

2019 TSA Championship

Entry Information
Triangle Aquatic Center
Saturday & Sunday, July 20-21, 2019

****MEET ENTRY DEADLINE IS THURSDAY, July 11, 2019 AT 4:00 PM****

Host: TARHEEL SWIMMING ASSOCIATION

Site: Triangle Aquatic Center
275 Convention Drive
Cary, NC 27511

Site Information: Courses include an 8-lane, 25-yard competition course and a 10-lane, 25-yard competition course, with a variable depth ranging from 7 to 12 feet. The pool is equipped with state-of-the-art, anti-turbulent lane lines and Paragon starting blocks. A fully electronic, Daktronic timing system, digital scoreboards and stopwatches will be used in each competition lane. Hy-Tek Meet Manager software will be used. Locker rooms for changing are available.
Only meet volunteers and officials may be on deck.

The competition will be in the 10-lane pool.

There will be no warm-up/cool-down pool available during the event.

NO PARENTS, unless volunteering, may be on deck.

Other Facility Information: There is seating capacity for 1,000 spectators on the viewing level. There is ample parking available in the adjacent mall lot. There will be **NO PARKING** in the pool parking lot.
ALL PARKING is located at the Cary Town Center Mall parking lot across from the pool.

Facility Rules: Please inform all families of the following pool rules.

- 1) **NO outside food, drinks or coolers are allowed inside the facility.**
- 2) **NO** glass containers are allowed inside the facility.
- 3) **NO** smoking is allowed inside the facility.
- 4) **NO** chairs are allowed on the spectator level. Swimmers may have a chair on deck.

Concessions: Food and refreshments will be available at the concession stand in the main lobby. Additional vendors may be located in the front parking lot.

Entry Deadline, Waivers & Payment: **Team Manager or Team Unify** entry files must be received via email by **Thursday, July 11, 2019 at 4:00 p.m.** Teams may also use the TM-Lite software (the link is provided with this meet information email and instructions on its use). **Email your entry files to: Lana Sanders wavemeets@nc.rr.com**

Absolutely no entries will be accepted and complete without full payment. Please send only ONE check from a team for all entries payable to "Tarheel Swimming Association". Payment must be received by Tuesday, July 16, 2019 and mailed to:
Tarheel Swimming Association
P.O. Box 91112
Raleigh, NC 27675

A release waiver for each swimmer participating must be uploaded to your team's Google Drive Folder by Thursday, July 11, 2019

Also by July 11th, each team attending the Championship meet must submit Google Form with t-shirt requirements by size

Meet Schedule: Coach and Kid-Pusher check-in will start at 6:30 each morning. All other volunteers will check in after.

Swimmers for the morning session must meet their coaches or Team Representative in a designated Team area in the parking lot at 6:45 am. They will then enter the pool as a team.

Swimmers for the afternoon session will meet their coaches or Team Representative in a designated Team area in the parking lot. No afternoon swimmers will be allowed on deck before warm-ups.

10 and under Warm-Up:	7:30 – 8:15 a.m.
10 and under Start Time:	8:45 a.m.
11 and older Warm-Up:	Not Before 12:30 p.m. (to be announced)
11 and older Start Time:	Not before 1:30 p.m. (to be announced)

Spectators may not enter the building until all teams have entered.

Parents must meet their swimmer **OUTSIDE at the end of the session – the lobby must be kept clear!!**

Spectators must clear the gallery and all belongings between the morning and afternoon sessions.

Volunteers:

Coaches and TSA reps – Your team will be assigned a minimum # of volunteer positions to fill for the meet based on your team's number of entries. Volunteer signup will be completed via SignupGenius **Each team will be allowed 2 kid pushers on deck for the morning session only to assist swimmers getting to Clerk of Course. Each team is also required to provide 1 stroke and turn judge per session.

Rules:

TSA Championship rules will be in effect for this meet with the following exceptions: TSA rules regarding strokes, turns, starts, and finishes shall apply except starts will be initiated both by whistle and voice commands and all finishes will be determined by time (an automatic timing system will be used, with appropriate backup timing available).

TSA rules regarding events shall apply, except that **6 & Unders will swim a 25-yard length of the pool.**

Please use 25-yard time approximations for ALL participating 6 & Under swimmers or your swimmers will not be seeded correctly.

All DQ's will be the final decision of the Meet Referee.

Coaches are advised to closely supervise their swimmers at all times. Running and horseplay will not be allowed.

Coaches/Kid Pushers will be responsible for bringing all 10 and Under swimmers to the starting lanes for RELAYS and to the Clerk of Course for remaining events.

Eligibility

Swimmers must be members of an invited TSA member club in order to participate in this meet. **TSA Exhibition teams may participate in the meet.**

Entry Limits:

Swimmers may swim in a maximum of three (3) individual events and two (2) relays (1 Free & 1 Medley), except for 6 & Unders, who are limited to a maximum of two (2) individual events and two (2) relays. Each club is eligible to enter three (3) relay teams per relay event, but only one (1) may score. **Swimmers must swim in the age group that they were in as of June 1, 2019 for individual events.** Swimmers may "swim up" for relays as stated in the TSA rules.

