

WAIVER AND INDEMNITY AGREEMENT

Acceptance of my entry and participation in the events of the [\(Insert: Your Team Name\)](#) is without responsibility of any kind by the Northwest Aquatic League (NWAL) or the [\(Insert: Your Team Name\)](#) or the [\(Insert: Your HOA\)](#) Homeowners Association, all of the residents, or any other entity sponsoring a related event. I do hereby for and on behalf of myself, and my heirs and legal representatives RELEASE and forever discharge the NWAL, its officers, directors, representatives, coaches and volunteers, the [\(Insert: Your HOA\)](#) Homeowners Association, and all of the residents from any and all claims, demands, and injuries, howsoever arising, whether caused by the negligent or intentional acts of the NWAL or any of its swim clubs and their representatives, representatives of other sponsoring clubs, or by third parties, which injuries may be in any way related to my activities as a member of the [\(Insert: Your Team Name\)](#) and any prior traveling to or from the events described, and all such claims are hereby WAIVED and RELEASED, and I agree not to sue therefore. The parent and guardian, by signing below, does hereby agree to INDEMNIFY and hold harmless the NWAL and its officers, directors, coaches, representatives, volunteers, the sponsoring swim club, and the [\(Insert: Your HOA\)](#) Homeowners Association, and all of their residents from any liability which may incur to the participant, however arising and whether caused by the negligent or intentional acts of NWAL, its officers, directors, coaches, representatives, volunteers, the [\(Insert: Your Team Name\)](#), or the [\(Insert: Your HOA\)](#) Homeowners Association, and all of the residents.

I HAVE READ AND UNDERSTAND THE FOREGOING RELEASE AND INDEMNITY AGREEMENT.

Swimmer

Date

Parent or Guardian