

_____ at _____ Date:

					ORDER OF FINISH								
EVENT	Wed/Sat	Age	Distance	Stroke	1	2	3	4	5	6	7	8	Extra Heats
1	M/F	10/U	100	IM									
2	F/M	10/U	100	Free									
3	M/F	11 - 12	100	IM									
4	F/M	11 - 12	100	Free									
5	M/F	13 - 14	100	IM									
6	F/M	13 - 14	50	Free									
7	M/F	15 - 18	200	IM									
8	F/M	15 - 18	50	Free									
9	M/F	8 & Un	25	Fly									
10	F/M	8 & Un	25	Breast									
11	M/F	9 - 10	50	Fly									
12	F/M	9 - 10	50	Breast									
13	M/F	11 - 12	50	Fly									
14	F/M	11 - 12	50	Breast									
15	M/F	13 - 14	100	Fly									
16	F/M	13 - 14	100	Breast									
17	M/F	15 - 18	100	Fly									
18	F/M	15 - 18	100	Breast									
19	M/F	8 & Un	25	Free									
20	F/M	8 & Un	25	Back									
21	M/F	9 - 10	50	Free									
22	F/M	9 - 10	50	Back									
23	M/F	11 - 12	50	Free									
24	F/M	11 - 12	50	Back									
25	M/F	13 - 14	100	Free									
26	F/M	13 - 14	100	Back									
27	M/F	13 - 14	100	Free									
28	F/M	15 - 18	100	Back									
29	M/F	8 & Un	100	Med Relay									
30	F/M	8 & Un	100	Free Relay									
31	M/F	9 - 12	200	Med Relay									
32	F/M	9 - 12	200	Free Relay									
33	M/F	13 - 18	200	Med Relay									
34	F/M	13 - 18	200	Free Relay									

CADENCE:

WHISTLE
 (Ladies/Gentlemen) Please Step up
 Event = Distance/Stroke
 Take your mark
 Start Tone

IM : Butter/Back/Breast/Free
 MR: Back/Breast/Butter/Free