

CODE OF CONDUCT

The purpose of the Southland Swim Association (SSA) Swim League Code of Conduct is to establish standards of conduct that competitors, officials, and parents are expected to uphold while participating in SSA League swim meets and/or **NFS Neptunes** swim practices/events. It is the goal of the SSA that these standards of conduct be incorporated into the daily management of SSA teams. Any individual with a complaint should be directed to a SSA League Representative or designee.

1. All participating SSA teams will abide by the SSA Code of Conduct.
2. The SSA has **ZERO TOLERANCE** for disrespectful, indiscreet, and/or destructive behavior at a swim meet, swim practice, or swim social event. It is the responsibility of a team manager, coach, competitor, or parent, to make every effort to avoid guilt by association with such activities.
3. No team manager, coach, competitor, or parent, shall act in an unsportsmanlike manner during an SSA event. This includes but is not limited to the following
 - Making insulting or derogatory remarks, gestures, or acts, including taunting.
 - Trying to influence or showing disgust with the officials' decisions.
 - Using obscene language.
 - Vandalizing property.
 - Coaching, swimming or volunteering under the influence of alcohol or illegal drugs during a swim meet or swim practice.
4. SSA teams must maintain orderly conduct at all times including after-meet celebrations.
5. The reporting of a violation to the SSA Code of Conduct will be to a SSA League Representative or designee.
6. The SSA Board of Directors will be consulted when a team, competitor, parent, coach, team manager, has repeated offenses. This may result in barring the offender(s) from further participation in SSA league activities.

VIOLATION OF THE SSA CODE OF CONDUCT

At the discretion of a meet referee/starter and/or SSA League Representative(s) or designee(s), any violation of this Code of Conduct may result in one or all of the following penalties:

1. A warning may be issued to the offending party. After receiving one warning, if the behavior continues, the individual(s) involved may be asked to leave the premises.
2. A meet or practice may be suspended until the offender(s) complies with the instructions of the SSA League Representative(s) or designee(s).
3. An offending party may lose future meet participation opportunities.
4. An offending party is barred from future involvement with the SSA.

We, hereby agree to abide by the rules of conduct, as set forth above, and acknowledge that should we violate any provision of the SSA Code of Conduct, we will be subject to disciplinary action including suspension.

_____ Signature of Swimmer(s)/Coaches	_____ Team Name	_____ Date
_____ Signature of Parent(s)/Guardian(s)	_____ Team Name	_____ Date

SOUTHLAND SWIM ASSOCIATION AND NFS NEPTUNES

WAIVER AND RELEASE OF LIABILITY

Note: This form must be read and signed before the undersigned is allowed to take part in any practices or events held by the Southland Swim Association and/or NFS Neptunes swim team.

In consideration of and as inducement for being accepted into the Southland Swim Association and/or being permitted to participate in its practices or events, I, the undersigned, hereby take the following action for myself, my executors, administrators, heirs, next of kin, successors and assigns:

- (a) I agree to hold harmless and make no claim of any kind or character and hereby waive, discharge and release any and all claims, if any, which might arise hereafter against the Southland Swim Association and its affiliated teams, members, officers, coaches, agents, contractors, and employees;
- (b) I agree not to sue any of the persons or entities listed in part (a) for any of the claims or liabilities that I have waived, released or discharged herein; and
- (c) I agree to indemnify and hold harmless the Southland Swim Association and participating homes associations and/or private clubs providing pools or other facilities from all claims.

THIS WAIVER AND RELEASE IS HEREBY SIGNED BY THE UNDERSIGNED PARTICIPANT(S) AND HIS OR HER PARENTS WITH FULL KNOWLEDGE OF ITS CONTENTS AND MEANING.

Dated: _____

Participants:

Parent or Guardian Signature

Print Name