



OOLTEWAH SWIM CLUB

Summer tune-up swim clinic

SUMMER SWIM TEAM SEASON IS
ALMOST HERE.... ARE YOU READY?

OSC HAS TWO OPPORTUNITIES FOR YOUR CHILD TO IMPROVE THEIR SWIMMING SKILLS

- For the ***novice*** swimmer that needs to learn the proper way to swim freestyle, back, breast and fly strokes we offer a focused 3-day weekend clinic April 21st -23rd. This should not be considered a swim lesson; swimmers must be able to swim 25 meters of freestyle without stopping and unassisted to attend this clinic. Cost \$40
 - All ages swim Friday 6p-7p, Sat & Sun 2p-3p
 - After completion of this clinic swimmers can continue to practice starting April 24th through the month of May at a reduced rate to continue to work on technique.
- For the ***experienced*** swimmer looking to fine tune their swim stroke technique and improve speed; we offer a 4-day, intense training clinic, April 24th -27th. The focus will be on correct technique with all 4 strokes, along with starts & turns. Cost \$50
 - Days: Monday - Thursday
 - Age 8 – 12 swim 6:15 – 7:30
 - Age 13+ swim 5:15 – 6:30
 - After completion of this clinic swimmers may continue to practice starting May 1st, through the month of May at a reduced rate to continue to work on technique.
- Register by April 18th, space is limited
- Call or email Tiffinay Farner to RSVP tiffinayf@yahoo.com or 423-309-3487