

Make a splash!

WITH

Prime Aquatics



WHAT?

Prime Aquatics Pre-Team Program provides middle and high school swimmers the opportunity to work on swim technique, stroke refinement, strength and conditioning prior to the start of the Summer League swim season.

WHO?

Middle School and High School aged swimmers (6th - 12th grade)

WHEN?

Beginning TUESDAY, MARCH 20th 2018, continuing until THURSDAY, MAY 24th

PRACTICE SCHEDULE:

Tuesday's & Thursday's 4:00pm - 5:30pm
Lead Pre-Season Coach - Evan Pinion

WHERE?

Green Meadow Country Club (GMCC)
Indoor 25 meter pool
1700 Louisville Rd
Alcoa, TN 37701

HOW MUCH?

Pre-Season Fee: \$200 for two-month session (20 practices total)
* Registration will be pro-rated based off of the registration date and number of practices left in the season.

TO REGISTER, VISIT WWW.PRIMEAQ.COM AND CLICK ON THE TAB LABELLED "PRE-TEAM".



VISIT US AT: www.primeaq.com

OR CALL: Coach Carl - (509) 386 - 1142