

Warmup Schedule
FRIDAY MORNING, July 10, 2015

Session 1	
7:00 - 7:20 AM	
<u>LANE</u>	<u>TEAM</u>
1	DALT
2	DALT
3	DALT
4	BRR
5	BRR
6	RG
7	RG
8	RG

Session 2	
7:20 - 7:40 AM	
<u>LANE</u>	<u>TEAM</u>
1	TWSA
2	TWSA
3	TWSA
4	TWSA
5	CUMB
6	RDG
7	RDG/FTO
8	FTO

Session 3	
7:40 - 8:00 AM	
<u>LANE</u>	<u>TEAM</u>
1	SMST
2	SMST
3	SMST
4	SMST
5	CAT
6	CAT
7	FCLU
8	FCLU

Session 4	
8:00 - 8:20 AM	
<u>LANE</u>	<u>TEAM</u>
1	STH
2	STH
3	STH
4	DOGS
5	DOGS/CBB
6	RBST
7	RBST/CGCC
8	CGCC

Warmup Schedule
FRIDAY AFTERNOON, July 10, 2015

Session 1
11:45 AM - 12:05 PM

<u>LANE</u>	<u>TEAM</u>
1	DALT
2	DALT
3	DALT
4	DALT
5	DALT
6	BRR
7	FTO
8	RDG

Session 2
12:05 PM - 12:25 PM

<u>LANE</u>	<u>TEAM</u>
1	SMST
2	SMST
3	SMST
4	SMST
5	CUMB
6	TWSA
7	TWSA
8	TWSA

Session 3
12:25 - 12:45 PM

<u>LANE</u>	<u>TEAM</u>
1	STH
2	STH
3	STH
4	RG
5	RG
6	FCLU
7	FCLU
8	CBB

Session 4
12:45 - 1:05 PM

<u>LANE</u>	<u>TEAM</u>
1	CAT
2	CAT
3	CAT
4	CGCC
5	CGCC
6	DOGS
7	DOGS/RBST
8	RBST

Warmup Schedule
SATURDAY MORNING, July 11, 2015

Session 1	
7:00 - 7:20 AM	
<u>LANE</u>	<u>TEAM</u>
1	DALT
2	DALT
3	DALT
4	CGCC
5	CGCC
6	STH
7	STH
8	STH

Session 2	
7:20 - 7:40 AM	
<u>LANE</u>	<u>TEAM</u>
1	FTO
2	FTO/RBST
3	RBST
4	BRR
5	BRR
6	CUMB
7	CUMB/RDG
8	RDG

Session 3	
7:40 - 8:00 AM	
<u>LANE</u>	<u>TEAM</u>
1	TWSA
2	TWSA
3	TWSA
4	RG
5	RG
6	RG/FCLU
7	FCLU
8	FCLU

Session 4	
8:00 - 8:20 AM	
<u>LANE</u>	<u>TEAM</u>
1	CAT
2	CAT/CBB
3	SMST
4	SMST
5	SMST
6	SMST
7	DOGS
8	DOGS

Warmup Schedule
SATURDAY AFTERNOON, July 11, 2015

Session 1		Session 2		Session 3		Session 4	
11:30 AM - 11:50 AM		11:50 AM - 12:10 PM		12:10 PM - 12:30 PM		12:30 PM - 12:50 PM	
<u>LANE</u>	<u>TEAM</u>	<u>LANE</u>	<u>TEAM</u>	<u>LANE</u>	<u>TEAM</u>	<u>LANE</u>	<u>TEAM</u>
1	DALT	1	SMST	1	TWSA	1	CAT
2	DALT	2	SMST	2	TWSA	2	CAT
3	DALT	3	SMST	3	TWSA	3	STH
4	DALT	4	BRR	4	RDG	4	STH
5	DALT/FTO	5	BRR/CUMB	5	CGCC	5	RG
6	FTO	6	CUMB	6	CGCC	6	RG
7	FCLU	7	RBST	7	CBB	7	DOGS
8	FCLU	8	RBST	8	CBB	8	DOGS