

2020 Brookside Swim Team Meet Guidelines

In addition to the Brookside Swim Club guidelines for 2020, the swim team has also created their own guidelines for this season. All sets of guidelines must be acknowledged and followed at all times.

- All Brookside Swim Club rules including entry/exit procedures, and all other swim club rules apply to swim meets. We will follow the same swimmer entry check-in procedures as we do for practices.
 - Name/Date
 - Temperature Check (< 100 degrees)
 - Has any medication been used to lower your temperature (tylenol, etc.)?
 - Have you been in close contact with anyone diagnosed with COVID-19 in the past 14 days?
 - Does anyone in your household have symptoms of respiratory illness (fever, cough, shortness of breath)?
- Coaches will wear masks when 6 feet social distancing between themselves and the swimmers and parents cannot be maintained
- All local, state and federal compliance with public health guidelines must be followed, including social distancing and face coverings for all timers & officials. Swimmers should sit with family members only. Spectators must only be on deck to watch their child's race, and then return to their table. Masks are recommended at their table, but required while on deck watching their child race.
- Per Brookside Swim Club policy for 2020, only members of the swim club and immediate family members of the swimmers (**parents, step-parents, siblings ONLY**) may enter the club and can participate in the meet as swimmers or spectators (no guests).
- Restrooms will only be permitted for restroom use in accordance to Brookside's Club Guidelines for 2020 (2 people in the restroom at a time). Please have a discussion with your child to try to only go to the restroom before you get to Brookside and after arriving back home
 - Footwear is required
 - NO CHANGING before or after
- 4-5 virtual tri or quad meets will be scheduled across Sat 7/11, Wed 7/15, Sat 7/18, Wed 7/22, Sat 7/25. Meets will be swum as Brookside-only with results being combined with opponents results from their pool.
- Officials certified for summer 2019 and/or certified with YMCA or USA Swimming may act as officials.
- There will be 4 swimmers permitted in each lane at a time starting at different points in the lane to maintain social distancing for warm ups. There will be multiple warm up sessions.
- We will encourage family members to act as timers in each lane if possible. (we will run 6 lanes plus 2 back ups; back ups do not need to be from the same family). Timers will stand at a safe distance behind the swimmer that is starting. Once the swimmer dives in, the timers may move up to get an accurate finish time, and then move back again.
- Team members should adhere to social distancing rules while waiting for their heat. Events & heats will be called one at a time to the start end after the previous heat has vacated the start area. One heat will move to the blocks at that time and the next heat will be called to a tape marking 6 feet behind the block.

- All officials must officiate from the sides of pools so as not to come in contact with swimmers and timers, and must ensure as much equity as possible in the officiating process.
- Times will be recorded and collected for the scorer's table, where normal scoring procedures will take place (averaging times, input into meet software, NOT SCORED).
- After completion of the Brookside session, times will be combined with our opponent and the meet will be scored. Results will be posted and shared via email, website, and posting at the pool.
- If a swimmer, parent, coach, etc. are not feeling well or are showing symptoms of COVID-19, they should stay home and will not be allowed to swim in the meet
- Any swimmer who is not feeling well during the meet will have their parent called and be sent home immediately

Any coach, swimmer, parent, or family member who tests positive for COVID-19 must advise Coach Courtney and Amy Ryan immediately for contact tracing.