



WAVE



Our WAVE program is a fun, casual swim team prep for those swimmers looking to build on their skills and get ready for more competitive club swim teams.

Swim Team Stoke Clinic

- 3/23 - 2:00 PM - 3:00 PM - Freestyle and Breaststroke
- 4/27 - 2:00 PM - 3:00 PM - Backstroke and Butterfly
- 5/18 - 2:00 PM - 3:00 PM - Freestyle and turns

First time Visitors - \$10 in advance/\$15 day of the clinic with code SWIMTEAM* ---- Regularly \$37 per class

Additional WAVE Classes held every Wednesday 7:00 PM, Thursday 7:15 PM and Sunday 8:00 AM

**CALL 919-391-4995
FOR MORE DETAILS!**



SAFESPLASH
SWIM SCHOOL 