (about 24 miles) to OH-127
3. Turn left going south on OH-127 (about 7-8 miles) to Main Street in Eaton
4. Turn right on Main (US-35, OH-122), head west for 5-6 blocks, staying on Main (OH-122)
5. You will see the Eaton Swimming Pool