

SYNCHRO BINGO SHEET

<p>1 Which team is one of the most Innovative Teams in the world?</p> 	<p>2 What are the 3 different categories of judging?</p>	<p>3 Do 30 SQUATS counting together!</p>	<p>4 What is the name of the Head Coach of the US National Team</p>	<p>5 What is the highest score you can receive in synchro?</p>
<p>6 Do 25 PUSH-UPS together!</p>	<p>7 Can you hold your breath for more than 30" while doing support scull? (Let's try it)</p>	<p>8 In synchro, which competition do you qualify for the Olympic Games?</p>	<p>9 What are the names of the 13-15 Compulsory Figures?</p>	<p>10 In our sport, which country is # 1 in the world?</p> 
<p>11 Do you have the 3 Splits (Right, Left, Middle) flat?</p>	<p>12 Let's all stand up and dance "Saturday Night"</p> 	<p>13 FREE SPACE</p>	<p>14 Landrill 1' of your Team Routine!</p>	<p>15 Do you know how to dance zumba or hip-hop? (You will have to prove it)</p>
<p>16 What is the name of this song?</p> 	<p>17 Who is she?</p> 	<p>18 What was the first name of Artistic Swimming?</p> 	<p>19 Do artistic swimmers need gymnastics in their training?</p>	<p>20 Do you know the Placement of the Japanese Team at the Olympic Games in Rio 2016?</p>
<p>21 Do you know the names of the 12&Under Compulsory Figures?</p>	<p>22 Do 15 frog jumps-2 times. You have to go all the way down :))</p>	<p>23 The most famous Synchro Male in the world is.....</p>	<p>24 Let's all stand up and dance "LA MACARENA"</p> 	<p>25 Have you ever competed in a different country?</p>

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ANSWERS

1. SPAIN
2. Execution, Artistic, Difficulty
3. EXERCISE (Make them count)
4. Andrea Fuentes
5. 10
6. EXERCISE (Make them count)
7. Let's make them do it - One of us has to count the 30 seconds
8. Olympic Qualifier, or Panamerican Games, or European Games or ...
9. Rio and Ariana
10. Russia
11. Yes, No - Show us
12. Coach will play the song - EVERYBODY NEEDS TO DANCE
<https://www.youtube.com/watch?v=8DNQRtmIMxk>
13. FREE SPACE - Drink Water
14. Each of them will landrill their routine without music
15. Show us how you dance!
16. Coach will play a song -
17. Virginie Dedieu - France - World Gold Medalist
https://fr.wikipedia.org/wiki/Virginie_Dedieu
18. Water Ballet
19. Yes, they do.
20. Japan - 3rd Place
21. Barracuda and Straight Ballet Leg
22. EXERCISE (Make them count)
23. Bill May
24. Coach will play the song - EVERYBODY NEEDS TO DANCE
<https://www.youtube.com/watch?v=MXVx6yJQbn8>
25. Yes, No - Where?

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FOR ATHLETES

1	2	3	4	5
6	7	8	9	10
11	12	13 FREE SPACE	14	15
16	17	18	19	20
21	22	23	24	25