

CANYON CREEK CYCLONES SWIM TEAM June & July 2019 *Don't Say NO to H2O!*

BRAIN TOPIC of the WEEK	TUESDAY			THURSDAY		PARTY THEME	Saturday
PRACTICE BEGINS THIS WEEK!!!	June 3			4		5	
HQ, EAP & Pool Rules!	<i>CCC Swim Team SPLASH-ers 5pm THRASH-ers 6pm TECH-ers 7pm</i>			<i>Canyon Creek Cyclones Swim Team Starts! 5:00PM - 8:00PM</i>		6	
9 SWIM	10 SWIM			11 NO PRACTICE		12 SWIM	
GREAT FOOD = GREAT SWIMMING!	17			18		19	
Chocolate MILK & SWIM BAGS!	18			5:00PM -8:00PM Practice Taper for the Meet & <u>DQ Rules</u> Swim TAGS for your Swim BAGS!		20	
DON'T SAY NO TO H2O & SUNSCREEN!	24			25		26	
"SLIP, SLOP, SLAP & WRAP!"	24			5:00PM -8:00PM Practice		27	
Life Jackets & WATER SAFETY!	July 1			2		3	
"REACH OR THROW...DON'T GO!" -Longfellow the Whale	8			5:00PM -8:00PM Practice		4	
GREAT DEEDS FOR THOSE IN NEED!	9			10		11	
Swim-A-Cross & Longfellow the Water Safety WHALE!	SwimACross www.redcross.org/donate			11		12	
Hip Zoo Rah Zoo Teddy Boom Bah Zoo Osh Kitty Osh Gosh Chicka Boom Bah Teddy Roo Teddy Rah Teddy Rubby Dubby Flubby Dubby Swish Boom Bah CCC Rah Rah Rah!	8			5:00PM -8:00PM Whale Sighting 6p & 7p Swim-A-Cross Senior Cyclones 6pm & 7pm		13	
BOOKS, SCHOOL , GRADES & SCHOLARSHIPS...	15			16		17	
Get Paid to go to COLLEGE \$\$\$!	15			5:00PM -8:00PM Taper for the Meet Skills, Drills & Aqua- Thrills Hip Zoo Rah Zoo Contest!		18	
BRING A COPY OF YOUR REPORT CARD AND FAVORITE BOOK!	18			19		20	
NATIONAL ANTHEM MEET & AWARDS PARTY!!! 7:00am	18			5:00PM -8:00PM 5th Dash & Splash Bi-athlon, Water POLO & Aqua Quittich		19	
Bring H2O, Sun Screen & HAT W/ A SOLAR VISOR!	19			20		21	
Life Jacket Fashion Show Wear your Favorite Lifejacket to your 4 th of July Holiday Party!!!	19			20		21	
Hero Day! Wear your Hero Gear and Thank ONE! (Dentist, Fire, Parents, Police, EMT, Drs, Lifeguards & More)	20			21		22	
Swim Meet #1 High Tech Strokes and Shades 7:00am Start	21			22		23	
Pack your Swim Bags! Swim TAGS for your Swim BAGS! Texas Swim Center Tour 1:00pm at UT & Tx Open Swim Meet	21			22		23	
Senior Cyclones 8:05pm	22			23		24	
Senior Cyclones 8:05pm	23			24		25	
Senior Cyclones 8:05pm	24			25		26	
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Senior Cyclones 8:05pm	28			29		30	
Senior Cyclones 8:05pm	29			30		31	
Senior Cyclones 8:05pm	30			31		1	
Senior Cyclones 8:05pm	31			1		2	
Senior Cyclones 8:05pm	1			2		3	
Senior Cyclones 8:05pm	2			3		4	
Senior Cyclones 8:05pm	3			4		5	
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