

Shady Hollow Stingrays Swim Team

Summer Junior Coach Application

Practice/Meets: Held Tuesday through Friday with six meets between May and June

Requirements: All coaches must be at least 16 years of age

Pay : Dependent on Experience & Qualifications

Expectations:

On Deck: Treat all swimmers equally; Build Self-esteem in each swimmer using encouragement and praise; Maintain a high level of sportsmanship at all times to promote team spirit; Active participant in **every** practice, meet, and team event you attend; Maintain open communication with other coaches, board members, and parents; Bring a Positive enthusiastic attitude. You are a role model to those you coach.

Teaching Skills: Be sensitive to the needs of all swimmers; Emphasize fundamentals of proper stroke and turn techniques; Demonstrate drills and/or proper stroke techniques with in-water presentation; Provide constructive feedback to all swimmers.

Management: Arrive early and prepared to begin practice on time; Assist with setup of pool area, for practice and meets; After practice and meets, clean up and put away all materials used in practice; Attend all practices, meets, and team events; Coordinate with Head Coach to provide consistent coaching philosophy; Be familiar with, and prepared to implement, workouts, drills, etc. as provided by the Head Coach in keeping swimmers actively in productive activity.

Please keep this page for your records.

Complete and return attached application by the due date listed on the Stingray website. www.shadyhollowstingrays.com