Entry Instructions:

If you do not have Team Manager or Team Unify, **See the "How to use TM-Lite" for guidelines.** **ALL** your meet entry files should be **emailed** to: Lana Sanders at wavemeets@nc.rr.com

For questions regarding computer entry, please email Lana Sanders at wavemeets@nc.rr.com

Please identify your team in the "Subject line" for all communications.

Use the attached TM-Event file to do your entries – DO NOT BUILD YOUR OWN MEET!

The TSA Championship meet is open to all swimmers in the league, regardless of whether their team chooses to participate as a team. We do need TSA Reps and/or Coaches to help independents navigate the entry process. Here's what you need to know for entering individual swimmers in the Championship:

- Swimmers will be entered under their team's name, not as unattached
- Swimmers need to participate on the day their team has been assigned to swim (Saturday or Sunday).
- If your team sends 10 or more independent swimmers, then the team must supply a supervising adult to help manage the group and might be asked to provide one shift volunteer.
- Independent swimmers must coordinate with either their TSA Rep or their coach to complete individual and relay entries and make payment. **If the entry cannot be done with Team Manager, the form at the end of this document** can be filled out and emailed with your entry. Mail a copy, waiver and payment to the address listed.
- Teams that are sending a coach and a supervising deck parent do not need to enter as independents even if their contingent contains fewer than 10 swimmers. They are welcome to enter as a team. If the team includes fewer than five swimmers, they will not be required to provide a shift volunteer (other than a supervising deck parent).

Entries: Please submit all entries times for a 25-yard course.

Please use 25-yard approximations for all participating 6 & Under swimmers (using 15-yard times from summer league meets will seed swimmers from your club unfairly).

All participants should be able to swim the strokes legally which they are entered in, especially the 6 & Under Breaststroke entries.

SATURDAY Teams will enter events 101-166

SUNDAY Teams will enter events 201-266

Late Entries & Changes:

Late entries and/or substitutions may be accepted after the entry deadline but ONLY in the first heat/empty lanes and up to **7:00 pm on Wednesday, July 17, 2019**. Late entries will be accepted at the discretion of the Meet Director. **DOUBLE ENTRY FEES** will be charged for any late entries, **including substitutions or changes**, which occur **after 4:00 pm on Thursday, July 11th and before 7:00 pm on Wednesday, July 17th**.

NO LATE ENTRIES OR SUBSTITUTIONS WILL BE ACCEPTED ON THE DAY OF THE MEET.

Entry Fees:

Individual Fees: \$4.00 per individual event
Relay Fee: \$10.00 per relay event
Swimmer Fee: \$13.00 per swimmer * **(This includes a meet t-shirt)**

* Swimmers who only are swimming on relays are also subject to the \$13.00 swimmer fee as a team member. They must be entered as an athlete on the team's entry.

Entry fees are non-refundable. This meet will be run rain or shine.
Pool management will make all decisions concerning inclement weather.

Awards:

Medals: 1st-8th place individual events
1st-3rd place relays
Ribbons: 9th-16th place individual events
4th-8th place relays

Individual awards will be presented for age groups: 6 & U, 7-8, 9-10, 11-12, 13-14, 15-18

High Point awards will be given to the female and male of each age group:
6 & U, 7-8, 9-10, 11-12, 13-14 and 15-18

The Championship Trophy (traveling) and Team Trophy will be presented to the top-scoring team and the Small-Team Championship Trophy will all be awarded on Sunday at the conclusion of the meet.

Scoring:

Events/Results will be combined for awards and scoring. Scoring will be as follows:

Individual event points: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Individual events will be scored for age groups: 6 & U, 7-8, 9-10, 11-12, 13-14 and 15-18

Relay event points: Double the individual points.
Only one (1) relay may score from each team in each relay event.

Coaches:

A meeting will be held at **8:15 am** each morning for one (1) coach or one (1) representative from each team.

Officials:

Officials will meet at **8:00 a.m.** in the hospitality room, and as announced for the afternoon session.

Hospitality:

Drinks and snacks will be provided on deck to the coaches, officials and volunteers.

THE TRIANGLE AQUATIC CENTER AND ALL EMPLOYEES AND REPRESENTATIVES SHALL BE HELD FREE AND HARMLESS FROM ANY AND ALL LIABILITIES OR CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THIS MEET.

