



HOW TO WATCH FOR INFRACTIONS

Positioning is critical

- For stroke, *walk* slightly abreast or behind swimmer.
- For turns and finishes, lean out over the water slightly, don't worry about getting wet.
- For relay take-off, generally position yourself on the side of the pool to watch all take-offs equally.

Sweep across all lanes equally. If there is an empty lane, you should not over-officiate the remaining lanes. Watch all lanes and heats equally.

Work as a team with the other officials. Make eye contact to help assure the earliest relay of a disqualification to the DQ writer. Make sure DQ is written correctly.

Check pool set-up to see if your walking must be limited. Both sides should be balanced with officials.

The pool layout below is an example of officials positions during a swim meet.