2019 TSA CHAMPIONSHIPS
ORDER OF EVENTS
JULY 20-21, 2019

SATURDAY TEAMS – Events 101-166

Morning – 6&U, 7-8, 9-10 Events

Warm-ups - 7:30-8:15 am

Meet Start - 8:45 am

Boys Event #	Event	Girls Event #
101	7-8 100-yard Medley Relay	102
103	9-10 100-yard Medley Relay	104
105	6 & Under 25-yard Freestyle	106
107	7-8 25-yard Freestyle	108
109	9-10 25-yard Freestyle	110
111	6 & Under 25-yard Backstroke	112
113	7-8 25-yard Backstroke	114
115	9-10 25-yard Backstroke	116
117	6 & Under 25-yard Breaststroke	118
119	7-8 25-yard Breaststroke	120
121	9-10 25-yard Breaststroke	122
123	7-8 25-yard Butterfly	124
125	9-10 25-yard Butterfly	126
127	7-8 100-yard Freestyle Relay	128
129	9-10 100-yard Freestyle Relay	130

Afternoon -- 11-12, 13-14 and 15-18 Events

Warm-ups - Not before 12:30 pm (TBA)

Meet Start - Not before 1:30 pm (TBA)

Boys Event #	Event	Girls Event #
131	11-12 200-yard Medley Relay	132
133	13-14 200-yard Medley Relay	134
135	15-18 200-yard Medley Relay	136
137	11-12 50-yard Freestyle	138
139	13-14 50-yard Freestyle	140
141	15-18 50-yard Freestyle	142
143	11-12 50-yard Backstroke	144
145	13-14 50-yard Backstroke	146
147	15-18 50-yard Backstroke	148
149	11-12 50-yard Breaststroke	150
151	13-14 50-yard Breaststroke	152
153	15-18 50-yard Breaststroke	154
155	11-12 50-yard Butterfly	156
157	13-14 50-yard Butterfly	158
159	15-18 50-yard Butterfly	160
161	11-12 200-yard Free Relay	162
163	13-14 200-yard Free Relay	164
165	15-18 200-yard Free Relay	166

SUNDAY TEAMS – Events 201 - 266

Morning – 6&U, 7-8, 9-10 Events

Warm-ups - 7:30-8:15 am

Meet Start - 8:45 am

Boys Event #	Event	Girls Event #
201	7-8 100-yard Medley Relay	202
203	9-10 100-yard Medley Relay	204
205	6 & Under 25-yard Freestyle	206
207	7-8 25-yard Freestyle	208
209	9-10 25-yard Freestyle	210
211	6 & Under 25-yard Backstroke	212
213	7-8 25-yard Backstroke	214
215	9-10 25-yard Backstroke	216
217	6 & Under 25-yard Breaststroke	218
219	7-8 25-yard Breaststroke	220
221	9-10 25-yard Breaststroke	222
223	7-8 25-yard Butterfly	224
225	9-10 25-yard Butterfly	226
227	7-8 100-yard Freestyle Relay	228
229	9-10 100-yard Freestyle Relay	230

Afternoon -- 11-12, 13-14 and 15-18 Events

Warm-ups - Not before 12:30 pm (TBA)

Meet Start - Not before 1:30 pm (TBA)

Boys Event #	Event	Girls Event #
231	11-12 200-yard Medley Relay	232
233	13-14 200-yard Medley Relay	234
235	15-18 200-yard Medley Relay	236
237	11-12 50-yard Freestyle	238
239	13-14 50-yard Freestyle	240
241	15-18 50-yard Freestyle	242
243	11-12 50-yard Backstroke	244
245	13-14 50-yard Backstroke	246
247	15-18 50-yard Backstroke	248
249	11-12 50-yard Breaststroke	250
251	13-14 50-yard Breaststroke	252
253	15-18 50-yard Breaststroke	254
255	11-12 50-yard Butterfly	256
257	13-14 50-yard Butterfly	258
259	15-18 50-yard Butterfly	260
261	11-12 200-yard Free Relay	262
263	13-14 200-yard Free Relay	264
265	15-18 200-yard Free Relay	266

Team Contact Information

Please return by email to: wavemeets@nc.rr.com

- 1) Team Entry File
- 2) Team Entry Fee Report (screenshot)
- 3) Team Contact Information form completed

All checks should be made payable to Tarheel Swimming Association

Mail to: Tarheel Swimming Association
P. O. Box 91112
Raleigh, NC 27675

TSA Club Name: _____ Phone #: _____

Address: _____

City, State, Zip: _____

Head Coach: _____ Cell Phone #: _____

E-mail address: _____ Eve Phone #: _____

TSA Rep: _____ Cell Phone #: _____

E-mail address: _____

Coaches Attending Meet:

AM: _____

PM: _____

OFFICIALS:

AM SESSION Stroke & Turn Official: _____

PM SESSION Stroke & Turn Official: _____

2 KID PUSHER NAMES – **(ONLY FOR THE MORNING SESSION)**

INDIVIDUAL ENTRY – INDEPENDENT SWIMMER
Entries due by email to: wavemeets@nc.rr.com
– Thursday, July 11, 2019 - 4:00 pm
Email signed waiver to – tsa.vp.nc@gmail.com

SWIMMER NAME: _____

TEAM: _____ **COMPETITION AGE:** _____

TEAM CONTACT: _____

EMAIL: _____

EVENT #	STROKE	ENTRY TIME

- **6 & Unders enter with a 25 yard time**

Item	Total Number	Cost per	Total
Individual Entries		\$ 4.00 per event	
Swimmer Fee (Includes t-shirt)		\$ 13.00 per swimmer	
Total Fees Due			

All Checks should be made payable to Tarheel Swimming Association

Send payment to: Tarheel Swimming Association

P. O. Box 91112

Raleigh, NC 27675